



WOMEN'S GYMNASTICS

2022 MEDIA GUIDE



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CREDITS

The 2022 Penn State Women's Gymnastics Yearbook was compiled, written, and produced by Nick Lovera. Kris Petersen, Executive Editor; Steve Love, Design.
 Photos by: Mark Selders.

2022 QUICK FACTS

GENERAL INFORMATION

Location	University Park, Pa.
Founded	1855
Enrollment	45,901
Colors	Blue and White
Conference	Big Ten
Nickname	Nittany Lions
President	Dr. Eric Barron
Vice President of Intercollegiate Athletics	Sandy Barbour
Sr. Assoc. Athletics Director/SWA	Charmelle Green
Sport Administrator	Mary Bolich
Athletic Website	www.GoPSUsports.com

COACHING STAFF

Head Coach	Sarah Brown
Penn State Record (Years)	32-38 (4)
Career Record (Years)	43-42 (5)
Assistant Coach	Rachel Inniss (2nd Year)
Office	10A White Building
Telephone	(814) 863-7461
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TEAM INFORMATION

Home Arena (Capacity)	Rec Hall (5,812)
Facebook	PennStateWomensGymnastics
Instagram	@PennStateWGYM
Twitter	@PennStateWGYM

2021 RECAP

2021 Regular Season Record	3-12
Big Ten Championships Finish	7th
2021 NCAA Regional Finish	N/A
2021 NCAA Championships Finish	N/A
Final National Ranking	30
All-Americans Returning/Lost	0/0
Letterwinners Returning/Lost	15/2
Newcomers	8

PROGRAM HISTORY

First Year of Gymnastics	1965
All-Time Record (Years)	600-314-4 (57)
National Championships	2 (1978, 80)
NCAA Championship Team Appearances	18 (1982, '84, '85, '86, '88, '91, '92, '93, '94, '95, '96, '97, '98, '99, 2000, '05, '09, '14)
AIAW Championship Appearances	7 (1975, '76, '77, '78, '79, '80, '81)

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2022 PENN STATE WOMEN'S GYMNASTICS

2022 ROSTER

Name	Event	Yr.	Ht.	Hometown/High School/Last School
Melissa Astarita	V, BB, FX	Sr.	5-2	Morganville, N.J./Marlboro
Maggie Ayers	AA	So.	5-2	York, Pa./York Suburban
Jessie Bastardi	AA	Sr.	5-4	State College, Pa./Saint Joseph's Catholic Academy/West Virginia
Nikki Beckwith	UB, BB, FX	Fr.		Westerville, Ohio/Genoa Christian
Amy Bladon	V, BB, FX	Jr.	5-2	Sarnia, Ontario/Great Lakes Secondary School
Alissa Bonsall	AA	Sr.+	5-1	Higganum, Conn./Haddam Killingworth
Lauren Bridgens	AA	Sr.+	5-4	Darnestown, Md./Quince Orchard
Kourtney Chinnery	V, UB, FX	Sr.+	5-2	Suffolk, Va./Summit Christian Academy
Dymiana Cox	AA	Sr.	5-1	Elmont, N.Y./Parkettes
Natalie Cross	AA	So.	5-5	Ellicott City, Md./River Hill
Sarah Duhe	VT	So.		
Anastasia Frank	AA	Fr.		Port Matilda, Pa./Bald Eagle Area
Grace Harrell	AA	Fr.		West Chester, Ohio/The Summit County Day
Donna Howell	AA	Sr.	5-5	New Milford, Pa./PA Cyber Charter School
Jessica Johanson	AA	Fr.		West Hartford, Conn./Hall
Maggie Johnston	AA	So.	5-5	Boyd's, Md./Poolesville
Maggie Mace	AA	So.	5-7	Dayton, Ohio/Ohio Connections Academy
Bella Romagnano	UB, BB, FX	Jr.	5-2	New Albany, Ohio/New Albany
Cassidy Rushlow	AA	Jr.	5-2	Worcester, Mass./Daggett Gold Medal Gymnastics
Isabella Salcedo	AA	Fr.		Arlington, Texas/Laurel Springs Online
Elina Vihrova	AA	Fr.		Riga, Latvia/Rigas Tehnolingvistika Gimnazija
Olivia Yarussi	VT, BB, FX	Fr.		Pittsburgh, Pa./Seneca Valley

Head Coach: Sarah Brown (Missouri '10; Fifth Season)

Assistant Coach: Rachel Inniss (Auburn '12; Second Season)

Assistant Coach: Ralph Rosso (Michigan '09; First Season)

Volunteer Assistant Coach: Lacey Rubin (Eastern Michigan '18; First Season)

2022 PENN STATE WOMEN'S GYMNASTICS SCHEDULE

JANUARY 7	Keystone Classic	Philadelphia, Pa.
JANUARY 14	YALE*	UNIVERSITY PARK, PA.
JANUARY 22	at Ohio State*	Columbus, Ohio
JANUARY 29	ILLINOIS*	UNIVERSITY PARK, PA..
FEBRUARY 4	at Iowa*	Iowa City, Iowa
FEBRUARY 13	at Michigan*	Ann Arbor, Mich.
FEBRUARY 19	Big Five Meet*	Toledo, Ohio
FEBRUARY 26	MARYLAND*	UNIVERSITY PARK Pa.
MARCH 5	CORNELL, DENVER	UNIVERSITY PARK, Pa.
MARCH 13	at New Hampshire	Durham, N.H.
MARCH 19	Big Ten Championships	Iowa City, Iowa

* - Big Ten Conference Meet

All Times Eastern

HOME MEETS IN BOLD CAPS

Subject to Change

2022 PENN STATE WOMEN'S GYMNASTICS



2022 NITTANY LIONS COACHING STAFF



SARAH BROWN HEAD COACH

5th Season
Missouri '10

Career Record: 43-42 (Sixth season)

Penn State Record: 32-38 (Fifth season)

ACCOLADES

- Midwest Independent Assistant Coach of the Year (2014)

UNDER BROWN

- 3 NCAA Championships qualifiers
- 2 NACGC/W All-Americans
- 8 All-Big Ten Selections
- 1 Big Ten Individual Event Champion

YEAR-BY-YEAR

2017 (EMU)	11-4
2018	11-8
2019	10-9
2020	8-9
2021	3-12
Total	43-42
Penn State	32-38

Sarah Brown begins her fifth year as the head coach of the Penn State women's gymnastics team in 2022. Brown was named the eighth head coach of the Penn State women's gymnastics program on May 4, 2017. A two-time Big 12 Conference Gymnast of the Year, Brown came to Happy Valley after serving as the head coach at Eastern Michigan University.

Brown helped guide four Nittany Lions to NCAA Regional appearances as the team battled through adversity in the midst of the COVID-19 pandemic in 2021. Penn State finished the season ranked 33rd in RoadToNationals rankings, recording an average score of 195.283. The Nittany Lions shined on bars throughout the season, closing out the year ranked 19th on the apparatus with a national qualifying score of 49.231.

Three Nittany Lions garnered All-Big Ten accolades, with sophomore Cassidy Rushlow being named to the first team, and seniors Alissa Bonsall and Ava Verdeflor earning second team honors.

It marked the second all-conference honor for Rushlow, who recorded six event titles and three all-around victories for Penn State. She posted five scores of 9.900 or above on the year and set career-highs on four of five apparatuses in addition to setting an all-around career-high of 39.475 in Penn State's win over Maryland on Feb. 5.

Bonsall and Verdeflor both had tremendous fourth years at Penn State, each bolstering their resumes with career-bests. Bonsall recorded personal bests on both floor and bars, tying for Penn State's best bars score of the year with a 9.950 at the NCAA Morgantown regional. Verdeflor set two personal-bests of her own, matching Bonsall's bars score with a 9.950 at the Big Five Meet in addition to setting a career-high of 9.875 on beam against Illinois.

As a team, Penn State recorded eight scores above a 49.000 on bars, four scores above 49.000 on both beam and floor and one on vault.

Brown led the Nittany Lions to eight dual-meet wins in 2020, including four against Big Ten opponents, and a No. 30 ranking in the RoadToNationals standings. Penn State earned five scores above a 196.000, its most since 2015. The Nittany Lions averaged a 196.230 in five home meets, their highest since 2015. PSU claimed wins over four ranked opponents, including No. 32 Iowa, No. 24 Maryland, No. 31 Michigan State and No. 27 NC State. No postseason events were held after the season was canceled on March 12 due to the COVID-19 pandemic. The Nittany Lions finished the season with a 195.860 National Qualifying Score (NQS). Penn State ranked 21st in the nation on bars (49.130 NQS) and held a 49.045 NQS on floor. On the season, PSU had five scores above a 49.000 on bars, five scores above a 49.000 on floor, four on beam and two on vault. Penn State earned team-high scores of 49.300 on vault (Big Five Meet, 2/22), 49.300 on bars (West Virginia, 1/11), 49.325 on beam (Florida, 3/7) and 49.375 on floor (Iowa, 1/25).

The Nittany Lions tallied in overall team-high of 196.575 in their Quad Meet sweep over NC State, Cornell and Towson. Junior Lauren Bridgens was named All-Big Ten first team, becoming the ninth Nittany Lion to earn at least three first-team All-Big Ten honors in their career. Bridgens won 13 event titles, including four all-around. She tallied six scores of 9.900 and eight all-around scores above a 39.000. Bridgens finished the season ranked 28th in the nation in all-around, 47th on bars and 51st on floor.

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Junior Lauren Bridgens was named All-Big Ten first team, becoming the ninth Nittany Lion to earn at least three first-team All-Big Ten honors in their career. Bridgens won 13 event titles, including four all-around. She tallied six scores of 9.900 and eight all-around scores above a 39.000. Bridgens finished the season ranked 28th in the nation in all-around, 47th on bars and 51st on floor.

Freshman Cassidy Rushlow garnered All-Big Ten second team accolades. She won five event titles, including one in all-around. Rushlow was ranked 39th in the country in all-around and 63rd on beam. She earned four scores of 9.900 or better and five all-around scores above a 39.000.

In 2019, the Nittany Lions had a 10-9 meet record, including victories over No. 21 Arizona State, No. 22 Ohio State, No. 27 NC State, No. 32 Temple and No. 34 Illinois. Penn State placed fifth in the Big Ten Championships, hosted at Rec Hall. Penn State was selected for the NCAA Regional in Ann Arbor and finished third in the Session I meet against No. 7 Michigan, No. 10 Alabama and No. 26 Ohio State. The Nittany Lions ended the season ranked No. 24 in the RoadToNationals poll, its highest finish since 2015.

Senior Sabrina Garcia and freshman Jessie Bastardi qualified for the NCAA Championships. Garcia earned a 9.900 on bars at the NCAA Regional, tying for the top score in the regional and tying her score from 2017 for PSU's top bars score in a regional. Bastardi secured a 9.900 on beam at the NCAA Regional, also matching the top score in the regional and tying Meredith Hoover (2003) for the top beam score in PSU regional history. Sophomore Lauren Bridgens was a first-team All-Big Ten selection, while Garcia earned second-team accolades.



2022 PENN STATE WOMEN'S GYMNASTICS

In her first season at Penn State, Brown led the Nittany Lions to an 11-8 meet record, including three wins over ranked opponents. The Nittany Lions made an appearance in the NCAA Regionals and finished the season with a No. 32 national ranking.

Two Penn State gymnasts earned All-America honors with freshman Lauren Bridgens and senior Briannah Tsang claiming those accolades. Tsang was the Big Ten Gymnast of the Year, the eighth in program history, after winning the individual floor exercise title at the Big Ten Championships. Bridgens and Tsang were first-team All-Big Ten selections, while junior Sabrina Garcia was a second-team honoree. Bridgens competed in the All-Around at the NCAA Championships.

On March 4, 2018, Bridgens set a Nittany Lion record with a perfect 10 on the uneven bars. Tsang earned two top five scores in program history on the floor exercise.

During her lone season as the head coach of the Eastern Michigan women's gymnastics team in 2017, Brown led the Eagles to the Mid-American Conference (MAC) regular-season title, the MAC Championship, an appearance at the NCAA Regionals and a final national ranking of No. 27. At the 2017 MAC Gymnastics Championships, Eastern Michigan tallied its second-best score in program history (196.500), recorded a school record on the uneven bars (49.300) and three gymnasts tied for the uneven bars title.

During the 2016-17 season, a total of 10 Eastern Michigan gymnasts were named Academic All-MAC and five were selected MAC Distinguished Scholars. Four of the Eagles' MAC Distinguished scholars owned a grade-point average of 3.85 or higher.

Brown served for one season as a volunteer assistant coach at the University of Michigan during the 2015-16 year, helping the Wolverines win the 2016 Big Ten Championship. She assisted on all four events and helped with development of daily practice plans. Her role with the Wolverines also included assisting with community service, recruiting and team travel.

Before joining the Michigan coaching staff, Brown was an assistant women's gymnastics coach at Southeast Missouri State University for three seasons, where she was selected the Midwest Independent Conference (MIC) Assistant Coach of the Year in 2014. Brown was the head beam coach and beam/floor choreographer and helped develop three MIC individual champions in 2014, two MIC Freshman of the Year selections and four NCAA regional all-around competitors.

She also was the director of operations for the University of Missouri women's gymnastics program for one year before starting her collegiate coaching career.

Brown began her collegiate gymnastics career at the University of Utah for one season before completing her collegiate career at the University of Missouri. A four-time All-American at Mizzou, she was the Tigers' Female Athlete of the Year in 2009 and 2010 and earned the Director of Athletics Leadership Award in 2010.

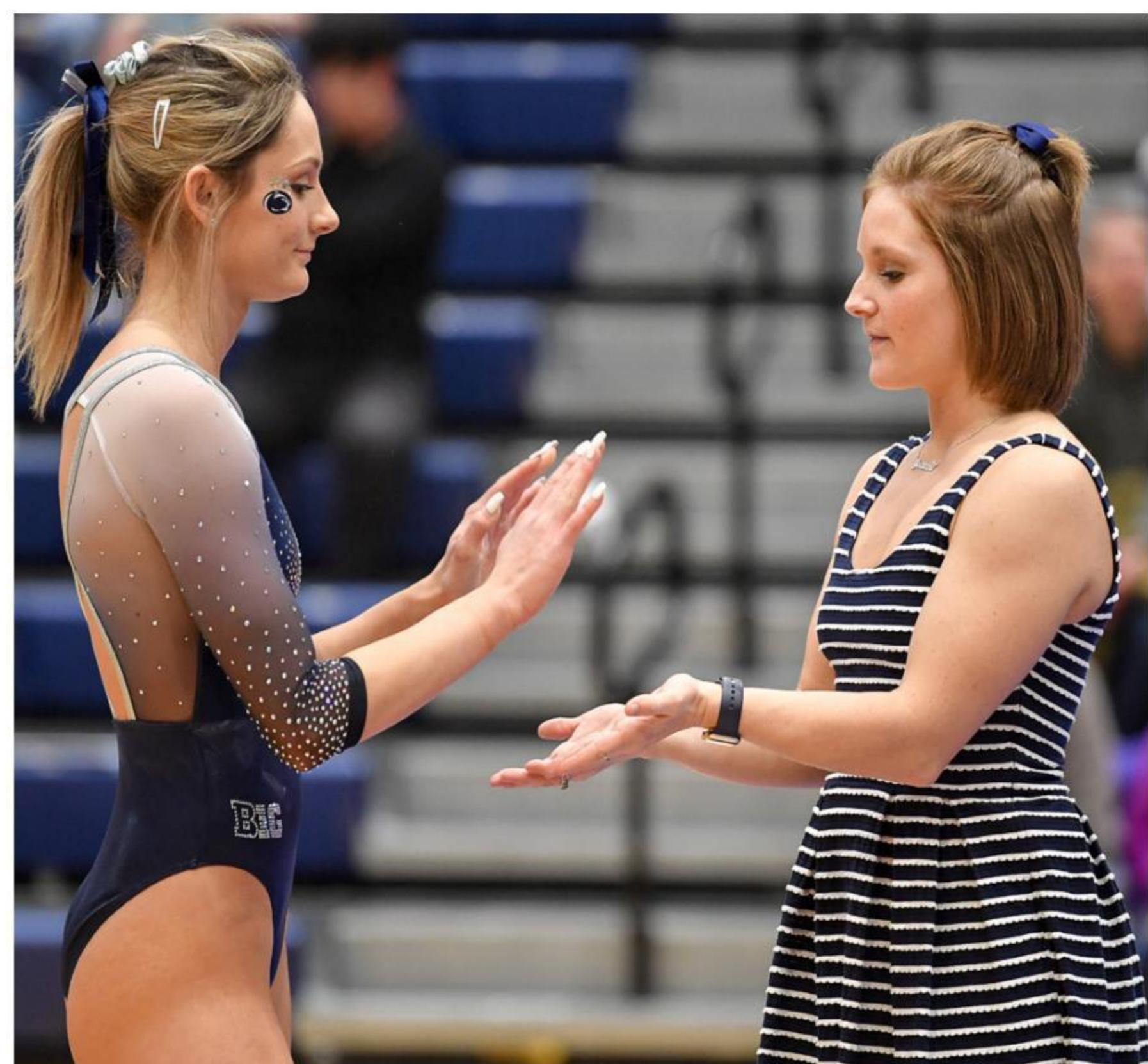
Along with her All-America plaudits, Brown was selected the Big 12 Conference Gymnast of the Year in 2009 and 2010, was named to the All-Big 12 Championship Team nine times and was a nominee for the 2010 Honda Broderick Cup. A 2015 Missouri Athletics Hall of Fame inductee, Brown was named the 2008 Big 12 Newcomer of the Year and earned South Central Regional Gymnast of the Year honors twice (2009-10).

While she was at Utah, Brown was a member of the team that finished second at the NCAA Women's Gymnastics Championships in 2007.

Prior to her collegiate gymnastics career, she was a four-time member of the USA National Team (2002-05).

A two-time graduate of the University of Missouri, Brown earned a bachelor's degree in interdisciplinary studies with an emphasis in communication and business in 2010 and a master's of education in counseling psychology with an emphasis in sport psychology in 2012.

A native of Columbia, Missouri, the former Sarah Shire is married to Antonio Brown. They have two sons, Isaiah and Elijah.





2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS COACHING STAFF



RACHEL INNISS

ASSISTANT COACH
SECOND SEASON
AUBURN '12

Rachel Inniss joined the Penn State Women's Gymnastics program as an assistant coach in October 2020. She arrived in Happy Valley after spending two years as an assistant coach at Temple.

In her first season at Penn State, Assistant Coach Rachel Inniss made a strong impact on the Penn State floor team. Under Inniss' guidance, the Nittany Lions ranked third in the region northeast on floor with a NQS of 49.088. Melissa Astarita ascended to fourth in the northeast region on floor this season. The junior opened the season with eight consecutive meets with a score of at least 9.8. Senior Allissa Bonsall (11) and sophomore Cassidy Rushlow (15) also ranked in the top 15 in the region. Astarita's success carried to the national stage, as she was an individual NCAA Regional Qualifier.

As an assistant coach at Temple, Inniss helped Temple to consecutive ECAC championships. The Owls finished the 2020 season with the conference's highest National Qualifying Score (NQS).

Inniss led Temple's beam and floor teams, helping the floor team to lead the conference. The beam squad ranked second in the ECAC. The Owls earned the program's second-highest beam score and fifth-highest floor score in 2020, helping Temple to post three of the top six overall scores in program history.

The Owls placed three athletes among the Top 10 beam performers in the ECAC, including Delaney Garin's conference-leading 9.815 NQS. Temple also had three of the Top 10 floor athletes in the ECAC. Ariana Castrence paced the conference with a 9.825 NQS.

In 2019, Inniss earned ECAC Assistant Coach of the Year honors after guiding the Owls to their first ever ECAC title. Temple led the conference with a 194.865 overall NQS and a 48.990 NQS on floor. India Anderson claimed the ECAC's top floor NQS, 9.870, while Monica Servidio led the conference on beam with a 9.850 NQS.

Inniss graduated from Auburn in 2012, with a degree in public administration. She won an NCAA Regional Floor title and qualified for the NCAA Championships in 2010.

She served as a student coach during her fifth year at Auburn and returned as a volunteer coach in 2017 and 2018. As a volunteer coach, she worked with beam and floor, directing the choreography for both. She coached two floor All-Americans and three All-SEC gymnasts.

Inniss returned to coaching after being a professional dancer at Walt Disney World for four years at *Beauty and the Beast Live*.

Inniss has a daughter named Charlotte.



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS COACHING STAFF



RALPH ROSSO

ASSISTANT COACH
FIRST SEASON
MICHIGAN '09

Ralph Rosso joined the Nittany Lions coaching staff in August 2021 after four seasons at the University of Washington.

"I couldn't be more excited to add Ralph to our staff!" Brown said. "From the moment we first spoke, I knew his values aligned with our program philosophy and it was going to be a perfect fit. Ralph brings a wealth of knowledge and experience that we will benefit from right away and I can't wait for him to begin working with our team!"

Rosso served as the head coach of the Huskies for the 2021 season after three years as an assistant coach of the program. His tenure was highlighted by a NCAA Nationals appearance in 2018, the seventh in program history.

In 2020, Rosso helped the GymDawgs finish 12th in the nation on bars, its highest finish on that event since 2004. Washington gymnasts would earn All-American honors on bars for just the third time in program history and earned their second All-Pac-12 honor on bars under Rosso.

He coached Washington's highest-ranked event in 2019, helping the GymDawgs finish 13th in the country on bars. Twice Washington broke 49.400 on bars, putting up the highest bars score since 2004 with a 49.425 before besting that with a 49.575 later in the year. The team won five individual bars event titles.

The Huskies finished the regular season ranked eighth in the country in 2018, their highest regular-season finish ever. That season included Washington's first NCAA Regional event championship since 2012 as Kristyn Hoffa, Zoey Schaefer, and Maya Washington combined to take home a floor championship en route to NCAA Nationals. The GymDawgs recorded four scores of 197 or higher in 2018, tying the program record.

Prior to Washington, Rosso spent time coaching at George Washington, Arizona State and Western Michigan. He also spent two seasons as a team manager at Arkansas.

In 2017 at GW, Rosso helped the Colonials to the East Atlantic Gymnastics League championship and a berth in the NCAA Regionals, where a GW gymnast won the program's first-ever NCAA Regional individual title, on the vault. Two individuals earned individual berths to nationals, the most ever at GW. A total of eight gymnasts earned All-EAGL honors.

At Arizona State, Rosso aided in the development of nine Academic All-Pac-12 gymnasts, three All-Pac-12 selections and five NCAA qualifiers, including an individual regional champion.

A standout gymnast at the University of Michigan, Rosso lettered from 2006-09, helping the Wolverines to the Big Ten title as a senior. He competed at NCAA Championships all four years and finished ninth on still rings in 2007. He also made it to the Big Ten finals on pommel horse and rings in 2007, and to two more finals in 2009, on rings and floor.

He will guide a Nittany Lions' bars group that ranked among the best in the nation in 2021. Penn State's 49.231 NQS on the apparatus ranked second in the northeast region. The team recorded scores of 49+ on eight different occasions in 2021. Individually, Penn State had three gymnasts ranked in the top six in the region on bars, as Ava Verdeflor ranked fourth, Alissa Bonsall ranked fifth and Cassidy Rushlow ranked sixth. Nationally, Penn State ranked 19th on bars. He has also helped lead the Penn State vault unit to a fourth place ranking in the northeast division, led by Cassidy Rushlow's 9.850 NQS.



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



SENIOR+ • ALL-AROUND

Height: 5'1"

Hometown:
Higganum, Conn.

High School:
Haddam Killingworth

Club:
New England Gymnastics Express

Major:
Kinesiology

ACCOLADES

2021

- Second Team All-Big Ten
- Academic All-Big Ten.

2020

- Big Ten Event Specialist of the Week (1/7)
- Academic All-Big Ten
- Big Ten Distinguished Scholar
- WCGA Academic All-American

2019

- Academic All-Big Ten
- WCGA Scholar-Athlete

ALISSA BONSALL

2021- SENIOR SEASON

Awards: Second Team All-Big Ten and Academic All-Big Ten.

Season: Competed in all 11 meets for the Nittany Lions, setting career-highs on floor (9.875) and bars (9.950).

Meet-by-Meet: Maryland (1/17): Opened the season with matching 9.825 scores on vault, bars and floor. Nebraska (1/23): Recorded a 9.800 on floor, a 9.725 on bars and a season-best 9.850 on vault. At Minnesota (1/30): Posted a 9.850 on floor, a 9.800 on bars and a 9.725 on vault. At Maryland (2/5): Recorded a 9.850 on floor, a 9.800 on bars and a 9.775 on vault. Illinois (2/13): Got the event win on bars with a 9.875 while also adding a 9.800 on floor and a 9.675 on vault. Penn State Tri-Meet (2/21): Earned the event win on bars with a 9.900 score, set a career-high on floor with a 9.875. Big Five Meet (2/27): Set a career-high on bars with a 9.925, added a 9.825 on floor. At Ohio State Quad-Meet (3/7): Set a season-best on vault with a 9.850 score while scoring a 9.875 on bars and a 9.775 on floor. At Rutgers (3/13): Won on floor with a 9.875 score while finishing second on bars with a 9.825 and second on vault with a 9.825. At Big Ten Championship (3/20): Posted a 9.775 on vault and a 9.750 on floor. NCAA Regional First Round (4/1): Recorded a 9.850 on bars and a 9.825 on floor. NCAA Regional – Individual (4/2): Set a career-high on bars with a 9.950 score.

2020 - JUNIOR SEASON

Awards: Named Big Ten Event Specialist of the Week following the Collegiate Challenge (1/4) meet...Earned Academic All-Big Ten honors...Named a Big Ten Distinguished Scholar...Selected as a WCGA Academic All-American.

Season: Competed as a member of the vault, bars and floor lineups in all 10 meets...Performed two exhibition routines on beam...Won four individual event titles, including two on vault and two on bars...Earned one 9.900 score on both vault and bars...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Meet-by-Meet: at Collegiate Challenge (1/4): Placed fourth on bars with a 9.875. **West Virginia (1/11):** Collected a 9.825 on vault, finishing second...Added a 9.800 on floor, placing third. **at Nebraska (1/16):** Recorded a 9.850 on floor...Placed second on bars with a 9.825. **Iowa (1/25):** Earned a career-high 9.900 on bars to win the event title...Captured the vault title with a 9.825. **Rutgers (1/31):** Claimed the bars title with a 9.875...Registered a season-high 9.850 on floor, placing second...Added a 9.825 on vault. **at Illinois (2/7):** Won the vault title with a 9.825...Finished third on bars with a 9.800. **at Ohio State (2/14):** Claimed third place on vault with a 9.800. **at Big Five Meet (2/22):** Set a career high on vault with a 9.900, placing fourth...Secured a 9.850 on bars. **PSU Quad Meet (2/29):** Notched a 9.825 on floor. **Florida (3/7):** Collected a 9.825 on floor.

2019 - SOPHOMORE SEASON

Awards: Selected Academic All-Big Ten...Named a WCGA Scholar-Athlete.

Season: Competed in all 13 meets on vault, bars and floor...Earned an event title on bars.

Meet-by-Meet: vs. Temple, Towson (1/12): Claimed third on bars with a 9.850. **Ohio State (1/19):** Collected a 9.800 on bars, placing seventh. **Minnesota (1/26):** Registered a 9.850 on floor, finishing fourth. **at Illinois**

CAREER BESTS

Event	Score	Date	Meet
All-Around	38.750	1/6/18	Eastern Michigan
Vault	9.900	2/22/20	Big Five Meet
Uneven Bars	9.950	4/2/21	NCAA Regional
Balance Beam	9.675	1/5/19	at Utah
Floor Exercise	9.875	3/13/21	Three, Last: at Ohio State



ALISSA BONSALL

(2/2): Won the event title on bars with a 9.850. **at Rutgers (2/9):** Tallied a 9.825 on bars, finishing fourth...Recorded a 9.775 on vault, placing fourth, and a 9.775 on floor, claiming sixth. **at Big Five Meet (2/22):** Claimed the bars title with a career-best 9.900...Placed fifth on vault with a 9.825. **PSU Quad Meet (3/2):** Collected a 9.875 on bars and floor, finishing third in both events...Added a 9.800 on vault, placing sixth. **at Florida (3/8):** Tallied a 9.825 on floor, placing seventh, and a 9.800 on bars. **at WVU Quad Meet (3/17):** Claimed second on bars with a 9.850...Recorded a 9.775 on floor. **Big Ten Championships (3/23):** Earned a career-best 9.875 on floor, placing 14th overall...Registered a 9.850 on bars, good for 15th, and a 9.800 on vault, claiming 13th. **NCAA Regional (4/5):** Finished 15th overall with a 9.850 on bars.

2018 – FRESHMAN SEASON

Season: Competed in all 13 meets on vault, 12 on floor, nine on bars and four on beam...Competed in all-around in three meets...Earned an event title on bars.

Meet-by-Meet: Eastern Michigan (1/6): Collected a 9.800 on vault, placing third...Added a 9.775 on bars, also finishing third. **Nebraska (1/13):** Secured the event title on bars with a season-high 9.900...Tallied a 9.775 on vault. **at Maryland (1/19):** Recorded a 9.750 on floor, finishing seventh. **Illinois (1/27):** Finished third on bars with a 9.825...Registered a 9.750 on vault, placing third. **at Michigan State (2/4):** Collected a 9.875 on bars, good for fourth...Finished third on vault with a 9.775. **at Ohio State (2/9):** Secured second on bars with a 9.850...Added a 9.800 on vault, placing fifth, and a 9.775 on floor. **Cornell, Penn (2/17):** Earned a 9.800 on floor, finishing fourth...Tallied a 9.775 on vault, placing second. **George Washington (2/24):** Recorded a 9.800 on vault, good for sixth...Recorded a 9.800 on floor. **at Pitt Quad Meet (3/4):** Registered a 9.825 on vault...Added a 9.800 on floor. **at BYU Quad Meet (3/9):** Collected a 9.750 on vault. **at Big Five Meet (3/17):** Secured a 9.800 on vault, good for 10th overall...Tallied a 9.775 on floor. **Big Ten Championships (3/24):** Placed 16th on floor with a 9.850. **NCAA Regional (4/7):** Recorded a 9.775 on floor and a 9.750 on vault.

GYMNASICS BACKGROUND

Trained at New England Gymnastics Express Too under coaches Maureen Chagnon and Blane Jefferson...Competed in three Junior Olympic National Championships...Tied for ninth on the bars and placed 10th on the floor in 2017...Finished sixth in the all-around and eighth on the uneven bars in 2016 and placed 10th on the vault and 17th in the all-around in 2015...Won the uneven bars and all-around, while placing second on the vault and floor and fourth on the balance beam at the 2017 Level 10 Regional...Had the highest all-around score in the entire competition...Won the floor, uneven bars and vault, while finishing second in the all-around in 2016 at the Level 10 Regional...Won the vault, uneven bars and all-around, while placing third on the floor and fourth on the beam at the 2016 Level 10 State Championships.

PERSONAL

Full name is Alissa Bonsall...Daughter of Stephanie and Dave Bonsall...Has three siblings, two older sisters, Jennifer Kohlhepp and Marianne (Annie) Bonsall, and a younger brother, David Bonsall...Lists going boating, and spending time with friends outside as her hobbies, bulgogi (Korean barbecue steak) as her favorite food...Says "Tuesdays with Morrie" is her favorite book and "The Blindside" as her favorite movie, Canada is her favorite place to visit and her favorite group is the Zac Brown Band...Majoring in kinesiology...Born on February 16, 1999 in Hartford, Connecticut.

Why Penn State?

"I chose Penn State because I grew up with the phrase 'We Are...' throughout my family. Both my mom and dad are graduates of Penn State, as well as many other family members. So, I can say that Penn State is in my blood. Throughout the recruiting process, Penn State was the one school that had everything I was looking for. The high standards in both academics and athletics assured me that I will be able to push myself to be successful. To add, the school spirit at Penn State astonished me and I couldn't wait to be a part of it every day. I am very thankful for this opportunity."



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



SENIOR+ • ALL-AROUND

Height: 5'4"

Hometown:
Darnestown, Md.

High School:
Quince Orchard High School

Club:
Hill's Gymnastics

Major:
Marketing

ACCOLADES

2021

- Big Ten Sportsmanship Award
- Academic All-Big Ten
- Big Ten Distinguished Scholar

2020

- All-Big Ten First Team
- Academic All-Big Ten
- WCGA Academic All-American

2019

- All-Big Ten First Team
- Big Ten All-Championship Team
- Academic All-Big Ten

2018

- All-American Second Team (Uneven Bars)
- All-Big Ten First Team
- Big Ten Freshman of the Week (1/8, 2/19, 2/26, 3/6, 3/12)

LAUREN BRIDGENS

Career: Is the ninth Nittany Lion to earn at least three career All-Big Ten first team honors...Was the 15th Nittany Lion to earn multiple first-team All-Big Ten nods in their career...Earned a perfect 10.0 on bars at the BYU Quad Meet (3/9/18) to record the 10th perfect 10.0 in program history and the program's first on bars.

2021 - DID NOT COMPETE

2020 - JUNIOR SEASON

Awards: Named All-Big Ten first team...Became the ninth Nittany Lion to earn at least three career All-Big Ten first team honors...Selected Academic All-Big Ten...Garnered WCGA Academic All-American accolades...Earned the Ann Carr Award following the Iowa (1/25) meet.

Season: Competed in all 10 meets in all-around...Won 13 individual event titles, including five in all-around, four on floor, three on bars and one on vault...Earned four straight floor titles between the Nebraska (1/16) and Illinois (2/7) meets...Garnered three scores of 9.900 or better on floor, two on bars and one on beam...Recorded a 9.950 on floor vs. Iowa (1/25), tied for the fifth-best score in program history...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Rankings: Ranked 28th in the nation and ninth in the Big Ten in all-around with a 39.250 NQS (National Qualifying Score)...Held 47th in the country and ninth in the conference on bars with a 9.865 NQS...Sat 51st in the nation and ninth in the Big Ten on floor with a 9.800.

Meet-by-Meet: at Collegiate Challenge (1/4): Recorded a 39.025 in all-around, placing third...Collected a 9.825 on floor and a 9.800 on bars. **West Virginia (1/11):** Notched a 39.150 in all-around...Took second on bars, with a 9.875, and floor, with a 9.825. **at Nebraska (1/16):** Captured the floor title with a 9.925...Registered a 9.850 on vault, finishing third, and a 9.825 on bars, finishing 9.825. **Iowa (1/25):** Claimed the all-around title with a 39.400...Earned a career-high 9.950 on floor to win the event title...Tied for the fifth-best floor score in program history...Recorded a 9.875 on bars, placing second, and a 9.825 on beam, placing third. **Rutgers (1/31):** Won the all-around event with a 39.400...Took the vault title with a 9.850...Claimed the bars title with a 9.875...Added a floor title with a 9.875...Recorded a 9.800 on beam. **at Illinois (2/7):** Earned the all-around title with a 39.275...Won the floor title with a 9.850...Notched a 9.825 to win the bars title...Secured a 9.875 on beam. **at Ohio State (2/14):** Took the all-around title with a 39.150...Recorded a 9.850 on floor and a 9.825 on bars. **at Big Five Meet (2/22):** Placed second on bars with a 9.925...Earned a 9.900 to finish third on floor.

PSU Quad Meet (2/29): Notched a season-high 39.475 to win the all-around title...Tied season-high 9.925 on bars to win the event title...Registered a 9.850 on beam and floor. **Florida (3/7):** Collected a career-best 9.900 on beam...Recorded a 9.825 on vault.

CAREER BESTS

Event	Score	Date	Meet
All-Around	39.525	1/26/19	Minnesota
Vault	9.925	3/4/18	at Pitt Quad Meet
Uneven Bars	10.000	3/9/18	at BYU Quad Meet
Balance Beam	9.900	3/7/20	Twice, Last: Florida
Floor Exercise	9.950	1/25/20	Twice, Last: Iowa



LAUREN BRIDGENS

2019 - SOPHOMORE SEASON

Awards: Named first-team All-Big Ten...Selected for the Big Ten All-Championship Team...Earned Academic All-Big Ten accolades...Collected the Ann Carr Award after the Ohio State (1/19) meet.

Season: Competed in 12 meets in all-around and 12 meets on vault...Competed on bars, beam and floor in all 13 meets...Won three event titles in all-around, three on bars and one on vault.

Rankings: Ranked 33rd in the nation and eighth in the Big Ten with a 9.900 Regional Qualifying Score (RQS) on bars...Finished 27th in the country and fifth in the conference with a 39.370 RQS in all-around.

Meet-by-Meet: at Utah (1/5): Took third in all-around with a 39.125 total...Claimed third on bars with a 9.850 and fifth on floor with a 9.825. **vs. Temple,**

Towson (1/12): Finished second on bars with a 9.875. **Ohio State (1/19):**

Earned her first event title of the year in all-around with a 39.300...Placed second on bars with a 9.900...Added a 9.850 on floor, placing third, and a 9.825 on beam, good for fourth. **Minnesota (1/26):** Tallyed a career-best 39.525 in all-around, placing second...Won the vault title with a 9.900...Placed second on bars with a 9.900...Finished fourth on beam, with a 9.875, and floor, with a 9.850. **at Illinois (2/2):** Collected a 39.150 in all-around, good for third overall...Took second on floor with a 9.850...Placed third on bars with a 9.825. **at Rutgers (2/9):** Secured a 9.850 on bars, placing second...Earned a 9.825 on floor, claiming third, and a 9.800 on beam. **Michigan (2/16):**

Recorded a 9.825 on floor, placing third, and vault, finishing fifth. **at Big Five Meet (2/22):** Won the all-around with a 39.425 and claimed the bars title with a 9.900...Recorded a 9.850 on beam, placing second, and vault, coming in third...Added a 9.825 on floor, good for sixth overall. **PSU Quad Meet**

(3/2): Earned the all-around title with a 39.400...Registered a 9.875 on floor, finishing third...Placed second on beam with a 9.825, third on vault with a 9.850 and fourth on bars with a 9.850. **at Florida (3/8):** Totaled a 39.500 in all-around...Won the bars title with a season-best 9.925...Added a career-high 9.900 on beam, placing fourth, a 9.850 on floor and a 9.825 on vault. **at WVU Quad Meet (3/17):** Claimed the event title on bars with a 9.875...Registered a 9.825 on vault and floor. **Big Ten Championships (3/23):** Tallyed a 39.350 in all-around...Matched a season high with a 9.925 on bars, good for fourth overall...Finished 14th on floor with a 9.875 and 15th on beam with a 9.825.

NCAA Regional (4/5): Recorded a 9.850 to place 13th on beam...Registered a 9.850 on bars, placing 15th.

2018 - FRESHMAN SEASON

Awards: Selected second-team All-America on bars...Named first-team All-Big Ten...Earned Big Ten Freshman of the Week honors on January 8, February 19, February 26, March 6 and March 12...Garnered the Ann Carr Award following the Eastern Michigan (1/6) meet.

Season: Competed in 12 meets in all-around...Member of the vault, bars and beam lineups in all 13 meets...Qualified for the NCAA Championships and competed in all-around...Won 11 event titles, including three in all-around, six on bars, three on vault, one on beam and one on floor...At the BYU Quad Meet (3/4), earned a perfect 10.0 on bars to become the 10th Nittany Lion to achieve a 10.0 and the first in program history to collect a 10.0 on bars.

Rankings: Tied for 15th in the country on bars with a 9.910 RQS...Ranked 37th in the nation in all-around with an RQS of 39.315.



LAUREN BRIDGENS

Meet-by-Meet: Eastern Michigan (1/6): In her college debut, won the all-around and vault titles...Recorded a 39.050 in all-around and a 9.825 on vault...Placed second on bars with a 9.800. **Nebraska (1/13):** Collected a 9.875 on bars, finishing third...Added a 9.800 on vault. **at Maryland (1/19):** Secured a 9.825 on beam, good for second overall. **Illinois (1/27):** Claimed the bars title with a 9.875. **at Michigan State (2/4):** Earned the event title on bars with a 9.925...Added a 9.825 on floor. **at Ohio State (2/9):** Tallied a 39.175 in all-around and 9.850 on bars, finishing second in both events...Registered a 9.800 on vault, placing fifth, and a 9.775 on beam. **Cornell, Penn (2/17):** Earned event titles in all-around, bars, beam and floor...Collected a 39.300 in all-around, a 9.900 on bars, a 9.850 on floor and a 9.775 on beam...Added a 9.775 on vault, placing second. **George Washington (2/24):** Recorded a season-best 39.475 in all-around...Won the bars title with a 9.925...Collected a 9.850 on vault, beam and floor, placing third on vault and beam and fifth on floor. **at Pitt Quad Meet (3/4):** Tallied a 39.425 to place second in all-around...Won the vault title with a career-best 9.925...Claimed the bars title with a 9.925...Placed fifth on floor with a 9.850. **at BYU Quad Meet (3/9):** Earned the all-around title with a 39.375...Tallied a perfect 10.0 on bars, the 10th perfect 10.0 in program history, to win the event title...Registered a 9.825 on beam, a 9.775 on vault and a 9.775 on floor. **at Big Five Meet (3/17):** Recorded a 39.300 in all-around, good for fifth overall...Claimed the vault title with a 9.900...Placed eighth on bars with a 9.850 and a sixth on floor with a 9.825. **Big Ten Championships (3/24):** Collected a 9.875 on bars, placing 14th, and a 9.850 on floor, finishing 16th. **NCAA Regional (4/7):** Secured a 39.200 in all-around, finishing third overall...Earned third place on vault with a 9.900...Added a 9.850 on bars, placing sixth. **NCAA Championships (4/20):** Placed 28th in all-around with a 39.2125...Finished 20th on bars with a 9.8750 and 38th on vault with a 9.8375...Tallied a 9.7625 on floor and a 9.7375 on beam.

GYMNASTICS BACKGROUND

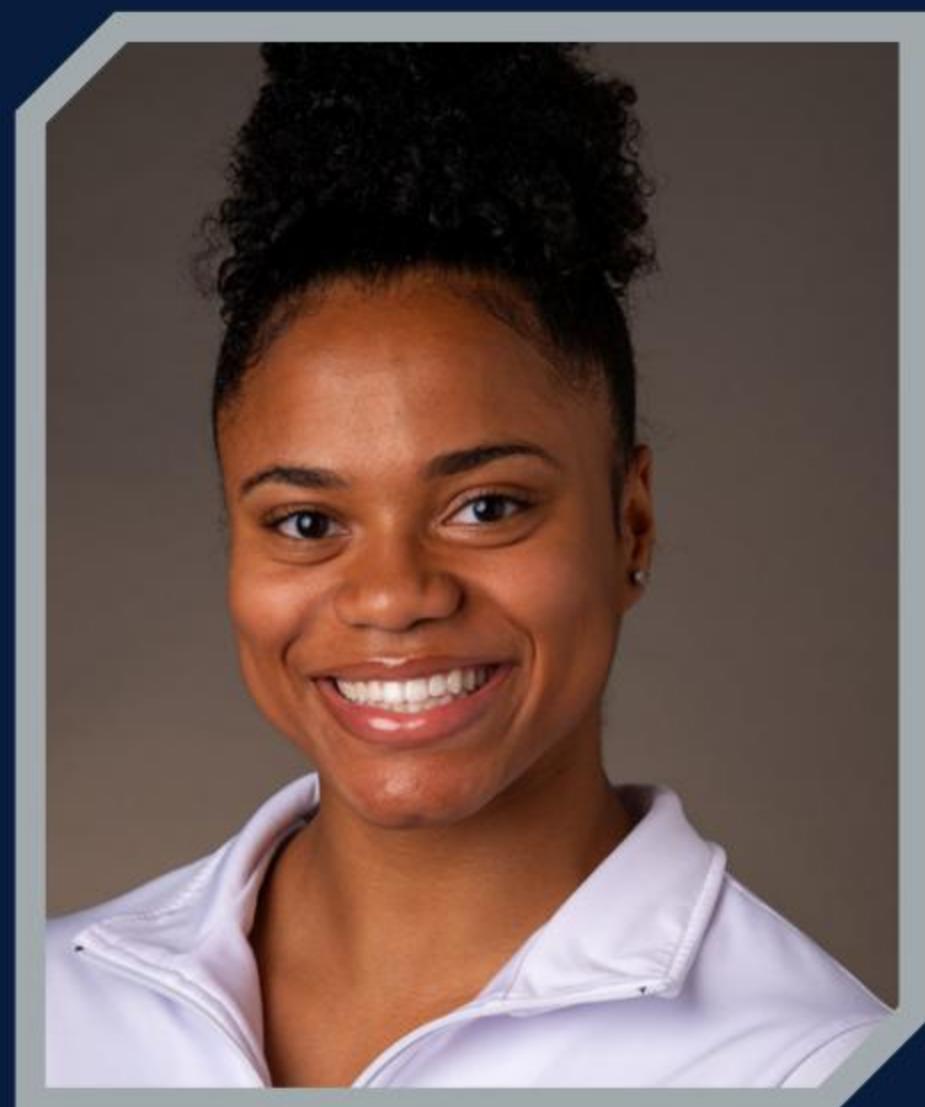
Trained at Hill's Gymnastics under coaches Kelli Hill, Cynthia Smaha and Tian Zhang...Competed in four Junior Olympic National Championships...Finished second on the vault and tied for eighth on the floor in 2017...Placed third on the vault and 15th in the all-around in 2015...Won the vault, bars, floor and all-around, scoring a 38.550, while placing second on the beam at the 2017 Level 10 Regional...Won the uneven bars, finished second on the vault and all-around, while finishing third on the floor at the 2015 Level 10 regional...Won the vault, beam, floor and all-around, while placing third on the uneven bars at the 2017 Level 10 State championship...Won the uneven bars and floor and finished second on the vault and all-around in 2015.

PERSONAL

Full name is Lauren Marie Bridgens...Daughter of Dave and Clare Anne...Has three siblings, Ryan, Chris and Taylor...Lists shopping and hiking and spending time with friends as hobbies, the Washington Football Team as her favorite sports team, steak and Caesar salad as favorite foods, "Dear John" and "The Blindside" as her favorite movies, names Tim McGraw as her favorite musician and her favorite place to visit is anywhere there is a beach...Majoring in marketing...Born on September 22, 1998 in Darnestown, Maryland.

Why Penn State?

"I chose Penn State because nothing compares to that feeling when you walk on campus. Everyone is so spirited and full of energy, it would be hard not to fall in love with PSU. I also felt like it was a school that would allow me to be successful academically as well as in gymnastics since it is a great school for both. I am so excited to be part of such an amazing team with amazing coaches!"

**SENIOR+ • V, UB, FX**

Height: 5'2"

Hometown:
Suffolk, Va.High School:
Summit Christian AcademyClub:
World Class GymnasticsMajor:
Biology**ACCOLADES****2021**

- Academic All-Big Ten
- Big Ten Distinguished Scholar

2020

- Academic All-Big Ten
- WCGA Academic All-American

2019

- Academic All-Big Ten
- WCGA Scholar-Athlete

2018

- NACGC/W Scholar-Athlete

KOURTNEY CHINNERY

2021 - DID NOT COMPETE**2020 - JUNIOR SEASON**

Awards: Selected Academic All-Big Ten...Named WCGA Academic All-American.

Season: Competed in the vault and bars lineups in all 10 meets...Performed three exhibition routines on floor...Captured one event title on vault...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Meet-by-Meet: **West Virginia (1/11):** Earned a season-high 9.825 on bars...Claimed third place on vault with a 9.800. **at Nebraska (1/16):** Recorded a 9.775 on vault. **Iowa (1/25):** Notched a 9.750 on vault. **Rutgers (1/31):** Secured a 9.800 on vault and bars. **at Illinois (2/7):** Registered a 9.800 on vault to finish third. **at Ohio State (2/14):** Won the vault event with a 9.825. **at Big Five Meet (2/22):** Collected a career-high 9.875 on vault, placing 10th...Added a 9.775 on bars. **PSU Quad Meet (2/29):** Finished third on vault with a 9.825...Recorded a 9.800 on bars. **Florida (3/7):** Notched a 9.775 on vault and a 9.750 on bars.

2019 - SOPHOMORE SEASON

Season: Competed in all 13 meets on vault...Participated in 10 meets on floor, seven on bars and one on beam.

Meet-by-Meet: **at Utah (1/5):** Placed seventh on vault with a 9.775. **vs. Temple, Towson (1/12):** Registered a 9.800 on vault to place second...Secured a fourth-place finish with a 9.825 on floor. **Ohio State (1/19):** Finished second on vault with a 9.800. **Minnesota (1/26):** Set a career high on floor with a 9.850, finishing fourth...Registered a 9.775 on vault, placing ninth. **at Illinois (2/2):** Collected a 9.825 on floor, finishing fourth...Recorded a 9.750 on vault, placing fifth. **Michigan (2/16):** Secured a 9.775 on vault, finishing seventh...Placed fifth on floor with a 9.800. **at Big Five Meet (2/22):** Earned a career-best 9.875 on vault to win the event title...Added a 9.825 on bars. **PSU Quad Meet (3/2):** Recorded a 9.850 on bars, finishing fourth. **at Florida (3/8):** Collected a career-best 9.850 on bars, finishing sixth...Tallied a 9.850 on floor, placing fifth. **NCAA Regional (4/5):** Secured a 9.850 on vault, placing 14th.

2018 - FRESHMAN SEASON

Season: Competed in all 13 meets on vault...Competed in one meet on floor.

Meet-by-Meet: **Nebraska (1/13):** Registered a season-best 9.850 on vault, finishing fourth. **at Michigan State (2/4):** Tallied a 9.775 on vault, good for third place. **George Washington (2/24):** Collected a 9.750 on vault. **at Pitt Quad Meet (3/4):** Recorded a 9.825 on vault. **at BYU Quad Meet (3/9):** Earned a 9.750 on vault. **Big Five Meet (3/17):** Placed 15th on vault with a 9.775. **NCAA Regional (4/7):** Secured ninth on vault with a 9.800.

CAREER BESTS

Event	Score	Date	Meet
Vault	9.875	2/22/20	Twice, Last: Big Five Meet
Uneven Bars	9.850	3/8/19	Twice, Last: at Florida
Balance Beam	9.675^	1/26/19	Minnesota
Floor Exercise	9.850	1/26/19	Twice, Last: Minnesota

^Exhibition



KOURTNEY CHINNERY

GYMNASTICS BACKGROUND

Trained at World Class Gymnastics under coach Tami Harrison... At the 2016 Junior Olympic National Championships, finished ninth on the vault and 11th in the all-around...Qualified for the 2016 and 2017 Level 10 Regional. Placed second on the floor and sixth in the all-around in 2016...Won the all-around, vault and floor, while finishing second on the beam at the 2017 Level 10 State Championships...Placed first in the all-around, beam and floor, while claiming second on the vault and uneven bars in 2016...Qualified for the 2015 Nastia Liukin Supergirl Cup.

PERSONAL

Full name is Kourtney Lind Chinnery...Daughter of Debra and Lind Chinnery... Has three brothers, Dwain, Akrin, and Ahmad, and one sister, Denisha...Lists listening to music as a hobby, the Lakers as her favorite sports team, mac and cheese as her favorite food and "A Different World" as her favorite show... Her favorite place to visit is Jost Van Dyke in the British Virgin Islands and her favorite musician is Michael Jackson...Majoring in biology...Born on May 11, 2000 in Norfolk, Virginia.

Why Penn State?

"I chose Penn State because Penn State actively, adamantly, and passionately chose me. The coaches have supported me since day one and have truly showed great interest in me as not only an athlete, but as a student, and as a person. I am truly blessed to attend Penn State! I want to represent the Nittany Lions with a spirit of humility and integrity both academically and athletically!"

**SENIOR • V, BB, FX**

Height: 5'2"

Hometown:
Morganville, N.J.High School:
Marlboro High SchoolClub:
Action GymnasticsMajor:
Science**ACCOLADES****2021**

- Academic All-Big Ten
- Big Ten Distinguished Scholar

2020

- Academic All-Big Ten
- Big Ten Distinguished Scholar
- WCGA Academic All-American

MELISSA ASTARITA

Awards: Two-time Academic All-Big Ten and Big Ten Distinguished Scholar.**Season:** Competed in all 11 meets for the Nittany Lions, setting a career-high of 9.925 against Nebraska.

Meet-by-Meet: Maryland (1/17): Opened the season by winning on floor exercise with a 9.875 score. Nebraska (1/23): Set a career-high on floor with a score of 9.925. At Minnesota (1/30): Placed fourth on floor with a score of 9.875. At Maryland (2/5): Posted a score of 9.825 on floor. Illinois (2/13): Recorded a score of 9.850 on floor. Penn State Tri-Meet (2/21): Won on beam with a score of 9.900 and set a career-high on floor with a 9.850 Big Five Meet (2/27): Recorded a floor score of 9.825. At Ohio State Quad Meet (3/7): Placed fifth on floor exercise with a score of 9.875 and set a new career-high on beam with a 9.875. At Rutgers (3/13): Recorded a score of 9.750 on floor. Big Ten Championships (3/20): Added a floor exercise score of 9.850. NCAA Regional First Round: Posted a score of 9.825 on floor. NCAA Regional (Individual): Closed out the season with a 9.875 score on floor.

2020 – SOPHOMORE SEASON

Awards: Selected Academic All-Big Ten...Named a Big Ten Distinguished Scholar...Collected WCGA Academic All-American honors...Earned the Ann Carr Award following the Quad Meet vs. Arizona State, Cornell and Towson (2/29).

Season: Performed as a member of the floor lineup in all 10 meets...Earned one event title...Collected three scores of 9.900 or better...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Meet-by-Meet: **West Virginia (1/11):** Collected a 9.750 on floor. **at Nebraska (1/16):** Secured a 9.850 on floor. **Iowa (1/25):** Finished third on floor with a 9.900. **at Illinois (2/7):** Notched a 9.825 on floor. **at Big Five Meet (2/22):** Claimed third place with a 9.900 on floor. **PSU Quad Meet (2/29):** Earned a career-high 9.925 on floor to win the event title. **Florida (3/7):** Recorded a 9.850 on floor.

2019 – FRESHMAN SEASON

Season: Competed in all 13 meets on vault and floor.

Meet-by-Meet: **at Utah (1/5):** Earned a 9.725 on vault to place eighth in her collegiate debut. **vs. Temple, Towson (1/12):** Collected first career event title, winning on floor with a 9.900...Added a 9.750 on vault, good for fifth. **Ohio State (1/19):** Finished third on floor with a 9.850. **Minnesota (1/26):** Registered a 9.850 on floor, finishing fourth. **at Illinois (2/2):** Had a 9.775 on floor, placing sixth. **at Rutgers (2/9):** Recorded a 9.750 on floor. **at Big Five Meet (2/22):** Collected a 9.800 on floor, good for 11th overall, and a 9.775 on vault. **PSU Quad Meet (3/2):** Earned a 9.900 on floor, earning her second event title of the season. **at WVU Quad Meet (3/17):** Collected a career-high 9.800 on vault, placing eighth...Had a 9.800 on floor, finishing ninth. **Big Ten Championships (3/23):** Claimed 14th on floor with a 9.875. **NCAA Regional (4/5):** Recorded a 9.800 on floor, placing 29th.

GYMNASTICS BACKGROUND

Competed for Action Gymnastics under coach Magdalena During...Placed sixth in the all-around, sixth on uneven bars and seventh on floor exercise at the 2018 New Jersey State Championships...Finished 15th in the all-around, fifth on vault, sixth on floor and 10th on beam in the 2018 Level 10 Regionals...

CAREER BESTS

Event	Score	Date	Meet
Vault	9.800	3/17/19	at WVU Quad Meet
Floor Exercise	9.925	2/29/20	PSU Quad Meet



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



R-SENIOR • ALL-AROUND

Height: 5'4"

Hometown:
State College, Pa.

High School:
Saint Joseph's Catholic Academy

Previous School:
West Virginia

Club:
Centre Elite Gymnastics

Major:
Recreation, Parks and Tourism Management

ACCOLADES

2019

- NCAA Championships Qualifier (Beam)
- Big Ten Freshman of the Week (2/12)
- Academic All-Big Ten

JESSIE BASTARDI

Records: 2019: Tied Meredith Hoover (2003) for Penn State's top beam score in an NCAA Regional (9.900).

2021 - DID NOT COMPETE

2020 - SOPHOMORE SEASON

Season: Competed in all 10 meets on beam and two meets on vault... Performed two exhibition routines on bars...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Meet-by-Meet: West Virginia (1/11): Collected a 9.800 on beam. **Iowa (1/25):** Placed third on beam with a 9.825. **at Ohio State (2/14):** Recorded a 9.775 on beam, placing third. **at Big Five Meet (2/22):** Notched a 9.800 on beam, finishing 10th. **PSU Quad Meet (2/29):** Earned a season-best 9.875 on beam to place third. **Florida (3/7):** Secured a 9.800 on beam.

2019 - REDSHIRT FRESHMAN SEASON

Awards: Named an Academic All-Big Ten selection.

Season: Competed in 14 meets on beam and one on vault...Qualified for the NCAA Championships on beam, placing 36th.

Meet-by-Meet: at Utah (1/5): Placed fifth on beam with a 9.825. **vs. Temple, Towson (1/12):** Earned fourth on beam, recording a 9.775. **Minnesota (1/26):** Secured a 9.900 on beam, finishing second. **at Rutgers (2/9):** Set a career-high with a 9.925 on beam to share the event title with teammate Tess McCracken...Earn first career event title. **at Big Five Meet (2/22):** Earned a 9.800 on beam, placing sixth. **PSU Quad Meet (3/2):** Recorded a 9.775 on beam. **at Florida (3/8):** Secured a 9.875 on beam, good for sixth overall. **Big Ten Championships (3/23):** Earned a 9.800 on beam, placing 24th overall. **NCAA Regional (4/5):** Registered a 9.900 on beam, finishing third overall and first in the Session I quad meet...Tied Meredith Hoover (2003) for Penn State's top beam score in an NCAA Regional...Qualified for the NCAA Championships. **NCAA Championships (4/19):** Collected a 9.7875 on beam, placing 36th overall...Finished in 20th in the Session I quad meet and third among individual competitors in the meet.

GYMNASICS BACKGROUND

Transferred from West Virginia...Competed for Centre Elite Gymnastics for Coaches Jen Bundy Bortz and Tracey Longenecker...Was a Pennsylvania State Champion and a National Qualifier...Qualified for the 2016 Junior National Olympics, placing eighth on the uneven bars and 19th in the all-around...Finished second on the uneven bars, fourth on beam and seventh in the all-around at the 2016 Level 10 regionals...She was the 2016 Level 10 Pennsylvania State Champion on the uneven bars and placed third on vault and ninth in the all-around.

CAREER BESTS

Event	Score	Date	Meet
Vault	9.375	1/12/19	Temple, Towson
Uneven Bars	9.825 [^]	2/2/19	at Illinois
Balance Beam	9.925	2/9/19	at Rutgers

[^] Exhibition



JESSIE BASTARDI

PERSONAL

Full name is Jessie Bastardi...Daughter of Jess Strunck Bastardi and Joe Bastardi...Has a brother, Garrett...Mother, Jess, competed for the Penn State women's gymnastics team, winning the Atlantic 10 floor and vault titles as a senior...Mom also served as an assistant coach for the program...Father, Joe, wrestled for Penn State, graduating in 1978...Lists Tiger Woods as her favorite athlete, "The Great Gatsby" as her favorite book, "Game of Thrones" as her favorite show, pasta or gumbo as her favorite food and Italy as her dream vacation...Majoring in recreation, parks and tourism management...Born on December 7, 1998 in State College, Pennsylvania.

Why Penn State?

"I chose Penn State because it has been my home for my whole life and I always wanted the chance to represent the university like my parents did before me."



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



SENIOR • ALL-AROUND

Height: 5'1"

Hometown:
Elmont, N.Y.

High School:
Connections Academy

Club:
Parkette Gymnastics

Major:
Communications

ACCOLADES

2021

- Academic All-Big Ten

2020

- Academic All-Big Ten
- Big Ten Distinguished Scholar

DYMIANA COX

2021 – JUNIOR SEASON

Awards: Named an Academic All-Big Ten selection.

Season: Did not see any action.

2020 – SOPHOMORE SEASON

Awards: Earned the Big Ten Sportsmanship Award...Named an Academic All-Big Ten selection.

Season: Did not see any action...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

2019 – FRESHMAN SEASON

Season: Did not compete this season.

GYMNASTICS BACKGROUND

Competed for Parkette Gymnastics under coaches Robin Netwall, John Holman, Bill and Donna Strauss...Finished seventh on floor and 14th on the beam at the 2018 Junior Olympic Nationals...Competed in the 2017 Junior Olympic Nationals, placing 11th in the all-around and 10th on beam...Placed second in the all-Around and on beam, third on floor, fourth on bars and seventh on vault at the 2018 Level 10 Pennsylvania State Championships...Competed at the 2018 Level 10 Regionals, finishing seventh in the all-around, second on beam and third on floor.

PERSONAL

Full name is Dymiana J. Cox...Daughter of Darrell and Jessica Cox...Majoring in communications...Born on April 19, 2001 in Elmont, New York.

Why Penn State?

"I chose Penn State because it is the perfect place to further my education and compete gymnastics at the collegiate level. The history and camaraderie is awesome! The coaching staff is very knowledgeable and I loved the positive energy I received from them. I instantly fell in love with the

**SENIOR • ALL-AROUND**

Height: 5'5"

Hometown:
New Milford, Pa.High School:
Pennsylvania Cyber Charter SchoolClub:
United Sports AcademyMajor:
Communications**ACCOLADES****2021**

- Academic All-Big Ten
- Big Ten Distinguished Scholar

2020

- Academic All-Big Ten

DONNA HOWELL

2021 - JUNIOR SEASON**Awards:** Earned Academic All-Big Ten and Big Ten Distinguished Scholar honors**Season:** Competed in eight meets for the Nittany Lions, setting a career high of 9.775 on vault.**Meet-by-Meet:** Maryland (1/17): Opened the season with a 9.520 on vault. Nebraska (1/23): Recorded a 9.550 on vault. At Minnesota (1/30): Posted a 9.500 on vault. At Maryland (2/5): Recorded a career-best 9.775 on vault. Illinois (2/13): Posted a score of 9.550 on vault. Penn State Tri Meet (2/21): Added a 9.575 score on vault. At Big Five Meet (2/27): Posted a 9.475 score on vault. At Ohio State Quad Meet (3/7): Closed out her season with a 9.650 score on vault.**2020 - SOPHOMORE SEASON****Awards:** Named an Academic All-Big Ten selection.**Season:** Did not see any action...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.**2019 - FRESHMAN SEASON****Season:** Did not compete this season.**GYMNASTICS BACKGROUND**

Competed for United Sports Academy under the direction of Omar Egas, Dima Raynova and Sylvia Topalova...Finished ninth in the all-around and eighth on bars at the 2018 Level 9/10 Pennsylvania State Championships...Placed 12th in the all-around and third on bars and vault at the 2018 Level 9/10 Regionals...Finished ninth in the all-around, second on bars and sixth on vault at the 2017 Level 9/10 Pennsylvania State Championships and finished 11th in the all-around and fifth on vault at the Regionals.

PERSONAL

Full name is Donna L. Howell...Daughter of Victor and Maureen Howell...Majoring in communications...Born on February 16, 2001 in New Milford, Pennsylvania.

Why Penn State ?

"I chose Penn State because I have dreamed about being a student here since I was a little girl. I love the positive atmosphere and family camaraderie on campus and within the gymnastics team and coaching staff. It felt like the perfect fit and I am so thankful and excited to have the opportunity to continue my academics and athletics here."



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



JUNIOR • V, BB, FX
Height: 5'2"

Hometown:
Sarnia, Ontario

High School:
Great Lakes Secondary School

Club:
Bluewater Gymnastics

Major:
Science

ACCOLADES

2021

- Academic All-Big Ten
- Big Ten Distinguished Scholar

AMY BLADON

2021- SOPHOMORE SEASON

Awards: Earned Academic All-Big Ten and Big Ten Distinguished Scholar honors.

Season: Competed in 11 meets for the Nittany Lions. Named Academic All-Big Ten.

Meet-by-Meet: Maryland (1/17): Opened the season with a 9.650 on vault. Nebraska (1/23): Recorded a 9.650 on vault and a 9.500 on floor. At Minnesota (1/30): Set a career-high on beam with a 9.725 score. At Maryland (2/5): Recorded a 9.400 on floor. Illinois (2/13): Recorded a 9.675 on floor and a 9.600 on vault. Penn State Tri-Meet (2/21): Set a career-high with a 9.775 on floor. Big Five Meet (2/27): Posted a 9.700 on floor. Ohio State Quad Meet (3/7): Recorded a season-high on vault with a 9.725 score. At Rutgers (3/13): Set a new career-high with a 9.775 on vault. At Big Ten Championship (3/20): Recorded a 9.750 score on floor and a 9.700 on vault. At NCAA Regional First Round (4/1): Closed out the season with a 9.700 on vault and a 9.500 on floor.

2020 – FRESHMAN SEASON

Season: Competed as a member of the vault lineup in eight meets...Performed five exhibition routines on beam...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Meet-by-Meet: Iowa (1/25): Registered a 9.725 on vault. **at Ohio State (2/14):** Collected a 9.700 on vault. **at Big Five Meet (2/22):** Notched a 9.750 on vault. **Florida (3/7):** Secured a 9.725 on vault.

Gymnastics Background:

Competed for Bluewater Gymnastics Club for Head Coach Liz Brubaker... Finished 12th in the all-around at Elite Canada 2018...Earned bronze on vault at the 2017 Elite Gym Massilia France Open Event Finals...Won the all-around at the 2017 Ontario Provincial Championships, while winning vault and finishing 13th in the all-around at the 2017 International Gymnix Challenge...Finished 10th in the all-around at the 2017 Canadian National Championships and 11th in all-around at the 2016 Canadian National Championships.

Personal:

Full name is Amy Bladon...Daughter of Joanne and Curt Bladon...Has a brother, Matthew...Majoring in science.

Why Penn State?

"I chose Penn State because I really connected with the enthusiastic coaching staff and welcoming gymnasts. Penn State is well-known for its academics, which is also important to me. On my first campus tour, as we were leaving campus that day, I said, 'I love this place!'"

CAREER BESTS

Event	Score	Date	Meet
Vault	9.775	3/13/20	at Rutgers
Balance Beam	9.775	2/21/21	Penn State Tri-Meet



JUNIOR • UB, BB, FX
Height: 5'2"

Hometown:
New Albany, Ohio

High School:
New Albany

Club:
Buckeye Gymnastics

Major:
Liberal Arts

ACCOLADES

2021

- Academic All-Big Ten
- Big Ten Distinguished Scholar

2020

- WCGA Academic All-American

BELLA ROMAGNANO

2021 - SOPHOMORE SEASON

Awards: Earned Academic All-Big Ten and Big Ten Distinguished Scholar honors.

Season: Competed in 10 meets for the Nittany Lions, setting career-highs on bars and beam.

Meet-by-Meet: Nebraska (1/23): Opened the season with a 9.750 on bars. Minnesota (1/30): Posted a 9.700 on bars and a 9.675 on beam. Maryland (2/5): Set a career-high with a 9.850 on bars to earn the event win. Illinois (2/13): Set a career-high on beam with a 9.825 score. Penn State Tri-Meet (2/21): Posted a 9.800 score on beam. Big Five Meet (2/27): Recorded a 9.800 score on beam and a 9.775 score on bars. Ohio State Quad Meet (3/7): Tied her career-high with a 9.825 score on beam. At Rutgers (3/13): Once again tied her career-high with a 9.825 score on beam. Big Ten Championships (3/20): Posted matching scores of 9.750 on bars and beam. At NCAA Regional First Round: Tied her career-high on bars with a 9.850 score.

2020 - FRESHMAN SEASON

Awards: Named WCGA Academic All-American.

Season: Competed in the beam lineup in all 10 meets...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Meet-by-Meet: **West Virginia (1/25):** Recorded a 9.725 on beam. **Rutgers (1/31):** Secured a 9.775 on beam. **at Illinois (2/7):** Notched a 9.800 on beam. **at Ohio State (2/14):** Registered a 9.725 on beam. **at Big Five Meet (2/22):** Collected a 9.750 on beam. **Florida (3/7):** Earned a career-high 9.825 on beam.

Gymnastics Background:

Competed for Buckeye Gymnastics for head coach Kittia Carpenter...Helped Buckeye Gymnastics to team championships at the Arnold Gymnastics Challenge in 2018 and Coaches Spectacular Team Championships in 2017

CAREER BESTS

Event	Score	Date	Meet
Uneven Bars	9.850	4/1/21	NCAA First Round
Balance Beam	9.825	3/13/21	Twice, Last: vs. Rutgers



2021 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



JUNIOR • ALL-AROUND

Height: 5'2"

Hometown:
Worcester, Mass.

High School:
Worcester Technical

Club:
**Daggett Gold Medal
Gymnastics**

Major:
Health and Human Development

ACCOLADES

2021

- All-Big Ten First Team
- Big Ten All-Championship Team
- Academic All-Big Ten

2020

- All-Big Ten Second Team

CASSIDY RUSHLOW

2021 - SOPHOMORE SEASON

Awards: First Team All-Big Ten Honoree...Academic All-Big Ten recipient...Big Ten All-Championship Team.

Season: Competed in all 11 meets for the Nittany Lions. Set career highs on all-around, bars, beam and floor.

Meet-by-Meet: Maryland (1/17): Opened the season by placing first in the all-around with a score of 39.100. Nebraska (1/23): Won the all-around with a 39.475...also won the individual titles on vault (9.875) and set a career-high on bars (9.925). At Minnesota (1/30): Placed third in the all-around with a score of 38.600. Maryland (2/5): Won the all-around with a career-high 39.475 score...also won the bars, beam and floor individual titles. Illinois (2/13): Placed second in the all-around with a 38.475 score. Penn State Tri-Meet (2/21): Finished third in the all-around with a score of 38.725. Big Five Meet (2/27): Recorded an eighth-place finish in the all-around with a score of 38.525. At Ohio State Quad Meet (3/7): Placed third in the all-around with a 38.625. At Rutgers (3/13): Finished third in the all-around with a score of 39.300...claimed the beam title with a score of 9.900. Big Ten Championship (3/20): Recorded an all-around score of 39.300, named to the All-Championship Team. At NCAA Regional Round 1 (4/1): Recorded an all-around score of 39.050. At NCAA Regional (Individual): Closed out the season with a 38.775 all-around score.

2020 - FRESHMAN SEASON

Awards: Earned All-Big Ten second-team honors...Collected the Ann Carr Award following the West Virginia (1/11) meet.

Season: Competed in the all-around in eight meets...Performed as a member of the vault, bars and beam lineups in all 10 meets...Competed in the floor lineup in eight meets...Performed one exhibition routine on floor...Won five event titles, including one in all-around, two on vault, one on bars and one on beam...Earned two scores of 9.900 on beam, a 9.900 on vault and a 9.925 on bars...The 2020 season was canceled on March 12 due to the COVID-19 pandemic.

Rankings: Ranked 39th in the country and 11th in the Big Ten in all-around with a 39.130 NQS (National Qualifying Score)...Held 63rd in the nation on beam with a 9.855 NQS.

Meet-by-Meet: at Collegiate Challenge (1/4): Recorded a 9.825 on beam, placing fifth overall. **West Virginia (1/11):** Captured the all-around and bars titles...Earned a 39.250 in all-around and a career-high 9.925 on bars...Placed second on beam with a 9.875...Added a 9.775 on floor. **at Nebraska (1/16):** Collected a 9.800 on bars...Registered a 9.750 on vault and beam. **Iowa (1/25):** Earned a 39.225 in all-around...Claimed the event title on beam with a career-high 9.900...Recorded a career-best 9.825 on floor...Added a 9.800 on bars. **Rutgers (1/31):** Secured a 39.250 in all-around...Matched her career-high with a 9.900 on beam, finishing second...Placed third on bars with a 9.850...Added

CAREER BESTS

Event	Score	Date	Meet
All-Around	39.475	2/5/21	at Minnesota
Vault	9.900	2/22/20	at Big Five Meet
Uneven Bars	9.925	1/23/21	Twice, Last: Nebraska
Balance Beam	9.925	2/5/21	at Maryland
Floor Exercise	9.875	2/5/21	at Maryland



CASSIDY RUSHLOW

a 9.750 on vault and floor. **at Illinois (2/7):** Notched a 39.025 in all-around... Captured the vault title with a 9.825...Added a 9.775 on bars. **at Ohio State (2/14):** Recorded a 9.825 on bars, finishing second...Collected a 9.800 on beam, placing second. **at Big Five Meet (2/22):** Earned a career-high 39.300 in all-around, placing sixth...Secured a career-high 9.900 on vault, finishing fourth...Recorded a 9.850 on bars, placing ninth, and a 9.825 on beam, placing sixth. **PSU Quad Meet (2/29):** Won the vault title with a 9.850... Registered a 9.850 on bars, finishing second. **Florida (3/7):** Notched a 9.850 on vault...Collected a 9.825 on bars.

Gymnastics Background:

Competed for Daggett Gold Medal Gymnastics for coaches Marlyce Morace and Andrew Leis...Won the all-around, vault, bars and floor events, while placing second on beam at the 2019 Regional Championships...Claimed the all-around, vault and beam titles, while finishing third on bars and fourth on floor at the 2019 Massachusetts State Championships...Was a 2018 Junior Olympics National Qualifier where she placed 11th on beam (9.475) and 16th on vault (9.600)...Won the bars (9.650) at the 2018 Regional Championships, while finishing second on vault, 11th on beam and seventh in the all-around... Won the vault (9.725) at the 2017 State Championships, placing fourth on beam and eighth in the all-around.

Personal:

Full name is Cassidy Rushlow...Daughter of Christine and Donald Rushlow... Has two sisters, Alison and Kelsie...Majoring in health and human development.

Why Penn State?

"I chose Penn State because from the moment I stepped onto campus, and got a chance to look at what the school was like, it immediately felt like home. Coming from Daggett Gymnastics, I think they've prepared me well for the next chapter in my gymnastics career. I am very grateful for the opportunity to attend Penn State."



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



SOPHOMORE • ALL-AROUND
Height: 5'2"

Hometown:
York, Pa.

High School:
York Suburban

Club:
Hanover Gymnastics

Major:
Earth and Mineral Sciences

MAGGIE AYERS

2021- FRESHMAN SEASON

Season: Competed in 11 meets for the Nittany Lions.

Meet-by-Meet: Maryland (1/17): Opened the season with a 9.725 on bars. Nebraska (1/23): Recorded a score of 9.775 on floor. Minnesota (1/30): Posted a 9.700 on floor. At Maryland (2/5): Recorded a score of 9.650 on floor. At Illinois (2/13): Posted a score of 9.650 on floor. At Big Five Meet (2/27): Added a 9.550 score on floor exercise. At Rutgers (3/13): Recorded a vault score of 9.725. At Big Ten Championships (3/20): Posted a score of 9.775 on vault. At NCAA Regional First Round (4/1): Set a career-high with a 9.800 score on vault.

Gymnastics Background:

Ayers competed as a member of the Hanover Gymnastics club for coaches Minyoung Kwon and Lisa Pratt...Won the 2018 Pennsylvania Level 10 beam title...Qualified for the Level 10 Pennsylvania state championships in 2018 and 2019...Competed in the Level 10 regional championships in 2018 and 2019...Led her team to first-place finishes at the 2020 Chicago Style meet and 2019 Hard Rock Classic and Katie Baldwin Invitational Meets.

Personal

Full name is Margaret Sharon Ayers...Daughter of Matthew and Penny Ayers...Has three sisters, Katie, Ava and Lucy, and a brother, Anthony...Planning to major in earth and mineral sciences...Born on May 6, 2002 in Harrisburg, Pennsylvania.

Why Penn State?

"After visiting several schools and seeing their programs, Penn State stood out to me as far superior in many aspects. Having my mother as an alumna of Penn State, I was already familiar with the beautiful campus and high standard of academics. Penn State's unparalleled characteristics made the decision of where to go easy."

CAREER BESTS

Event	Score	Date	Meet
Vault	9.800	4/1/21	NCAA First Round
Uneven Bars	9.725	1/17/21	Maryland
Balance Beam	9.125	1/23/21	Nebraska
Floor Exercise	9.775	1/23/21	Nebraska



FRESHMAN • ALL-AROUND

Height: 5'5"

Hometown:
Ellicott City, Md.

High School:
River Hill

Club:
Hill's Gymnastics

Major:
Undecided

NATALIE

CROSS

2021 - FRESHMAN SEASON

Season: Competed in all 11 meets for the Nittany Lions.

Meet-by-Meet: Maryland (1/17): Opened the season with a 9.875 score on beam, a 9.850 on vault and a 9.750 on bars. Nebraska (1/23): Posted a 9.800 score on bars and a 9.725 on vault. At Minnesota (1/30): Set a career-high with a 9.825 score on bars. At Maryland (2/5): Matched her career-high on bars with a 9.825 score. Illinois (2/13): Recorded a score of 9.800 on bars and 9.750 on vault. Penn State Tri-Meet (2/21): Matched her career-high with a 9.825 score on bars and recorded a 9.800 score on beam. At Big Five Meet (2/27): Set a career-high on beam with a score of 9.900 and matched her career-high on bars with a 9.825. At Ohio State Quad Meet (3/7): Recorded a 9.800 on bars and 9.775 scores on vault and beam. At Big Ten Championship (3/20): Posted a 9.825 score on bars and a 9.800 score on vault. At NCAA Regional First Round (4/1): Ended the season with a 9.800 on bars, 9.750 on vault and a 9.750 on beam.

Gymnastics Background:

Competed with Hill's Gymnastics for coaches Cynthia Smaha and Teri Boyden... Led her team to four straight titles at Level 10 Maryland State Championships... Earned first place in all-around at the Level 10 Maryland State Championships in 2017, 2019 and 2020... Won the event titles on bars, beam and floor at the 2019 and 2020 championships... Qualified for Junior Olympic Nationals four times and Level 10 Regionals five times... Selected for the Region 7 All Star team in 2018, 2019 and 2020... Placed seventh on bars at the 2019 and 2020 Junior Olympic National Championships.

Personal:

Full name is Natalie Cross... Daughter of Mark Cross and Diana Vasilakis... Has a brother, Caleb... Undecided on a major... Born on October 23, 2001 in Rockville, Maryland.

Why Penn State?

"I chose Penn State because it has both amazing academics and athletics. I loved the campus, the school spirit, and the entire community of welcoming people that surround the school."

CAREER BESTS

Event	Score	Date	Meet
Vault	9.850	1/17/21	Maryland
Uneven Bars	9.825	4/1/21	5x, Last: NCAA First Round at Ohio State
Balance Beam	9.900	2/27/21	


FRESHMAN • ALL-AROUND
 Height: 5'5"

 Hometown:
Boyds, Md.

 High School:
Poolesville

 Club:
Hill's Gymnastics

 Major:
Engineering

MADDIE JOHNSTON

2021 - FRESHMAN SEASON

Season - Competed at all 11 meets for the Nittany Lions including two all-around appearances.

Meet-by-Meet: Maryland (1/17): Opened the season with a 9.875 on bars, a 9.825 on beam and a 9.775 on vault. Nebraska (1/23): Recorded 9.775 scores on vault and beam. At Minnesota (1/30): Set a career-high on vault with a 9.825 score and scored a 9.800 on bars. At Maryland (2/5): Recorded a 9.850 on beam and a 9.800 on bars. Illinois (2/13): Posted a 9.775 score on bars. Penn State Tri-Meet (2/21): Recorded a 9.825 score on beam and a 9.800 score on bars. At Big Five Meet (2/27): Set a career-high on beam with a 9.875 score. At Ohio State Quad Meet (3/7): Posted a 9.800 score on bars and a 9.775 score on beam. At Rutgers (3/13): Recorded 9.800 scores on vault and beam. At Big Ten Championships (3/20): Poste an all-around score of 39.150... recorded a career-high on bars with a 9.875. At NCAA Regional First Round (4/1): Closed out the season with a 9.775 score on beam.

Gymnastics Background:

Competed with Hill's Gymnastics for coaches Cynthia Smaha and Teri Boyden...Led Hill's Gymnastics to team titles at the Level 10 Maryland State Championships in 2019...Earned event titles in all-around and on bars and floor at the 2019 Level 10 Maryland State Championships...Swept the event titles at the 2019 Level 10 Regionals...Competed at the 2019 World Junior Olympic National Championships, placing second in all-around, second on beam, fourth on bars and seventh on floor...Participated in the 2019 Nastia Liukin Cup, placing third on bars...Competed in the 2018 U.S. Gymnastics Championships and 2018 GK U.S. Classic...Participated in the 2018 American Classic, finishing third in all-around, second on vault, fifth on floor, sixth on bars and seventh on beam...Competed at the P&G Championships in 2016 and 2017, placing second on vault both years...Participated in the 2017 U.S. Classic, 2016 Secret U.S. Classic and 2015 Hopes Championships.

Personal:

Full name is Madeleine Christine Johnston...Daughter of Betsy and Matt Johnston...Has a brother, Ryan...Planning to major in engineering...Born on May 28, 2002 in Washington, D.C.

Why Penn State?

"I chose Penn State because of the spirited atmosphere, beautiful campus, awesome gymnastics coaches and team, and the variety of majors it offers."

CAREER BESTS

Event	Score	Date	Meet
All-Around	39.125	3/13/21	at Rutgers
Vault	9.825	1/30/21	at Minnesota
Uneven Bars	9.875	3/20/21	Big Ten Championship
Balance Beam	9.875	2/27/21	Big Five Meet
Floor Exercise	9.725	3/20/21	Big Ten Championship

**FRESHMAN • ALL-AROUND**

Height: 5'7"

Hometown:
Dayton, OhioHigh School:
Ohio Connections AcademyClub:
Cincinnati GymnasticsMajor:
Engineering

MAGGIE MACE

2021 - FRESHMAN SEASON**Season:** Did not see action.**Gymnastics Background:**

Competed with Cincinnati Gymnastics for head coach Rachael Tracy... Finished fifth on vault, bars, floor and all-around at the 2020 California Grand Invitational...Earned third on bars at the 2020 Elevate the Stage meet...Placed second on bars at the 2019 Ohio State championships...Led her team to a 2018 Ohio State Championship while placing third on bars...Served as a 2018 Junior Olympic Nationals alternate and qualified for the 2016 Junior Olympic Nationals...Earned the 2017 Ohio State Championships All-Around Title while finishing second on bars, fourth on beam and floor and fifth on vault... Graduated a year early from high school.

Personal:

Full name is Marguerite Linda Mace...Daughter of Gina and Chris Mace...Has a sister, Mackenzie...Planning to major in Chemical Engineering to pursue a career in manufacturing new medicines and medical devices...Born on June 2, 2003 in Canton, Michigan.

Why Penn State?

"I chose Penn State because when I stepped on campus, it felt like home and



FRESHMAN

Hometown:
Westerville, Ohio

High School:
Genoa Christian Academy

Club:
Buckeye Gymnastics

Major:
Criminology

NIKKI BECKWITH

Gymnastics Background:

Competed as a member of Buckeye Gymnastics under coach Kittia Carpenter... Qualified for nationals and won bars at states two times...team state champion.

Personal

Full name is Nikki Beckwith...Daughter of Fiona and Peter Beckwith ...Has one sister (Lauren)...Planning to major in criminology...Born April 3, 2003 in Columbus, Ohio.

Why Penn State?

"I loved the campus, the gymnastics team and coaches, as well as the amazing academics. "



FRESHMAN

Hometown:
Port Matilda, Pa.

High School:
Bald Eagle Area

Club:
Centre Elite Gymnastics

Major:
Kinesiology

ANASTASIA FRANK

Gymnastics Background:

Frank competed for the Centre Elite Gymnastics club for coaches Tracy Longenecker, Jen Bortz, Rene Lyst and Rob Drass...Level 8- PA state All Around runner up. Regional Qualifier placing 6th All Around at Regionals...Level 9- PA State (6th on vault) and Regional Qualifier (6th on vault, 13 AA)...Level 10 -PA State and Regional Qualifier.

Personal:

Full name is Anastasia Sarah Frank...Daughter of Adam and Renee Frank... Has two siblings (brother Avery and sister Alexis)...Planning to major in Kinesiology...Born August 9, 2003 in Virginia.

Why Penn State?

"I love the environment and the feeling that comes with being here. Everyone acts like family and the passion everyone has for Penn State really shows. The amazing coaching staff and team makes me feel like this is where I was meant to be. Growing up, going to Penn State and doing gymnastics was always a dream. Becoming a Nittany Lion was something that I have wanted to do ever since I was little."



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



FRESHMAN

Hometown:
West Chester, Ohio

High School:
The Summit County Day School

Club:
Cincinnati Gymnastics Academy

Major:
DUS



FRESHMAN

Hometown:
West Hartford, Conn.

High School:
Hall

Club:
Gymnastics Express

Major:
DUS

GRACE HARRELL

Gymnastics Background

Competed as a member of Cincinnati Gymnastics Academy under coaches Rachel Tracy Gardner, Devin Wright and Cassie Whitcomb Sheets...2021 Ohio State runner-up...2021 Regional Qualifier...2021 National Qualifier...2019 Ohio State Bars Champion...2019 Ohio State Vault runner-up...2021 Ohio State team runner-up...2019 Ohio State team runner-up...2018 Ohio State team champion.

Personal

Full name is Grace Harrell...Daughter of Crystal and Steve Harrell...Has a twin sister (Hailey)...Major is undecided...Born November 15, 2002 in Cincinnati, Ohio.

Why Penn State?

"I chose Penn State because I wanted to go somewhere that wanted me just as bad as I wanted them and I felt that Penn State fit the description perfectly. At the end of the day, it just felt right and fell perfectly into place. I could not be more grateful. Along with the amazing gymnastics program, there are countless other opportunities that will help me succeed academically and set a strong foundation for my future endeavors."

JESSICA JOHANSON

Gymnastics Background:

Johanson was a member of the Gymnastics Express under coach Maureen Chagnon...Level 10 National qualifier 2017, 2018, 2019, 2021...2021 Level 10 Nationals bars- 4th place...2021 Level 10 Nationals bars- 4th place.

Personal:

Full name is Jessica Johanson...Daughter of Glenn and Mindy Johanson... Has two siblings (sister Ashley and brother Jadon)...Major is undecided...Born August 10, 2003 in Hartford, Conn.

Why Penn State?

"I chose Penn State for the atmosphere and spirit of the gymnastics program. As soon as I met the coaches and the team, I knew that this is where I want to continue my athletic and academic career."



2022 PENN STATE WOMEN'S GYMNASTICS

2022 NITTANY LIONS ROSTER



FRESHMAN

Hometown:
Arlington, Texas

High School:
Laurel Springs Online

Club:
Texas Dreams Gymnastics

Major:
DUS

ISABELLA SALCEDO

Gymnastics Background:

Was a member of the Texas Dreams Gymnastics club under coaches Alicia Browning, Kait Dewey, Marcus Harlin and Ned Lang...Nastia Liukin vault champion 2018...2018 National team member...2018 vault state champion...2018 regional bar and AA champion...2019 National vault champion.

Personal:

Full name is Isabella Salcedo...Daughter of Kristina and Christopher Salcedo...Has two sisters, Samantha and Amanda...Intends to major in business management...Born on February 14, 2003 in San Diego, California.

Why Penn State?

"I chose Penn State for the academic prestige and amazing businesses program. I loved the coaching staff and environment provided by the University."

ELINA VIHROVA

Gymnastics Background:

Vihrova competed at the International Gym in Latvia for head coach Igors Vihrovs...Is a member of the Latvia National Team...Has won multiple national championships in Latvia, including gold medals in all events at the 2019 Latvian Championships...Competed at the 2018 World Championships in Doha, Qatar and the 2019 World Championships in Stuttgart, Germany...Has competed in four European Championships and one European Games.

Personal:

Full name is Elina Vihrova...Daughter of Igors Vihrovs and Inna Vihrova...Has a sister, Milana...Father, Igors, won gold in floor exercise at the 2000 Olympics in Sydney, Australia...Undecided on a major, but plans to pursue a career in business...Born on June 27, 2002 in Riga, Latvia.

Why Penn State?

"Because of an excellent academic program and amazing gymnastics team and coaches."



FRESHMAN

Hometown:
Riga, Latvia

High School:
RTLG

Club:
IGYM Latvia

Major:
Business



FRESHMAN

Hometown:
Pittsburgh, Pa.

High School:
Seneca Valley

Club:
Xquisite Gymnastics

Major:
DUS

OLIVIA YARUSSI

Gymnastics Background:

Was a member of the Xquisite Gymnastics under coach Lindsey Stancil...Level 10 Regional qualifier.

Personal:

Full name is Olivia Yarussi...Daughter of Melanie Yarussi...Has one sibling (brother Owen)...Born October 22, 2002 in Pittsburgh, Pa.

Why Penn State?

"The University provides an abundance of resources to ensure academic and athletic excellence that will lead to success in the future. The values and feeling of family from the gymnastics team was also a selling point for me and the campus is beautiful.””



2021 INDIVIDUAL/TEAM RESULTS

Date - Opponent	Event Order	V	UB	BB	FX	TEAM
Jan. 17 - No. 28 Maryland	V, UB, BB, FX	48.950	48.250	48.250	48.425	193.875
Jan. 23 - No. 29 Nebraska*	V, UB, BB, FX	48.875	48.975	48.025	49.225	195.100
Jan. 30 - at No. 13 Minnesota*	UB, V, FX, BB	48.600	49.100	48.000	49.050	194.750
Feb. 5 - at No. 28 Maryland*	UB, V, FX, BB	48.875	49.125	49.000	49.000	196.000
Feb. 13 - No. 20 Illinois*	V, UB, BB, FX	48.500	49.125	48.900	48.750	195.275
Feb. 21 - No. 22 Ohio State*, No 29 Maryland	V, UB, BB, FX	48.500	49.250	49.100	49.075	195.925
Feb. 26 - vs. No. 9 Iowa, No. 8 Michigan, No. 27 Michigan State, Rutgers*BB, FX, V, UB		48.875	49.325	49.225	48.425	195.850
Mar. 5 - at No. 24 Ohio State	UB, BB, FX, V	48.850	49.200	49.075	48.125	195.250
Mar. 13 - at Rutgers	UB, V, FX, BB	48.975	48.900	48.725	48.725	195.325
Mar. 20 - Big Ten Championships	BB, FX, V, BB	49.000	49.150	48.600	48.715	195.475

SEASON HIGH IN BOLD

* Indicates Big Ten Conference Meet

Rankings based on RoadToNationals Rankings

2021 TOP TEN PERFORMANCES

Vault (Rowland/Personett, 10.0)

Cassidy Rushlow	9.875	1/23
Alissa Bonsall	9.850	1/23
Natalie Cross	9.850	1/17
Alissa Bonsall	9.850	3/7
Cassidy Rushlow	9.850	3/7
Cassidy Rushlow	9.850	3/20
Cassidy Rushlow	9.825	2/5
Maddie Johnston	9.825	1/30
Alissa Bonsall	9.825	1/17
Cassidy Rushlow	9.825	1/17
Cassidy Rushlow	9.825	2/27
Alissa Bonsall	9.825	2/27
Alissa Bonsall	9.825	3/13
Cassidy Rushlow	9.825	3/13

Uneven Bars (Bridgens, 10.0)

Alissa Bonsall	9.950	4/2
Ava Verdeflor	9.950	2/27
Alissa Bonsall	9.925	2/27
Ava Verdeflor	9.925	4/2
Cassidy Rushlow	9.925	1/23
Alissa Bonsall	9.900	2/21
Ava Verdeflor	9.900	1/23
Cassidy Rushlow	9.900	3/20
Alissa Bonsall	9.875	3/7
Ava Verdeflor	9.875	3/7
Ava Verdeflor	9.875	2/21
Alissa Bonsall	9.875	2/13
Cassidy Rushlow	9.875	4/2
Cassidy Rushlow	9.875	1/30
Maddie Johnston	9.875	3/20

Balance Beam(Leopoldus/Rowland/Smith, 10.0)

Cassidy Rushlow	9.925	2/5
Natalie Cross	9.900	2/27
Cassidy Rushlow	9.900	3/13
Cassidy Rushlow	9.900	3/20
Maddie Johnston	9.875	2/27
Melissa Astarita	9.875	3/7
Natalie Cross	9.875	1/17
Ava Verdeflor	9.875	2/13
Melissa Astarita	9.850	2/21
Maddie Johnston	9.850	2/5
Ava Verdeflor	9.850	3/13

Floor Exercise (Casey, 10.0)

Melissa Astarita	9.925	1/23
Melissa Astarita	9.900	2/21
Melissa Astarita	9.875	4/2
Melissa Astarita	9.875	3/7
Alissa Bonsall	9.875	2/21
Alissa Bonsall	9.875	3/13
Cassidy Rushlow	9.875	2/5
Melissa Astarita	9.875	1/30
Erynne Allen	9.875	1/23
Melissa Astarita	9.875	1/17

Melissa Astarita	9.850	2/13
Melissa Astarita	9.850	3/20
Alissa Bonsall	9.850	2/5
Alissa Bonsall	9.850	1/30
Cassidy Rushlow	9.850	1/23
Erynne Allen	9.850	1/17

All-Around	(Rowland, 39.775)
Cassidy Rushlow	39.475
Cassidy Rushlow	39.475
Cassidy Rushlow	39.300
Cassidy Rushlow	39.300
Maddie Johnston	39.150
Cassidy Rushlow	39.100
Cassidy Rushlow	38.725
Cassidy Rushlow	38.625
Cassidy Rushlow	38.600
Cassidy Rushlow	38.525



2022 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL SCHOOL RECORDS

VAULT			BALANCE BEAM			ALL-AROUND		
1. 10.0	Brandi Personett	2/13/2010	Natalie Ettl	3/7/2010	Natalie Ettl	3/1/2008	Brandi Personett	3/1/2008
	Brandi Personett	1/23/2010	Katie McAvoy	2/6/2010	Katie McAvoy	2/24/2007	Brandi Personett	2/24/2007
	Katie Rowland	3/29/2003	Katie Rowland	3/1/2003	Katie Rowland	2/6/2004	Kate Stopper	4/12/2003
5. 9.975	Katie Rowland	2/16/2003	Katie Rowland	2/2/2002	Katie Rowland	4/12/2003	Katie Rowland	3/1/2003
	Emma Sibson	3/8/2014	Katie Rowland	3/16/2002	Katie Rowland	3/1/2003	Katie Rowland	2/16/2003
	Sharaya Musser	3/7/2010	Katie Rowland	2/17/2001	Katie Rowland	2/1/2003	Katie Rowland	2/1/2003
	Brandi Personett	2/2/2008	Maria Taylor	2/23/2001	Katie Rowland	3/16/2002	Katie Rowland	3/16/2002
9. 9.950	Katie Rowland	3/8/2003	Nikki Smith	3/13/1999	Katie Rowland	2/23/2001	Katie Rowland	2/23/2001
1/31/2015	Briannah Tsang						Leslie Bair	2/3/2001
	Krystal Welsh	1/31/2015					Richelle Simpson	2/23/2001
1/17/2015	Briannah Tsang						Heather Duggan	2/19/2000
2/8/2014	Emma Sibson						Missy Leopoldus	3/14/1998
	Madison Merriam	3/16/2013					Ellen Casey	1999
	Madison Merriam	2/16/2013					Ellen Casey	2/28/1998
	Sharaya Musser	3/17/2012					Ellen Casey	3/16/1997
	Sharaya Musser	3/2/2012						
	Sharaya Musser	1/15/2012						
	Sharaya Musser	2/11/2011						
	Sharaya Musser	3/20/2010						
	Brandi Personett	4/10/2010						
	Brandi Personett	2/20/2010						
	Brandi Personett	2/13/2009						
	Brandi Personett	1/30/2009						
	Brandi Personett	3/29/2008						
	Brandi Personett	3/31/2007						
	Jennifer Orlando	2/25/2006						
	Lisa Clark	2/13/2005						
	Lisa Clark	4/3/2004						
	Katie Rowland	4/12/003						
	Katie Rowland	2/7/2003						
	Katie Rowland	1/11/2003						
	Katie Rowland	3/23/2002						
	Katie Rowland	3/9/2002						
	Katie Rowland	2/15/2002						
	Katie Rowland	3/10/2001						
	Gemma Cuff	3/2/2000						
	Gemma Cuff	2/28/1998						
	Joanna Knox	3/25/1995						
UNEVEN BARS			FLOOR EXERCISE			NOTES: Listed based on most recent performance.		
1. 10.0	Lauren Bridgens	3/9/2018	1. 10.0	Ellen Casey	2/19/1999			
2. 9.975	Natalie Ettl	2/18/2011	2. 9.975	Katie Rowland	3/14/2003			
	Katie Perret	3/16/2007		Gemma Cuff	2/23/2001			
4. 9.950	Ava Verdeflor	2/27/2021		Ellen Casey	1999			
	Sabrina Garcia	1/19/2019	5. 9.950	Lauren Bridgens	1/25/2020			
	Sabrina Garcia	1/21/2017		Briannah Tsang	3/24/2018			
	Sabrina Garcia	1/7/2017		Briannah Tsang	2/24/2018			
	Kiera Brown	3/19/2016		Briannah Tsang	3/5/2017			
	Kiera Brown	1/9/2016		Emma Sibson	3/8/2015			
	Krystal Welsh	3/8/2015		Sharaya Musser	3/17/2012			
	Madison Merriam	2/23/2013		Sharaya Musser	3/4/2011			
	Natalie Ettl	2/6/2011		Brandi Personett	2/18/2011			

TEAM SCHOOL RECORDS

VAULT			BALANCE BEAM			FLOOR EXERCISE		
1. 49.550	at Illinois	1/31/2015	49.350	New Hampshire	1/20/2001	1. 49.725	Massachusetts	2/23/2001
2. 49.500	Cornell, Iowa, Yale	1/23/2010	49.350	NCAA Regionals	4/10/1999	2. 49.550	Pittsburgh	2/3/2001
	49.500 at NCAA Regionals	4/3/2004	49.350	Alabama	2/19/1999	3. 49.525	New Hampshire, Penn, Temple	
	49.500 at West Virginia w/ Rutgers	2/16/2003				3/9/2013		
5. 49.475	Kentucky	3/16/2013				49.525	Florida	1/30/1999
	49.475 at West Virginia w/ Ball State					5. 49.500	Alabama	2/19/1999
2/13/2005						6. 49.450	at Pittsburgh	3/11/2012
7. 49.450	at N.H. w/Bridgeport, G. Wash.					7. 49.425	Central Michigan	4/5/2014
3/8/2014						49.425	Iowa, Mich., Minn., Rutgers	3/22/2014
49.450	Iowa State, Penn, SUNY-Brockport	2/28/2015				49.425	Big Ten Championships	3/21/2009
9. 49.425	Nebraska, Rutgers, Yale	2/10/2006				49.425	at Big Ten Championships	1/29/2005
10. 49.400	at Pittsburgh	2/13/2010				49.425	Maryland	
UNEVEN BARS			BALANCE BEAM			FLOOR EXERCISE		
1. 49.500	Massachusetts	2/23/2001	1. 49.650	at Rhode Island	2/17/2001	1. 49.725	Massachusetts	2/23/2001
2. 49.475	at BYU, TWU & Utah State	3/9/2018	2. 49.550	Big Ten Championships	3/18/2000	2. 49.550	Pittsburgh	2/3/2001
3. 49.425	Nebraska	3/1/2003	3. 49.425	Central Michigan	1/24/2004	3. 49.525	New Hampshire, Penn, Temple	
4. 49.375	at Michigan State	2/4/2018	4. 49.375	Iowa, Mich., Minn., Rutgers	3/12/2016	4. 49.525	Florida	1/30/1999
	49.375 at Maryland Quad	2/18/2011		49.375 at N.H. w/Bridgeport, G. Wash.		5. 49.500	Alabama	2/19/1999
	49.375 at Arizona w/ Kentucky, TWU					6. 49.450	at Pittsburgh	3/11/2012
3/16/2007						7. 49.425	NCAA Regionals	4/5/2014
49.375	at Rhode Island	2/17/2001				49.425	Big Ten Championships	3/22/2014
8. 49.350	Michigan State	2/23/2013				49.425	at Big Ten Championships	3/21/2009
	49.350 Maryland	3/17/2012				49.425	Maryland	1/29/2005
	49.350 at Big Ten Championships	3/27/2010						
	49.350 Illinois	2/6/2010						
	49.350 at Pittsburgh	3/18/2006						
	49.350 at New Hampshire	3/6/2004						



INDIVIDUAL NCAA CHAMPIONSHIPS RECORDS

VAULT

1.	9.925	Allison Barber	4/24/1992
2.	9.900	Sharaya Musser	4/22/2010
	9.900	Whitney Bencsko	4/16/2009
	9.900	Missy Leopoldus	4/17/1997
5.	9.875	Brandi Personett	4/22/2010
	9.875	Lisa Clark	4/15/2004
	9.875	Ellen Casey	4/17/1997
8.	9.850	Sharaya Musser	4/19/2013
	9.850	Danielle Hoover	4/16/2009
	9.850	Allison Barber	4/15/1993

UNEVEN BARS

1.	9.875	Lauren Bridgens	4/20/2018
	9.875	Sharaya Musser	4/19/2013
	9.875	Alexandra Brockway	4/16/2009
4.	9.850	Sharaya Musser	4/20/2012
	9.850	Brandi Personett	4/24/2008
	9.850	Joanna Knox	4/16/1998
	9.850	Ellen Casey	4/22/1999
	9.850	Gemma Cuff	4/16/1998
9.	9.825	Sharaya Musser	4/22/2010
	9.825	Brandi Personett	4/22/2010
	9.825	Danielle Hoover	4/16/2009
	9.825	Missy Leopoldus	4/16/1998
	9.825	Missy Leopoldus	4/25/1996

BALANCE BEAM

1.	9.900	Sharaya Musser	4/20/2012
2.	9.875	Sharaya Musser	4/19/2013
	9.875	Brandi Personett	4/22/2010
	9.875	Brandi Personett	4/26/2008
5.	9.850	Sabrina Garcia	4/14/2017
	9.850	Sharaya Musser	4/22/2010
	9.850	Brandi Personett	4/24/2008
	9.850	Nikki Smith	4/22/1999
9.	9.8375	Brandi Personett	4/24/2010
	9.825	Nikki Smith	4/13/2000

FLOOR EXERCISE

1.	9.900	Briannah Tsang	4/14/2017
	9.900	Brandi Personett	4/24/2010
	9.900	Brandi Personett	4/22/2010
	9.900	Gemma Cuff	4/13/2000
4.	9.8875	Brandi Personett	4/18/2009
5.	9.875	Sharaya Musser	4/22/2010
	9.875	Brandi Personett	4/16/2009
	9.875	Lisa Clark	4/21/2005
	9.875	Ellen Casey	4/22/1999
9.	9.850	Lindsay Musgrove	4/18/2014
	9.850	Krystal Welsh	4/18/2014
	9.850	Sharaya Musser	4/19/2013
	9.850	Sharaya Musser	4/20/2012
	9.850	Katie Rowland	4/24/2003
	9.850	Nikki Smith	4/13/2000
	9.850	Nikki Smith	4/22/1999
	9.850	Ellen Casey	4/16/1998
	9.850	Leigh Cappello	4/20/1995

ALL-AROUND

1.	39.450	Sharaya Musser	4/19/2013
2.	39.300	Sharaya Musser	4/20/2012
	39.300	Whitney Bencsko	4/16/2009
4.	39.2125	Lauren Bridgens	4/20/2018
5.	39.200	Brandi Personett	4/16/2009
	39.200	Ellen Casey	4/22/1999
7.	39.175	Gemma Cuff	4/13/2000
8.	39.150	Sidney Sanabria-Robles	4/18/2014
	39.150	Krystal Welsh	4/18/2014
	39.150	Nikki Smith	4/22/1999
	39.150	Missy Leopoldus	4/17/1997

NOTES: Listed based on most recent performance.

NCAA CHAMPIONSHIP RECORDS

VAULT

1.	49.100	Lincoln, Neb.	4/16/2009
2.	48.925	Birmingham, Ala.	4/18/2014
3.	48.850	Auburn, Ala.	4/21/2005
4.	48.800	Boise, Idaho	4/13/2000
	48.800	Gainesville, Fla.	4/17/1997
6.	48.550	Salt Lake City	4/22/1999
7.	48.475	Athens, Ga.	4/20/1995
8.	48.450	Los Angeles	4/16/1998
9.	48.300	Tuscaloosa, Ala.	4/19/1991
10.	48.250	Tuscaloosa, Ala.	4/25/1996

UNEVEN BARS

1.	49.125	Los Angeles	4/16/1998
2.	49.075	Lincoln, Neb.	4/16/2009
3.	48.950	Salt Lake City	4/22/1999
4.	48.925	Auburn, Ala.	4/21/2005
5.	48.650	Birmingham, Ala.	4/18/2014
6.	48.575	Gainesville, Fla.	4/17/1997
	48.575	Athens, Ga.	4/20/1995
8.	48.550	Boise, Idaho	4/13/2000
9.	48.425	Tuscaloosa, Ala.	4/25/1996
10.	48.400	St. Paul, Minn.	4/24/1992

BALANCE BEAM

1.	48.900	Lincoln, Neb.	4/16/2009
2.	48.825	Boise, Idaho	4/13/2000
3.	48.600	Salt Lake City	4/22/1999
4.	48.425	Los Angeles	4/16/1998
5.	48.325	Gainesville, Fla.	4/17/1997
6.	48.275	Athens, Ga.	4/20/1995
7.	48.125	Auburn, Ala.	4/21/2005
8.	48.075	Birmingham, Ala.	4/18/2014
9.	47.975	St. Paul, Minn.	4/24/1992
10.	47.800	Tuscaloosa, Ala.	4/25/1996

TEAM

1.	196.100	Lincoln, Neb.	4/16/2009
2.	195.350	Boise, Idaho	4/13/2000
3.	194.975	Auburn, Ala.	4/21/2005
4.	194.825	Birmingham, Ala.	4/18/2014
5.	194.775	Salt Lake City	4/22/1999
6.	194.625	Los Angeles	4/16/1998
7.	194.300	Gainesville, Fla.	4/17/1997
8.	194.150	Athens, Ga.	4/20/1995
9.	192.775	St. Paul, Minn.	4/24/1992
10.	192.700	Tuscaloosa, Ala.	4/25/1996
	192.700	Corvallis, Ore.	4/15/1993

FLOOR EXERCISE

1.	49.175	Birmingham, Ala.	4/18/2014
	49.175	Boise, Idaho	4/13/2000
3.	49.075	Auburn, Ala.	4/21/2005



2022 PENN STATE WOMEN'S GYMNASTICS

INDIVIDUAL NCAA REGIONALS RECORDS (SINCE 2000)

VAULT

1.	9.950	Brandi Personett	4/10/2010
	9.950	Lisa Clark	4/3/2004
	9.950	Katie Rowland	4/12/2003
4.	9.925	Sharaya Musser	4/7/2012
5.	9.900	Lauren Bridgens	4/7/2018
	9.900	Sidney Sanabria-Robles	4/5/2014
	9.900	Emma Sibson	4/5/2014
	9.900	Sharaya Musser	4/2/2011
	9.900	Brandi Personett	4/14/2007
	9.900	Meredith Hoover	4/3/2004
	9.900	Jennifer Orlando	4/3/2004
	9.900	Genavieve Shingle	4/3/2004
	9.900	Katie Rowland	4/6/2002

UNEVEN BARS

1.	9.950	Alissa Bonsall	4/2/2021
2.	9.925	Ava Verdeflor	4/2/2021
3.	9.900	Sabrina Garcia	4/5/2019
	9.900	Sabrina Garcia	4/1/2017
	9.900	Kristal Uzelac	4/9/2005
6.	9.875	Kassidy Stauder	4/5/2014
	9.875	Natalie Ettl	4/10/2010
	9.875	Michelle Ilg	4/3/2004
	9.875	Katie McAvoy	4/12/2003
10.	9.850	Alissa Bonsall	4/5/2019
	9.850	Lauren Bridgens	4/5/2019
	9.850	Lauren Bridgens	4/7/2018
	9.850	Briannah Tsang	4/7/2018
	9.850	Kristen Politz	4/1/2017
	9.850	Briannah Tsang	4/4/2016
	9.850	Krystal Welsh	4/4/2015
	9.850	Alex Witt	4/5/2014
	9.850	Sidney Sanabria-Robles	4/6/2013
	9.850	Sharaya Musser	4/7/2012
	9.850	Madison Merriam	4/2/2011
	9.850	Sharaya Musser	4/2/2011
	9.850	Alex Stine	4/2/2011
	9.850	Katie Perret	4/14/2007
	9.850	Kelly Streicher	4/3/2004
	9.850	Cecile Allen	4/3/2004
	9.850	Katie Rowland	4/7/2001

BALANCE BEAM

1.	9.900	Jessie Bastardi	4/5/2019
	9.900	Meredith Hoover	4/12/2003
3.	9.875	Tess McCracken	4/5/2019
	9.875	Sharaya Musser	4/2/2011
	9.875	Brandi Personett	4/10/2010
	9.875	Corissa Pirkle	4/3/2004
7.	9.850	Lauren Bridgens	4/5/2019
	9.850	Mason Hosek	4/7/2018
	9.850	Nicole Medvitz	4/1/2017
	9.850	Briannah Tsang	4/1/2017
	9.850	Sabrina Garcia	4/4/2016
	9.850	Sharaya Musser	4/6/2013
	9.850	Sharaya Musser	4/7/2012
	9.850	Brandi Personett	4/14/2007
	9.850	Kristal Uzelac	4/9/2005
	9.850	Meredith Hoover	4/3/2004
	9.850	Ashley Mehrer	4/3/2004
	9.850	Genavieve Shingle	4/3/2004
	9.850	Katie McAvoy	4/12/2003
	9.850	Maria Taylor	4/7/2001

ALL-AROUND

1.	39.550	Brandi Personett	4/10/2010
2.	39.450	Sharaya Musser	4/7/2012
3.	39.425	Sharaya Musser	4/2/2011
	39.425	Brandi Personett	4/14/2007
	39.425	Katie McAvoy	4/12/2003
6.	39.400	Brandi Personett	4/12/2008
7.	39.375	Briannah Tsang	4/4/2016
	39.375	Sidney Sanabria-Robles	4/5/2014
	39.375	Sharaya Musser	4/6/2013
10.	39.350	Brandi Personett	4/4/2009

FLOOR EXERCISE

1.	9.950	Katie Rowland	4/12/2003
2.	9.925	Brandi Personett	4/10/2010
	9.925	Kate Stopper	4/12/2003
	9.925	Katie Rowland	4/7/2001
5.	9.900	Briannah Tsang	4/4/2016
	9.900	Randi Lau	4/5/2014
	9.900	Lindsay Musgrove	4/5/2014
	9.900	Sidney Sanabria-Robles	4/5/2014
	9.900	Sharaya Musser	4/10/2010
	9.900	Brandi Personett	4/4/2009
	9.900	Brandi Personett	4/14/2007
	9.900	Lisa Clark	4/3/2004
	9.900	Katie McAvoy	4/12/2003

NOTES: Listed based on most recent performance.

VAULT

1.	49.500	University Park, Pa.	4/3/2004
2.	49.300	University Park, Pa.	4/5/2014
3.	49.250	Raleigh, N.C.	4/4/2009
4.	49.225	Raleigh, N.C.	4/7/2012
5.	49.200	Norman, Okla.	4/4/2015
6.	49.175	Norman, Okla.	4/6/2013
7.	49.125	Seattle, Wash.	4/9/2005
	49.125	Ann Arbor, Mich.	4/12/2003
9.	49.100	University Park, Pa.	4/7/2018
	49.100	Denver, Colo.	4/14/2007
	49.100	Lincoln, Neb.	4/7/2001

UNEVEN BARS

1.	49.200	University Park, Pa.	4/1/2000
2.	49.150	University Park, Pa.	4/12/2008
3.	49.125	Ann Arbor, Mich.	4/5/2019
	49.125	Tuscaloosa, Ala.	4/2/2011
	49.125	Morgantown, W.V.	4/1/2021
6.	49.050	Piscataway, N.J.	4/1/2017
	49.050	Norman, Okla.	4/4/2015
	49.050	University Park, Pa.	4/5/2014
	49.050	Raleigh, N.C.	4/7/2012
10.	49.025	Norman, Okla.	4/4/2016

BALANCE BEAM

1.	49.125	Ann Arbor, Mich.	4/5/2019
2.	49.025	University Park, Pa.	4/3/2004
3.	48.950	University Park, Pa.	4/5/2014
	48.950	Denver, Colo.	4/14/2007
5.	48.850	Tuscaloosa, Ala.	4/2/2011
6.	48.800	University Park, Pa.	4/7/2018
	48.800	Piscataway, N.J.	4/1/2017
	48.800	University Park, Pa.	4/12/2008
9.	48.775	University Park, Pa.	4/10/2010
	48.775	Seattle, Wash.	4/9/2005

TEAM

1.	196.725	University Park, Pa.	4/5/2014
2.	196.175	Ann Arbor, Mich.	4/12/2003
3.	196.075	University Park, Pa.	4/3/2004
4.	196.050	University Park, Pa.	4/10/2010
5.	195.92		



NCAA CHAMPIONSHIPS HISTORY

1974

AIAW - Karen Schuckman becomes Penn State's first national championship participant and wins the all-around as a freshman.

1975

AIAW - The Penn State team makes its first national championship appearance and finishes in fifth place. Schuckman wins floor exercise and finishes in a tie for the vaulting title.

1976

AIAW - Fifth place.

1977

AIAW - The team climbs to third place led by the brilliant performance of Ann Carr who wins the national title in the all-around.

1978

AIAW - Penn State wins its first national championship in gymnastics and in any women's sport with a 147.70 score, 0.15 ahead of Cal State-Fullerton. Ann Carr sweeps the all-around for the second consecutive year and wins individual titles on bars, balance beam and floor exercise.

1979

AIAW - The Nittany Lions host the national championship and finish second to Cal State-Fullerton by 0.10. Marcy Levine wins an event title in floor exercise as a freshman.

1980

AIAW - Penn State captures its second national championship with a score of 145.50, just 0.35 ahead of runner-up Utah. The Nittany Lions take the team title without an individual national champion.

1981

AIAW - Third place. Heidi Anderson wins the floor exercise.

1982

NCAA - Third place.

1983

NCAA - Pam Loree qualifies as an individual.

1984

NCAA - Seventh place.

1985

NCAA - Ninth place.

1986

NCAA - Sixth place. Pam Loree shares the national title in vaulting.

1988

NCAA - 11th place.

1989

NCAA - Lynn Crane and Kira Rohm qualify as individuals.

1990

NCAA - Allison Barber qualifies as an individual.

1991

NCAA - Fifth place. April Polito achieves All-America status on vault.

1992

NCAA - Fourth place. Allison Barber ties for third on vault and places eighth in the all-around.

1993

NCAA - 11th place.

1994

NCAA - Tracy Kerner competes in four events and earns second team All-America status on the floor exercise. April Polito competes in the all-around.

1995

NCAA - Eighth place. Tracy Kerner earns second team All-America status on balance beam.

1996

NCAA - 11th place.

1997

NCAA - 11th place. Missy Leopoldus earns first team All-America honors on vault. Ellen Casey earns second-team All-America in the all-around, floor exercise and vault.

1998

NCAA - 10th Place.

1999

NCAA - Eighth Place. Ellen Casey earned second team All-America honors on uneven bars, floor exercise and in the all-around. Nikki Smith garnered second team honors on the balance beam.

2000

NCAA - Seventh Place, Gemma Cuff earned first team All-America honors on floor exercise.

2003

NCAA - Katie Rowland (vault, floor exercise) and Katie McAvoy (all-around) qualify as individuals.

2004

NCAA - Lisa Clark (vault, floor exercise) qualifies as an individual and picks up second team All-America honors on vault.

2005

NCAA - 10th Place, Lisa Clark earns second team All-America status on floor exercise.

2006

NCAA - Jennifer Orlando (all-around) qualifies as an individual.

2007

NCAA - Brandi Personett (all-around) qualifies as an individual.

2008

NCAA - Brandi Personett (all-around) qualifies as an individual, earns first team All-America status on the balance beam and places fifth in the nation on the apparatus.

2009

NCAA - Ninth Place, Brandi Personett (floor exercise), Alexandra Brockway (uneven bars) and Whitney Bencsko (vault) qualify for individual event finals.

2010

NCAA - Brandi Personett and Sharaya Musser qualify as individuals. Personett earns first team All-America status on balance beam, floor exercise and in the all-around. Musser earns first team accolades on vault and in the all-around and second team laurels on balance beam and floor exercise.

2011

NCAA - Sharaya Musser qualified as an individual all-around competitor.

2012

NCAA - Sharaya Musser qualified as an individual all-around competitor.

2013

NCAA - Sharaya Musser qualified as an individual all-around competitor.

2014

NCAA - 12th Place.

2016

NCAA - Briannah Tsang qualified as an individual competitor on the floor exercise.

2017

NCAA - Sabrina Garcia and Briannah Tsang competed as individual all-around competitors.

2018

NCAA - Lauren Bridgens qualified as an individual competitor in the all-around.

2019

NCAA - Jessie Bastardi and Sabrina Garcia qualified as individual competitors. Bastardi competed on beam, placing 36th overall, while Garcia competed on bars, finishing 44th.

2020

NCAA - Not held due to COVID-19 pandemic.



2022 PENN STATE WOMEN'S GYMNASTICS

AIAW/NCAA TEAM CHAMPIONSHIPS HISTORY

1975

5th Place - AIAW at Cal State-Hayward

Susan Bergstrom, Collette Biral, Ellen Coccagna, Dorothea DeLuca, Karen Higashida, Karen Johnson, Nancy Park, Karen Schuckman, Sherilyn Sommers.

1976

5th Place - AIAW at Appalachian State

Joanne Beck, Susan Bergstrom, Lynn Cantwell, Ellen Coccagna, Claudia Coldren, Joan Gackenbach, Louise Hunt, Nancy Park, Karen Schuckman, Amy Thompson.

1977

3rd Place - AIAW at Central Michigan

Jan Anthony, Joanne Beck, Ann Carr, Ellen Coccagna, Claudia Coldren, Joan Gackenbach, Chris Hartman, Lynn Samuels, Karen Schuckman.

1978

AIAW National Champions at Washington

Debbie Alston, Jan Anthony, Davies Bahr, Joanne Beck, Ann Carr, Claudia Coldren, Lisa Ingebretsen, Lynn Samuels, Pat Spisak.

1979

2nd Place - AIAW at Penn State

Debbie Alston, Jan Anthony, Joanne Beck, Ann Carr, Claudia Coldren, Margie Foster, Lisa Ingebretsen, Lynn Samuels, Pat Spisak.

1980

AIAW National Champions at LSU

Debbie Alston, Jan Anthony, Joanne Beltz, Ann Carr, Margie Foster, Lisa Ingebretsen, Marcy Levine, Anne McGeachy, Lynn Samuels, Pat Spisak.

1981

3rd Place - AIAW at Utah

Debbie Alston, Heidi Anderson, Joanne Beltz, Lisa Ingebretsen, Marcy Levine, Karen Polak, Pat Spisak, Linda Tardiff

1982

3rd Place - NCAA at Utah

Heidi Anderson, Joanne Beltz, Cissy Chung, Marcy Levine, Jeanne Omohundro, Kathy Pokorny, Karen Polak, Joanna Sime, Linda Tardiff.

1984

7th Place - NCAA at UCLA

Renee Bunker, Cissy Chung, Nadine DeLeo, Diane Drum, Lynn Hairston, Holly Haupt, Pam Loree, Tee Minor, Betsy Noll, Kathy Pomper, Bernie Robertson, Kim Simon, Lisa Smith.

1985

9th Place - NCAA at Utah

Pam Braun, Renee Bunker, Cissy Chung, Nadine DeLeo, Diane Drum, Lynn Hairston, Holly Haupt, Pam Loree, Tee Minor, Kathy Pomper, Bernie Robertson, Jessica Strunck, Cheryl Weseman.

1986

6th Place - NCAA at Florida

Donna Bervinchak, Pam Braun, Renee Bunker, Kim Fischler, Lynn Hairston, Holly Haupt, Pam Loree, Deb Munro, Debbie O'Brien, Kathy Parody, Kathy Pomper, Susan Repmann, Bernie Robertson, Jessica Strunck.

1988

11th Place - NCAA at Utah

Carrie Arnesen, Pam Braun, Paula Bright, Lynn Crane, Lisa Mallios, Debbie O'Brien, Kathy Parody, Michele Reger, Susan Repmann, Kira Rohm, Jessica Strunck.

1991

5th Place - NCAA at Alabama

Allison Barber, Paula Bright, Lynn Crane, Jada Hiltabrand, Marianne Kreisher, Rene Lyst, April Polito, Janice Rogers, Kira Rohm, Laurie Russo, Coby Silver.

1992

4th Place - NCAA at Minnesota

Allison Barber, Karen Cimochowski, Jada Hiltabrand, Tracy Kerner, Rene Lyst, April Polito, Janice Rogers, Laurie Russo, Coby Silver.

1993

11th Place - NCAA at Oregon State

Allison Barber, Karen Cimochowski, Bridget Foley, Tracy Kerner, Rene Lyst, Michelle Manzolillo, April Polito, Nancy Rosenheck, Coby Silver, Kerry Slattery

1995

8th Place - NCAA at Georgia

Liz Agnew, Amy Bauer, Sharon Barbato, Heather Bundy, Leigh Cappello, Karen Cimochowski, Lauren Cutshaw, Bridget Foley, Rachael Hills, Carey Hoyt, Christi Huch, Tracy Kerner, Joanna Knox, Nicole Malinak, Michelle Manzolillo, Bea Selz, Kerry Slattery.

1996

11th Place - NCAA at Alabama

Heather Bundy, Leigh Cappello, Ellen Casey, Lauren Cutshaw, Bridget Foley, Carey Hoyt, Christi Huch, Joanna Knox, Missy Leopoldus, Nicole Malinak, Michelle Manzolillo, Bea Selz, Janae Whittaker.

1997

11th Place - NCAA at Florida

Leigh Cappello, Ellen Casey, Heather Duggan, Heather Fahey, Carey Hoyt, Christi Huch, Joanna Knox, Missy Leopoldus, Nicole Malinak, Bea Selz, Nikki Smith, Janae Whittaker, Ashley Wilson.

1998

10th Place - NCAA at UCLA

Katie Cavuto, Ellen Casey, Gemma Cuff, Heather Duggan, Heather Fahey, Carey Hoyt, Christi Huch, Joanna Knox, Missy Leopoldus, Nikki Smith, Maria Taylor, Janae Whittaker, Ashley Wilson.

1999

8th Place - NCAA at Utah

Nikki Bongiovanni, Ellen Casey, Jordi Ciambrone, Gemma Cuff, Jennifer Drilling, Heather Duggan, E'Tona Ford, Missy Leopoldus, Nikki Smith, Maria Taylor, Vera Weiss, Janae Whittaker, Ashley Wilson.

2000

7th Place - NCAA at Boise State

Leslie Bair, Nikki Bongiovanni, Lisa Campagnolo, Dana Cuomo, Gemma Cuff, Jennifer Drilling, Heather Duggan, E'Tona Ford, Katie McAvoy, Katie Rowland, Nikki Smith, Julia Stoloski, Maria Taylor, Vera Weiss, Ashley Wilson.

2005

10th Place - NCAA at Auburn

Cecile Allen, Lindsay Borkan, Lisa Clark, Meredith Hoover, Michelle Ilg, Ashley Mehrer, Amie Olaes, Jennifer Orlando, Corissa Pirkle, Aslynn Satterfield, Genavieve Shingle, Kate Stopper, Stephanie Sullivan, Kristal Uzelac.

2009

9th Place - NCAA at Nebraska

Whitney Bencsko, Alexandra Brockway, Natalie Ettl, Danielle Hover, Melissa Klein, Daryl Konsevick, Heather McElwee, Lindsey Montross, Brandi Personett, Casey Rohrbaugh, Rosie Smith, Allie Southard, Alex Stine.

2014

12th Place - NCAA Birmingham -Jefferson Convention Complex

Taylor Alotta, Lexi Carroll, Hannah Kobman, Randi Lau, Nicole Medvitz, Lindsay Musgrove, Samantha Musto, Christina Postiglione, Sidney Sanabria-Robles, Emma Sibson, Savannah Soares, Cassidy Stauder, Krystal Welsh, Alex Witt.



ALL-TIME AWARDS AND HONORS

ALL-AMERICANS

1974

Karen Schuckman **All-Around**, Vault, Uneven Bars, Balance Beam, Floor Exercise

1975

Karen Schuckman All-Around, **Vault**, Uneven Bars, **Floor Exercise**

1976

Karen Schuckman Balance Beam

1977

Jan Anthony Vault
Joanne Beck Balance Beam
Ann Carr **All-Around**, Vault, Uneven Bars, Balance Beam, Floor Exercise

1978

Jan Anthony All-Around, Vault, Uneven Bars
Davies Bahr Vault
Ann Carr **All-Around**, Vault, **Uneven Bars, Balance Beam, Floor Exercise**
Lisa Ingebretsen All-Around, Uneven Bars, Balance Beam

1979

Jane Anthony Vault
Ann Carr Uneven Bars
Margie Foster Vault, Floor Exercise
Lisa Ingebretsen Uneven Bars, Balance Beam
Marcy Levine **Floor Exercise**
Lynne Samuels Vault

1980

Ann Carr All-Around, Vault, Uneven Bars, Balance Beam, Floor Exercise
Margie Foster All-Around, Uneven Bars, Floor Exercise
Lisa Ingebretsen Uneven Bars
Marcy Levine All-Around, Floor Exercise
Ann McGeachy Floor Exercise
Lynne Samuels Vault

1981

Heidi Anderson All-Around, **Floor Exercise**

1982

Heidi Anderson All-Around, Uneven Bars, Floor Exercise

1984

Pam Loree Vault

1985

Pam Loree Vault

1986

Pam Loree All-Around, **Vault**

1991

April Polito Vault

1992

Allison Barber All-Around, Vault

1994

Tracy Kerner Floor Exercise

NOTES:

Bold indicates national champion

* - Indicates tied for event championship

^ - NACGC Regular Season All-American (Began in 2013)

- First NCAA meet took place in 1982

Since 1974, Penn State has seen 29 student-athletes earn All-America honors on 96 occasions. The Nittany Lions have had at least one All-American in 30 of the last 45 seasons since Karen Schuckman earned the first honor in 1974.

1995

Tracy Kerner Balance Beam

1997

Ellen Casey Vault, Floor Exercise
Missy Leopoldus Vault

1999

Ellen Casey All-Around, Uneven Bars, Floor Exercise
Nikki Smith Balance Beam

2000

Gemma Cuff Floor Exercise

2004

Lisa Clark Vault

2005

Lisa Clark Floor Exercise

2008

Brandi Personett Balance Beam

2009

Whitney Bencsko Vault
Alexandra Brockway Uneven Bars
Brandi Personett Floor Exercise

2010

Sharaya Musser All-Around, Vault, Balance Beam, Floor Exercise
Brandi Personett All-Around, Balance Beam, Floor Exercise

2012

Sharaya Musser Balance Beam, Floor Exercise

2013

Sharaya Musser All-Around, Balance Beam
All-Around ^, Balance Beam ^

2014

Kassidy Stauder Balance Beam ^

2016

Kiera Brown Uneven Bars ^

2017

Sabrina Garcia Uneven Bars ^

2018

Lauren Bridgens Uneven Bars ^
Briannah Tsang Floor Exercise ^

All-America Breakdown

All-Around	18
Vault	22
Uneven Bars	17
Balance Beam	17
Floor Exercise	22
Total	96

INDIVIDUAL REGIONAL EVENT CHAMPIONS

AIAW: 1970-81; NCAA: 1982-present

1970

Candi Breese All-Around, Floor Exercise

1977

Ann Carr All-Around, Vault, Uneven Bars, Floor Exercise

1978

Ann Carr All-Around, Vault, Balance Beam, Floor Exercise

1979

Marcy LeVaultine Balance Beam

1980

Ann Carr Vault
Lisa Ingebretsen Uneven Bars, Balance Beam*
Marcy LeVaultine All-Around, Balance Beam*, Floor Exercise

1981

Heidi Anderson All-Around, Vault, Uneven Bars, Balance Beam, Floor Exercise

1982

Heidi Anderson All-Around, Floor Exercise
Marcy LeVaultine Balance Beam

1983

Pam Loree All-Around, Vault, Floor Exercise

1984

Pam Loree All-Around
Bernie Robertson Floor Exercise

1985

Pam Loree Uneven Bars
Kathy Pomper Balance Beam

1986

Pam Loree All-Around, Uneven Bars, Floor Exercise
Kathy Pomper Uneven Bars
Bernie Robertson Balance Beam

1988

Lynn Crane All-Around, Balance Beam
Lisa Mallios Vault, Floor Exercise

1989

Kira Rohm Uneven Bars

1990

Allison Barber Vault*, Balance Beam

1991

Allison Barber All-Around, Floor Exercise
Rene Lyst Balance Beam

1992

Janice Rogers Uneven Bars*
Allison Barber Balance Beam
April Polito All-Around

1993

Karen Cimochowski Uneven Bars
Rene Lyst Balance Beam
Allison Barber Floor Exercise

1994

Tracy Kerner Uneven Bars, Balance Beam, Floor Exercise*



2022 PENN STATE WOMEN'S GYMNASTICS

ALL-TIME AWARDS AND HONORS

INDIVIDUAL REGIONAL EVENT CHAMPIONS (CONT.)

1995	Tracy Kerner	Uneven Bars
1996	Missy Leopoldus Leigh Cappello	All-Around, Balance Beam Floor Exercise
1997	Missy Leopoldus Leigh Cappello	Uneven Bars Floor Exercise
1998	Gemma Cuff	All-Around, Vault
1999	Ellen Casey Maria Taylor	All-Around, Vault Uneven Bars*, Floor Exercise Balance Beam
2001	Katie Rowland Katie McAvaultoy	Floor Exercise Vault
2003	Katie Rowland	Vault, Floor Exercise
2004	Lisa Clark	Vault, Floor Exercise
2005	Kristal Uzelac	Uneven Bars
2010	Brandi Personett	All-Around, Vault
2016	Briannah Tsang	Floor Exercise

NCAA REGIONAL TEAM FINISHES

AIAW: 1970-81; NCAA: 1982-present

* - Regional hosted at Rec Hall

Year	Place	Year	Place
1975	3rd	2006	3rd
1976	2nd	2007	3rd
1977	2nd	2008*	3rd
1978	1st	2009	2nd
1979	1st	2010*	3rd
1980*	1st	2011	3rd
1981	1st	2012	4th
1982	1st	2013	4th
1983	3rd	2014*	2nd
1984*	1st	2015	6th
1985	2nd	2016	5th
1986*	1st	2017	4th
1987	2nd	2018*	5th
1988*	1st	2019	6th
1989*	2nd		
1990	2nd		
1991	1st		
1992*	1st		
1993	1st		
1994	2nd		
1995	1st		
1996*	1st		
1997	1st		
1998	1st		
1999*	1st		
2000*	2nd		
2001	4th		
2002*	5th		
2003	4th		
2004*	4th		
2005	2nd		

BIG TEN COACH OF THE YEAR

1999	Steve Shephard
2006	Steve Shephard (Co)
2009	Steve Shephard (Co)

BIG TEN GYMNAST OF THE YEAR

1998	Missy Leopoldus
1999	Ellen Casey
2001	Katie Rowland
2003	Katie Rowland
2009	Brandi Personett
2010	Brandi Personett
2012	Sharaya Musser
2018	Briannah Tsang

BIG TEN FRESHMAN OF THE YEAR

1999	Nikki Bongiovanni
2007	Brandi Personett
2010	Sharaya Musser
2015	Briannah Tsang (Co)

BIG TEN INDIVIDUAL EVENT CHAMPIONS

1992	Rene Lyst	Balance Beam
1998	Ellen Casey	All-Around
2000	Nikki Smith	Balance Beam
2002	Katie Rowland	All-Around
2003	Katie Rowland	Vault
2005	Kristal Uzelac	Uneven Bars
2005	Kate Stopper	Balance Beam
2006	Katie Perret	Floor Exercise
2006	Corissa Pirkle	Uneven Bars
2007	Brandi Personett	Vault
2008	Brandi Personett	All-Around
		Vault
		Floor Exercise
2009	Brandi Personett	Floor Exercise
2010	Brandi Personett	All-Around
		Floor Exercise
2010	Natalie Ettl	Uneven Bars
2011	Natalie Ettl	Uneven Bars
2011	Sharaya Musser	All-Around
		Vault
2016	Kiera Brown	Uneven Bars
2018	Briannah Tsang	Floor Exercise

FIRST TEAM ALL-BIG TEN

1992	Allison Barber
	Rene Lyst
	April Polito
1993	Allison Barber
	April Polito
1994	Bridget Foley
	Tracy Kemer
	April Polito
1995	Kerry Slattery
	Tracy Kemer
	Joanna Knox
1996	Ellen Casey
	Missy Leopoldus
1997	Ellen Casey
	Missy Leopoldus
1998	Ellen Casey
	Gemma Cuff
	Joanna Knox
	Missy Leopoldus

1999

Ellen Casey
Gemma Cuff

2000

Missy Leopoldus
Nikki Smith

2001

Gemma Cuff
Heather Duggan

2002

Katie McAvoy
Nikki Smith

2003

Marisa Taylor
Ashley Wilson

2004

Gemma Cuff
Katie Rowland

2005

Dana Cuomo
Katie Rowland

2006

Katie Rowland
Lisa Clark

2007

Meredith Hoover
Kate Stopper

2008

Lisa Clark
Meredith Hoover

2009

Jennifer Orlando
Brandi Personett

2010

Brandi Personett
Brandi Personett

2011

Sharaya Musser
Natalie Ettl

2012

Sharaya Musser
Sharaya Musser

2013

Madison Merriam
Sharaya Musser

2014

Kassidy Stauder
Kiera Brown

2015

Briannah Tsang
Sabrina Garcia

2016

Briannah Tsang
Lauren Bridgens

2017

Lauren Bridgens
Briannah Tsang

2018

Lauren Bridgens
Lauren Bridgens

2019

Cassidy Rushlow
Cassidy Rushlow

ACADEMIC ALL-BIG TEN

1992	Allison Barber, Jada Hiltabrand, Janice Rogers
1993	Allison Barber, Karen Cimochowski, Tracy Kemer, Kerry Slattery
1994	Karen Cimochowski, Bridget Foley, Tracy Kemer, Kerry Slattery
1995	Amy Bauer, Karen Cimochowski, Bridget Foley, Tracy Kemer, Kerry Slattery
1996	Laurenn Cutshaw, Bridget Foley, Christi Huch, Joanna Knox
1997	Ellen Casey, Christi Huch, Joanna Knox, Michelle Leopoldus, Janae Whittaker
1998	Ellen Casey, Christi Huch, Joanna Knox, Michelle Leopoldus, Nicole Smith, Janae Whittaker, Ashley Wilson
1999	Ellen Casey, Gemma Cuff, Michelle Leopoldus, Nicole Smith, Maria Taylor, Janae Whittaker, Ashley Wilson
2000	Gemma Cuff, Jennifer Drilling, Heather Duggan, Nikki Smith, Maria Taylor, Vera Weiss, Ashley Wilson
2001	Gemma Cuff, Dana Cuomo, Jennifer Drilling, Julia Stoloski, Maria Taylor, Vera Weiss
2002	Leslie Bair, Dana Cuomo, Katie Rowland, Julia Stoloski, Kelly Streicher, Vera Weiss
2003	Leslie Bair, Dana Cuomo, Katie McAvoy, Katie Rowland, Julia Stoloski, Kate Stopper, Kelly Streicher



ALL-TIME AWARDS AND HONORS

2004	Cecile Allen, Lisa Clark, Meredith Hoover, Jennifer Orlando, Katie Stopper, Kelly Streicher
2005	Cecile Allen, Lisa Clark, Erin Clayton, Meredith Hoover, Michelle Ilg, Ashley Mehrer, Amie Olaes, Jennifer Orlando, Corissa Pirk, Genavieve Shingle, Kate Stopper, Stephanie Sullivan
2006	Lindsay Borkan, Lisa Clark, Meredith Hoover, Michelle Ilg, Ashley Mehrer, Amie Olaes, Jennifer Orlando, Corissa Pirk, Aslynn Satterfield, Genavieve Shingle, Stephanie Sullivan
2007	Lindsay Borkan, Ashley Mehrer, Amie Olaes, Corissa Pirk, Aslynn Satterfield, Stephanie Sullivan
2008	Alexandra Brockway, Allie Southard, Aslynn Satterfield, Lindsay Borkan, Brandi Personett, Lindsey Montross, Rosalie Smith
2009	Alexandra Brockway, Danielle Hover, Melissa Klein, Heather McElwee, Lindsey Montross, Brandi Personett, Rosalie Smith, Allie Southard
2010	Alexandra Brockway, Natalie Ettl, Danielle Hover, Daryl Konsevick, Heather McElwee, Brandi Personett, Rosie Smith, Allie Southard
2011	Rebecca Best, Colleen Dean, Miranda Der, Sarah Gillespie, Nicole Krauter, Karissa Lam, Natalie Ettl, Danielle Hover, Daryl Konsevick, Heather McElwee, Madison Merriam
2012	Stephanie Brock, Natalie Ettl, Daryl Konsevick, Madison Merriam, Lindsay Musgrove, Sharaya Musser
2013	Madison Merriam, Lindsay Musgrove, Sharaya Musser, Kassidy Stauder, Alexandra Witt
2014	Hannah Kobman, Lindsay Musgrove, Samantha Musto, Savannah Soares, Kassidy Stauder, Alexandra Witt
2015	Nicole Medvitz, Christina Postiglione, Alexandra Witt
2016	Nicole Medvitz, Christina Postiglione, Chanen Raygoza, Briannah Tsang
2017	Mason Hosek, Jessica Jones, Nicole Medvitz, Christina Postiglione, Chanen Raygoza, Peyton Schuller, Briannah Tsang
2018	Mason Hosek, Jessica Jones, Tess McCracken, Kristen Politz, Chanen Raygoza, Peyton Schuller, Briannah Tsang
2019	Amber Autry, Jessie Bastardi, Alissa Bonsall, Lauren Bridgens, Kourtney Chinnery, Sabrina Garcia, Mason Hosek, Jessica Jones, Tess McCracken, Kristen Politz, Ava Verdeflor
2020	Erynne Allen, Melissa Astarita, Alissa Bonsall, Lauren Bridgens, Kourtney Chinnery, Dymiana Cox, Donna Howell, Tess McCracken, Kristen Politz, Ava Verdeflor
2021	Erynne Allen, Melissa Astarita, Amy Bladon, Alissa Bonsall, Lauren Bridgens, Kourtney Chinnery, Dymiana Cox, Donna Howell, Bella Romagnano, Cassidy Rushlow, Ava Verdeflor

BIG TEN DISTINGUISHED SCHOLAR

2009 Melissa Klein, Lindsey Montross,

2010	Brandi Personett, Allie Southard Melissa Klein, Brandi Personett	
2011	Heather McElwee	
2012	Lindsay Musgrove	
2013	Lindsay Musgrove, Sharaya Musser	
2014	Lindsay Musgrove, Savannah Soares	
2016	Nicole Medvitz, Briannah Tsang	
2017	Mason Hosek, Nicole Medvitz, Chanen Raygoza	
2018	Mason Hosek, Jessica Jones, Chanen Raygoza, Tess McCracken, Kristen Politz	
2019	Jessica Jones, Tess McCracken Kristen Politz, Ava Verdeflor	
2020	Erynne Allen, Melissa Astarita, Alissa Bonsall, Tess McCracken, Kristen Politz, Ava Verdeflor	
2021	Melissa Astarita, Amy Bladon Alissa Bonsall, Lauren Bridgens Kourtney Chinnery, Donna Howell Bella Romagnano	
ATLANTIC 10 TEAM CHAMPIONSHIPS		
1983	Penn State (176.55)	
1984	Penn State (182.34)	
1985	Penn State (179.35)	
1986	Penn State (185.75)	
1987	Penn State (182.15)	
1988	Penn State (186.05)	
1989	Penn State (186.85)	
1990	Penn State (187.45)	
1991	Penn State (189.65)	
ATLANTIC 10 INDIVIDUAL EVENT CHAMPIONS		
1983	Diane Drum	Balance Beam, Floor Exercise
	Pam Loree	All-Around, Vault, Uneven Bars
1984	Pam Loree	Floor Exercise
	Kathy Pomper	Vault
	Bernie Robertson	Balance Beam
1985	Pam Loree	All-Around, Floor Exercise
	Bernie Robertson	Balance Beam
1986	Pam Loree	All-Around, Vault, Floor Exercise
	Kathy Pomper	Uneven Bars
	Bernie Robertson	Balance Beam
1987	Kathy Parody	All-Around, UB
	Bernie Robertson	Balance Beam
1988	Jessica Strunck	Floor Exercise
	Pam Braun	Floor Exercise
	Lynn Crane	All-Around, Balance Beam, Floor Exercise
	Shelley Reger	Balance Beam
	Kira Rohm	Uneven Bars
	Jessica Strunck	Vault
1989	Lynn Crane	All-Around
	Debbie O'Brien	Balance Beam
	Kira Rohm	Uneven Bars
1990	Allison Barber	Balance Beam
	Kim Thrasher	Floor Exercise
ACADEMIC ALL-ATLANTIC 10		
1984	Pam Loree (1st), Lynn Hairston (HM)	
1985	Lynn Hairston (1st), Pam Loree (1st), Bernie Robertson (HM)	
1986	Pam Loree (1st), Lynn Hairston (HM), Bernie Robertson (HM)	
1987	Bernie Robertson (1st)	
1988	Kira Rohm (1st)	

COSIDA ACADEMIC ALL-AMERICA	
1994	Kerry Slattery
1995	Kerry Slattery
1999	Ellen Casey
2007	Stephanie Sullivan
2010	Brandi Personett
NACGC/W SCHOLAR-ATHLETES	
2000	Dana Cuomo, Heather Duggan, Jennifer Drilling, Julia Stoloski
2001	Vera Weiss, Dana Cuomo, Dina Sulyma, Kelly Streicher, Jennifer Drilling, Katie Rowland, Julia Stoloski
2002	Dana Cuomo, Julia Stoloski, Vera Weiss, Katie Rowland, Kelly Streicher, Jennifer Drilling
2003	Julia Stoloski, Dana Cuomo, Meredith Hoover, Kelly Streicher, Katie McAvoy, Katie Rowland, Jennifer Orlando, Kate Stopper
2004	Ashley Mehrer, Stephanie Sullivan, Genavieve Shingle, Cécile Allen, Kelly Streicher, Jennifer Orlando, Corissa Pirk, Kate Stopper
2005	Ashley Mehrer, Corissa Pirk, Stephanie Sullivan, Cecile Allen, Kate Stopper, Genavieve Shingle, Meredith Hoover, Jennifer Orlando, Amie Olaes
2006	Stephanie Sullivan, Corissa Pirk, Ashley Mehrer, Jennifer Orlando, Genavieve Shingle, Theresa Diehl, Meredith Hoover, Michelle Ilg, Aslynn Satterfield, Amie Olaes, Lindsay Borkan
2007	Lindsay Borkan, Ashley Mehrer, Amie Olaes, Brandi Personett, Corissa Pirk, Aslynn Satterfield, Genavieve Shingle, Stephanie Sullivan
2008	Lindsay Borkan, Melissa Klein, Brandi Personett, Aslynn Satterfield, Allie Southard
2009	Melissa Klein, Lindsey Montross, Brandi Personett, Allie Southard
2011	Natalie Ettl, Heather McElwee, Lindsay Musgrove
2012	Daryl Konsevick, Lindsay Musgrove
2013	Shealyn Farley, Hannah Kobman, Lindsay Musgrove, Sharaya Musser, Kassidy Stauder, Alex Witt
2014	Nicole Medvitz, Lindsay Musgrove, Savannah Soares
2015	Nicole Medvitz, Kassidy Stauder, Alexandra Witt
2016	Mason Hozek, Jessica Jones, Nicole Medvitz, Chanen Raygoza, Peyton Schuller, Briannah Tsang
2017	Mason Hozek, Jessica Jones, Tess McCracken, Nicole Medvitz, Kristen Politz, Chanen Raygoza, Peyton Schuller, Briannah Tsang
2018	Kourtney Chinnery, Sabrina Garcia, Mason Hozek, Jessica Jones, Tess McCracken, Kristen Politz, Chanen Raygoza, Peyton Schuller, Briannah Tsang
2019	Erynne Allen, Alissa Bonsall, Kourtney Chinnery, Mason Hozek, Jessica Jones, Tess McCracken, Kristen Politz, Ava Verdeflor



2022 PENN STATE WOMEN'S GYMNASTICS

ALL-TIME AWARDS AND HONORS

2020	Erynne Allen, Melissa Astarita, Alissa Bonsall, Lauren Bridgens, Kourtney Chinnery, Tess McCracken, Kristen Politz, Bella Romagnano, Ava Verdeflor	2014	Sidney Sanabria-Robles	2013	Lexi Carroll
		2015	Krystal Welsh	2016	Chanen Raygoza
		2017	Briannah Tsang	2017	Peyton Schuller
		2018	Briannah Tsang	2019	Tess McCracken
				2021	Maggie Ayers
ALLISON BARBER/KATIE ROWLAND MVP AWARD		LISA INGEBRETSEN COMPETITIVE EXCELLENCE AWARD		KATHY PARODY HARD WORK AWARD	
<i>Given to an athlete who makes a scoring impact on the program above and beyond the ordinary.</i>		<i>Given to an individual who consistently rises to the competition and performs extraordinarily well under pressure.</i>		<i>Given to an individual who displays an unbelievable work ethic, who never stops trying, sweats more than anyone, and is always willing to give 100 percent.</i>	
1993	Allison Barber	1989	Lisa Ingebretsen	1989	Kathy Parody
1995	Tracy Kerner & Bridget Foley	1995	Joanna Knox	1990	Paula Bright
1996	Missy Leopoldus	2001	Maria Taylor	1996	Nicole Malinak
1998	Ellen Casey	2002	Katie Rowland	2003	Katie McAvoy
1999	Ellen Casey	2005	Corissa Pirkle	2009	Whitney Bencsko
2001	Katie Rowland	2010	Natalie Ettl & Brandi Personett	2010	Whitney Bencsko
2003	Katie Rowland	2011	Daryl Konsevick	2011	Whitney Bencsko
2005	Meredith Hoover	2013	Kassidy Stauder	2012	Lexi Carroll
2006	Jennifer Orlando	2014	Krystal Welsh	2013	Kelsey Kreider
2007	Brandi Personett	2016	Oni Timothy	2018	Alissa Bonsall
2008	Brandi Personett	2017	Mason Hosek	2019	Alissa Bonsall
2009	Brandi Personett				
2010	Brandi Personett				
2011	Sharaya Musser				
2012	Sharaya Musser				
2013	Madison Merriam & Sharaya Musser				
2014	Kassidy Stauder				
2015	Krystal Welsh				
2016	Briannah Tsang				
2017	Sabrina Garcia & Briannah Tsang				
2018	Briannah Tsang				
2019	Lauren Bridgens				
2021	Cassidy Rushlow				
PAM LOREE LEADERSHIP AWARD		10.0 CLUB		BILL CONWAY "HUGS" AWARD	
<i>Given to an individual who displays leadership qualities at all times and takes charge of all situations with an unselfish attitude and leads by example.</i>		<i>Given to an athlete who earns a perfect 10.0 score during an NCAA competition.</i>		<i>Given to an individual who "sticks" her balance beam routine in every meet of the season in which she competes.</i>	
1989	Pam Loree	1999	Missy Leopoldus (Balance Beam, 1/30 & 2/19)	2001	Katie McAvoy
1995	Karen Cimochowski		Ellen Casey (Floor Exercise, 2/19)	2004	Jennifer Orlando
1997	Leigh Cappello, Nicki Malinak & Bea Selz	2000	Nikki Smith (Balance Beam, 3/18)	2005	Steph Sullivan
2002	Leslie Bair	2003	Katie Rowland (Vault, 2/16 & 3/29; Balance Beam, 3/14)	2007	Amie Olaes
2003	Kelly Streicher	2010	Brandi Personett (Vault, 1/23 & 2/13)	2011	Heather McElwee
2011	Natalie Ettl	2018	Lauren Bridgens (Uneven Bars, 3/9)	2012	Natalie Ettl
2012	Daryl Konsevick			2013	Sidney Sanabria-Robles
2013	Krystal Welsh			2014	Lexi Carroll
2017	Christina Postiglione			2015	Lexi Carroll
2021	Erynne Allen				
JAN ANTHONY/KATIE ROWLAND IRON HORSE AWARD		CAREY HOYT/KELLY STREICHER PERSEVERANCE AWARD		BELTZ/ROHRBAUGH/STAUDER BALANCE BEAM AWARD	
<i>Given to an individual who performs consistently throughout the season and competes in the all-around in every meet.</i>		<i>Given to an individual who overcomes setbacks and injuries that would have ended the career of most people and does so with the right attitude and a smile on her face.</i>		<i>Given to an individual who "sticks" her balance beam routine in every meet of the season in which she competes.</i>	
1989	Jan Anthony	1998	Carey Hoyt	1989	Joanne Beltz
1991	Allison Barber	2001	Lisa Campagnolo	1999	Missy Leopoldus
1997	Janae Whittaker	2003	Nikki Bongiovanni	2004	Genavieve Shingle
2000	Gemma Cuff & Katie Rowland	2004	Kelly Streicher	2005	Genavieve Shingle
2001	Katie Rowland	2009	Natalie Ettl & Allie Southard	2007	Stephanie Sullivan
2002	Leslie Bair, Katie Rowland & Lisa Campagnolo	2013	Samantha Musto	2008	Casey Rohrbaugh
2003	Katie Rowland	2014	Nicole Medvitz & Alex Witt	2009	Casey Rohrbaugh & Whitney Bencsko
2005	Meredith Hoover	2017	Emma Sibson	2010	Casey Rohrbaugh
2008	Brandi Personett			2011	Whitney Bencsko & Daryl Konsevick
2009	Brandi Personett			2012	Daryl Konsevick, Sharaya Musser & Kassidy Stauder
2010	Brandi Personett			2013	Kassidy Stauder & Krystal Welsh
2011	Sharaya Musser			2014	Kassidy Stauder
2012	Sharaya Musser			2015	Christina Postiglione
2013	Sharaya Musser			2017	Mason Hosek, Nicole Medvitz & Briannah Tsang
				2019	Jessie Bastardi
				2021	Bella Romagnano
HAIRSTON/SAMUELS IMPROVEMENT AWARD		WE ARE • FOR THE ROAR • @PennStateWGym • GoPSUSports.			
<i>Given to an individual who displays extraordinary improvement in a given time. Awarded for any facet of gymnastics.</i>					
1989	Lynn Hairston & Lynne Samuels				
1990	Paula Bright				
1991	Janice Rogers				
1992	Jada Hiltabrand				
1995	Leigh Cappello & Nicole Malinak				
1997	Janae Whittaker				
2006	Aslynn Satterfield				
2008	Danielle Hover				
2011	Madison Merriam				
2012	Kassidy Stauder				



BERNIE ROBERTSON SCHOLAR-ATHLETE AWARD

Given to an individual who displays excellence in the classroom while contributing to the team.

1989	Bernie Robertson
1991	Kira Rohm
1993	Kerry Slattery
1994	Kerry Slattery
1995	Kerry Slattery
1996	Bridget Foley
1997	Joanna Knox
1998	Joanna Knox
1999	Ellen Casey
2001	Dana Cuomo
2002	Dana Cuomo
2003	Dana Cuomo
2004	Kelly Streicher
2005	Ashley Mehrer
2006	Ashley Mehrer & Stephanie Sullivan
2007	Stephanie Sullivan & Ashley Mehrer
2008	Jaime Murray
2009	Melissa Klein
2010	Melissa Klein
2012	Madison Merriam
2013	Lindsay Musgrove
2014	Lindsay Musgrove
2015	Alex Witt
2016	Nicole Medvitz
2017	Peyton Schuller
2018	Kristen Politz
2019	Kristen Politz
2021	Alissa Bonsall

NITTANY NEWCOMER AWARD

Given to the top performing newcomer of the year.

2018	Lauren Bridgens
2019	Melissa Astarita
2021	Maddie Johnston

FOUR-YEAR ACHIEVEMENT AWARD

Given to the senior who has given 100% to the program throughout their entire Nittany Lion career.

2019	Sabrina Garcia
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SHELLY NELSON MANAGEMENT AWARD

Given to a manager who always is willing to sacrifice for the team, one who takes care of all details with energy and enthusiasm.

1989	Shelley Nelson & Julie Patterson
1996	Bernadette Woods
2006	Jaime Murray
2007	Jaime Murray
2010	Meghan Shanfelter
2016	Katharine Carpenter & Alana Dolce
2017	Michelle Mehallow & Amanda Reynolds

LYNN CRANE & JANAЕ WHITTAKER ATTITUDE AWARD

Given to an individual who displays a consistently upbeat attitude, in and out of the gym. This individual must be highly motivated and completely team-oriented.

1991	Lynn Crane
1993	Kerry Slattery
1996	Carey Hoyt
1999	Janaе Whittaker
2010	Whitney Bencsko
2012	Krystal Welsh

LEE KOLOS/BOB RITENBAUGH SERVICE AWARD

Given to an individual not directly involved with the team who goes out of his or her way to help the team in all possible ways.

1989	Bob Ritenbaugh
1990	Gwen Kaufman & Kirk Barbieri
1993	Pat Shoffner
1994	Lee Kolos
1995	Pat & Dan Shoffner
1996	Kirk Barbieri
1997	Debbie Shephard
2000	Lee Kolos
2001	Lee Kolos
2005	Bob Allen
2008	Lee Kolos
2009	Gwen Nese & Karen Schuckman
2010	Lloyd Smith
2011	Jillian Monahan
2012	Karen Schuckman
2013	Steve Hass
2014	Lee Kolos
2015	Jon Nese
2017	Sarah Thompson
2018	Jon Nese

PAT SPISAK TEAM SPIRIT/PENN STATE PRIDE AWARD

Given to an individual who is extremely proud to represent Penn State and who displays team spirit to others.

1989	Pat Spisak
1995	Karen Cimochowski
1998	Janaе Whittaker
2003	Leslie Bair
2007	Stephanie Sullivan
2013	Savannah Soares
2018	Sabrina Garcia
2019	Erynne Allen

KELLY STREICHER HEART OF A LION AWARD

The Heart of a Lion/Kelly Streicher award was created to honor an individual who inspires others through her unyielding spirit, tireless determination and passionate commitment to the glory of Penn State.

2012	Whitney Bencsko
2013	Madison Merriam
2014	Kassidy Stauder
2015	Sidney Sanabria-Robles
2017	Nicole Medvitz
2018	Jessica Jones
2019	Amber Autry, Sabrina Garcia, Mason Hosek, Jessica Jones, Gianna LaGuardia

*Awards banquet not held in 2020 due to COVID-19 pandemic



2022 PENN STATE WOMEN'S GYMNASTICS



ANN CARR AWARD

Given to the gymnast who provides the most inspirational performance at each Penn State home meet.

Named for Ann Carr, the Nittany Lions two-time National Champion in the all-around.

Based on archived records, it was first awarded in 1987.

Feb. 21, 2021	Alissa Bonsall	Jan. 29, 2014	Lindsay Musgrove	Jan. 19, 2007	Casey Rohrbaugh
Feb. 13, 2021	Ava Verdeflor	Feb. 8, 2014	Kassidy Stauder	Feb. 2, 2007	Alexandra Brockway
Jan. 23, 2021	Cassidy Rushlow	Feb. 15, 2014	Sidney Sanabria-Robles	Mar. 1, 2007	Aslynn Satterfield
Jan. 17, 2021	Natalie Cross	Feb. 28, 2014	Alex Witt	Mar. 21, 2007	Allie Southard
Jan. 11, 2020	Cassidy Rushlow	Jan. 19, 2013	Krystal Welsh	Jan. 13, 2006	Brandi Personett
Jan. 25, 2020	Lauren Bridgens	Jan. 26, 2013	Sidney Sanabria-Robles	Jan. 20, 2006	Lindsay Borkan
Jan. 31, 2020	Ava Verdeflor	Feb. 2, 2013	Kassidy Stauder	Jan. 27, 2006	Amie Olaes
Feb. 29, 2020	Melissa Astarita	Feb. 23, 2013	Samantha Musto	Feb. 10, 2006	Stephanie Sullivan
Mar. 7, 2020	Tess McCracken	Mar. 9, 2013	Sharaya Musser	Feb. 24, 2006	Ashley Mehrer
Jan. 19, 2019	Lauren Bridgens	Mar. 16, 2013	Madison Merriam	Mar. 24, 2006	Ashley Mehrer
Jan. 26, 2019	Mason Hosek	Jan. 21, 2012	Whitney Bencsko	Jan. 15, 2005	Kristal Uzelac
Feb. 16, 2019	Sabrina Garcia	Feb. 18, 2012	Krystal Welsh	Jan. 29, 2005	Lindsay Borkan
Mar. 2, 2019	Tess McCracken	Mar. 2, 2012	Sharaya Musser	Feb. 5, 2005	Kate Stopper
Jan. 6, 2018	Lauren Bridgens	Mar. 17, 2012	Sharaya Musser	Feb. 19, 2005	Lisa Clark
Jan. 13, 2018	Briannah Tsang	Jan. 22, 2011	Madison Merriam	Feb. 26, 2005	Lisa Clark
Jan. 27, 2018	Briannah Tsang	Feb. 6, 2011	Whitney Bencsko	Mar. 19, 2005	Cecile Allen
Feb. 17, 2018	Peyton Schuller	Feb. 26, 2011	Sharaya Musser	Jan. 24, 2004	Beam Lineup
Feb. 24, 2018	Briannah Tsang	Mar. 4, 2011	Daryl Konsevick	Jan. 31, 2004	Kate Stopper
Jan. 7, 2017	Peyton Schuller	Jan. 23, 2010	Brandi Personett	Feb. 14, 2004	Jennifer Orlando
Jan. 21, 2017	Kristen Politz	Jan. 30, 2010	Sharaya Musser	Mar. 13, 2004	Kelly Streicher
Feb. 4, 2017	Sabrina Garcia	Feb. 6, 2010	Rosie Smith		
Feb. 11, 2017	Gianna LaGuardia	Feb. 20, 2010	Whitney Bencsko		
Feb. 25, 2017	Briannah Tsang	Mar. 7, 2010	Sharaya Musser		
Jan. 9, 2016	Kiera Brown	Mar. 20, 2010	Casey Rohrbaugh		
Jan. 16, 2016	Sabrina Garcia	Jan. 10, 2009	Whitney Bencsko		
Jan. 29, 2016	Chanen Raygoza	Jan. 24, 2009	Brandi Personett		
Feb. 20, 2016	Briannah Tsang	Feb. 7, 2009	Natalie Ettl		
Mar., 12 2016	Kiera Brown	Feb. 21, 2009	Alexandra Brockway		
Jan. 10, 2015	Lexi Carroll	Mar. 1, 2009	Brandi Personett		
Jan. 24, 2015	Briannah Tsang	Jan. 19, 2008	Casey Rohrbaugh		
Feb. 7, 2015	Emma Sibson	Feb. 2, 2008	Alexandra Brockway		
Feb. 14, 2015	Sidney Sanabria-Robles	Mar. 1, 2008	Aslynn Satterfield		
Feb. 28, 2015	Krystal Welsh	Mar. 21, 2008	Allie Southard		

Award results are incomplete or missing from 2003-1987.

2022 PENN STATE WOMEN'S GYMNASTICS



1965 (1-5)	Head Coach: Kathleen Ferriter
2/6	at Slippery Rock L, 85.2-100.1
2/27	at Kent State L, 89.10-102.35
	vs. Ohio State W, 89.10-76.40
	vs. Michigan State L, 89.10-102.80
3/6	Pittsburgh L
	West Chester L

1966 (5-2)	Head Coach: Kathleen Ferriter
2/12	Pittsburgh W
2/19	at West Chester L
3/5	Fairleigh Dickinson W
	Michigan State L
	Ohio State W
3/11	at Ithaca W, 87.07-61.33
	vs. Massachusetts W, 87.07-81.07

1967 (6-2-1)	Head Coach: Kathleen Ferriter
1/14	Springfield L, 86.35-84.55
2/4	at Slippery Rock W, 82.76-70.39
	vs. West Chester W, 82.76-84.44
2/28	Centenary T
	Ohio State W
3/4	at Kent State L
	vs. Michigan State W
	vs. Ohio State W
3/25	Ithaca W, 92.56-75.34

1968 (1-0)	Head Coach: Kathy Corrigan
1/13	vs. Springfield W

1969 (1-4)	Head Coach: Betz Hanley
1/25	at Springfield L, 91.90-49.70
	vs. Towson L, 76.12-54.45
2/8	vs. Slippery Rock L, 61.27-74.81
	West Chester L, 61.27-74.18
2/15	vs. Ithaca W, 71.28-66.05

1970 (6-6)	Head Coach: Betz Hanley
1/24	vs. Towson L, 73.4-79.4
	Slippery Rock L, 73.4-80.2
1/31	Ithaca W, 72.55-65.40
	Brockport W, 72.55-36.55
2/17	East Stroudsburg W, 66.19-51.54
	West Chester L, 66.19-83.86
2/21	Kent State L, 69.20-82.15
	Miami (Ohio) L, 69.20-74.15
	Ohio State W, 69.20-66.85
2/28	Temple W, 71.90-45.40
3/7	Massachusetts L, 70.50-96.00
	Salem State W, 70.50-68.25

1971 (5-7)	Head Coach: Betz Hanley
1/23	Ithaca L, 66.2-74.8
	Pittsburgh W, 66.2-62.0
1/30	SUNY-Cortland L, 54.63-52.97
2/6	Brockport W, 62.8-47.1
	West Chester L, 62.8-73.9
2/13	Towson L, 76.80-89.85
2/20	Kent State L, 67.19-77.95
	Ohio State W, 67.19-67.10
	Miami (Ohio) W, 67.19-64.65
3/6	Clarion L, 66.57-78.64
	Lock Haven W, 66.57-53.36
3/11	Mashusetts L, 75.70-92.40

1972 (9-4)	Head Coach: Betz Hanley
1/29	Ithaca W, 79.80-74.40
2/5	West Chester L, 71.30-89.16
	Salem State W, 71.30-54.50
2/12	Massachusetts L, 74.15-102.75
2/21	Kent State L, 76.75-86.95
	Ohio State W, 76.75-76.60
	Miami (Ohio) W, 76.75-46.40
2/22	SUNY-Cortland W, 80.00-75.05
2/26	Clarion L, 71.90-97.30
	Pittsburgh W, 71.90-62.55
2/29	Lock Haven W, 83.55-60.95
	Slippery Rock W, 83.55-82.60
3/4	Towson W, 88.60-82.50

1973 (7-6) **Head Coach: Barbara Block**

1/27	Towson W, 77.85-96.95
	Slippery Rock L, 77.85-81.75
2/10	Massachusetts L, 69.50-94.50
	Clarion L, 69.50-86.45
2/17	Kent State L, 74.60-94.15
	Ohio State L, 74.60-76.90
	Miami (Ohio) W, 74.60-44.45
2/20	Pittsburgh W, 78.80-66.40
2/23	SUNY-Cortland W, 85.40-70.03
	Ithaca W, 85.40-77.26
3/3	East Stroudsburg W, 79.23-75.21
	Lock Haven W, 79.23-47.23
3/6	West Chester L, 80.55-80.75

1974 (8-4) **Head Coach: Barbara Block**

12/8	Pittsburgh W, 97.99-81.74
12/15	Franklin & Marshall W, 86.00-28.70
1/29	West Chester L, 79.60-82.75
2/2	Clarion L, 82.70-83.90
2/5	SUNY-Cortland W, 92.40-62.90
	Lock Haven W, 92.40-52.95
2/9	Kent State L, 89.25-90.73
	Ohio State W, 89.25-78.27
	Youngstown State W, 89.25-75.90
2/16	Towson W, 96.45-95.10
2/23	Ithaca W, 86.15-79.80
2/25	Springfield L, 93.19-103.23
--	AIAW Championships NTS-IQ

1975 (8-4) **Head Coach: Judi Avener-Markell**

1/8	Towson W, 99.40-78.40
1/11	at Springfield L, 99.95-101.55
1/18	at Michigan State L, 102.625-102.75
1/23	West Chester W, 96.70-84.65
	Clarion L, 96.70-97.85
1/29	at Slippery Rock W, 95.45-91.75
2/1	Massachusetts W, 100.30-97.10
2/8	at Youngstown State W, 99.40-85.95
	vs. Kent State L, 99.40-
	vs. Ohio State W, 99.40-80.35
2/13	Ithaca W, 95.30-81.80
2/15	Indiana State W, 100.85-84.50
3/14	EAIAW Regionals (38) 2nd
4/3	AIAW Championships (39) 5th

1976 (7-1) **Head Coach: Judi Avener-Markell**

--	at Massachusetts W, 100.40-99.35
--	Springfield W, 102.25-94.30
--	Ohio State W, 100.15-76.90
--	York (Canada) (EX) W, 102.40-81.00
--	at West Chester W, 100.40-90.05
--	Southern Connecticut W, 104.05-93.95
--	at Clarion L, 104.15-105.00
--	at Indiana State W, 108.70-105.20
2/25	at Pittsburgh W, 102.60-92.10
3/18	at EAIAW Regionals (1) 2nd
4/1	at AIAW Championships (2) 5th

1977 (8-1) **Head Coach: Judi Avener-Markell**

12/11	Massachusetts W, 145.40-139.80
1/8	at Springfield W, 141.95-131.80
1/15	Southern Illinois W, 144.60-141.15
1/22	at Ohio State W, 138.75-113.55
2/2	Pittsburgh W, 129.35-118.90
2/5	Temple W, 144.30-105.00
2/12	at Southern Connecticut W, 141



2022 PENN STATE WOMEN'S GYMNASTICS

1983 (11-7-1) Head Coach: Judi Avener-Markell

12/10	at Clarion	T, 158.35-158.35
12/11	at Indiana (Pa.)	W, 159.95-148.95
1/11	New Hampshire	L, 170.10-170.90
1/14	at Michigan State	W, 174.85-147.00
1/15	at Ohio State	L, 173.10-175.90
1/21	Utah State	L, 169.30-171.30
1/27	Alabama	L, 176.30-178.35
1/28	Oklahoma State	W, 176.65-169.30
2/9	Nebraska	W, 174.75-173.95
2/11	at Cat Classic (10)	1st, 178.700
	at Missouri	W, 178.70-178.35
	vs. LSU	W, 178.70-176.55
	vs. Arizona	W, 178.70-173.60
	vs. Pittsburgh	W, 178.70-172.65
	vs. Kentucky	W, 178.70-169.55
2/19	Pittsburgh	W, 175.60-165.20
	West Virginia	W, 175.60-169.95
3/1	at Arizona State	L, 180.30-182.30
3/4	at Florida	L, 181.25-185.85
3/8	Cal State Fullerton	L, 176.95-181.45
3/12	at Atlantic 10 Championships (12)	1st, 176.55
3/26	at NCAA Regional (13)	3rd, 176.80
4/8	at NCAA Championships (11)	NTS-IQ

1984 (14-9) Head Coach: Judi Avener-Markell

12/9	at Clarion	W, 72.65-194.50
12/10	at Indiana (Pa.)	W, 174.65-166.25
1/14	at New Hampshire	L, 174.45-175.75
1/25	Ohio State	L, 176.15-177.40
1/28	Alabama	L, 178.10-178.75
2/3	at Cat Classic (10)	1st, 178.800
	vs. Arizona	W, 178.80-178.60
	at Missouri	W, 178.80-178.30
	vs. LSU	W, 178.80-172.80
	vs. BYU	W, 178.80-172.65
	vs. Memphis	W, 178.80-169.35
2/5	at Oklahoma State	W, 178.30-174.80
2/7	at Nebraska	W, 178.35-178.05
2/10	Arizona State	L, 175.20-179.10
2/17	at West Virginia	W, 169.60-167.60
2/18	at Pittsburgh	L, 177.90-178.95
2/27	LSU	W, 177.85-176.05
3/3	at Cal State Fullerton	L, 181.85-187.15
	vs. Utah	L, 181.85-185.40
	vs. USC	W, 181.85-180.60
3/6	at USC	W, 179.50-178.15
	vs. Utah	L, 179.50-185.30
3/8	at Utah State	W, 180.50-179.10
	vs. Utah	L, 180.50-1186.70
3/10	at Atlantic 10 Championships (12)	1st, 182.34
3/15	Florida	L, 180.90-185.40
3/24	NCAA Regional (8)	1st, 184.00
4/9	at NCAA Championships (14)	7th, 179.45

1985 (13-6) Head Coach: Judi Avener-Markell

12/2	Japanese All Stars (EX)	W, 183.75-181.45
12/7	at Indiana (Pa.)	W, 174.90-163.40
12/8	at Clarion	W, 173.65-131.50
1/11	Cal State Fullerton	W, 181.40-178.80
	New Hampshire	W, 181.40-170.40
1/18	at Michigan State	W, 180.05-179.45
1/19	at Ohio State	L, 177.90-191.30
1/25	at Cat Classic (10)	1st, 181.90
	vs. Arizona	W, 181.90-180.65
	at Missouri	W, 181.90-180.40
	vs. LSU	W, 181.90-177.40
	vs. Kentucky	W, 181.90-177.05
	vs. New Hampshire	W, 181.90-176.25
2/2	Nebraska	L, 176.70-178.35
2/15	Oklahoma State	W, 179.75-175.95
2/22	West Virginia	W, 192.10-177.65
3/1	at Alabama	L, 179.65-185.40
3/2	at Florida	L, 181.40-189.25
3/4	at Georgia	L, 179.60-185.80
3/6	at LSU	L, 185.70-187.65
3/9	at Atlantic 10 Championships (13)	1st, 179.35
3/16	Pittsburgh	W, 183.75-174.75
3/30	at NCAA Regionals (5)	2nd, 185.05
4/13	at NCAA Championships (11)	9th, 179.00

1986 (15-8)

Head Coach: Judi Avener-Markell

1/18	at Ohio State	L, 173.70-180.75
1/24	Alabama	L, 179.75-182.60
	Michigan State	W, 179.75-178.75
	New Hampshire	W, 179.75-170.85
1/29	at Nebraska	L, 178.70-182.45
	vs. New Mexico	W, 178.70-171.90
1/31	at Cat Classic (10)	1st, 181.30
	vs. Arizona	W, 181.30-180.45
	at Missouri	W, 181.30-178.10
	vs. Kentucky	W, 181.30-175.35
2/8	at Pittsburgh	W, 177.00-176.00
2/9	at West Virginia	W, 182.95-175.85
	vs. Indiana (Pa.)	W, 182.95-171.20
2/15	Ohio State	W, 183.40-180.55
3/2	Cal State Fullerton	L, 182.40-186.80
	Georgia	W, 182.40-182.25
3/4	at UCLA	L, 181.05-183.30
3/7	at Arizona State	L, 183.50-189.30
	vs. Alabama	L, 183.50-186.05
	vs. Florida	L, 183.50-184.00
	vs. Cal State Fullerton	W, 183.50-183.45
3/15	Georgia	W, 187.40-186.05
3/22	at Atlantic 10 Championships (12)	1st, 185.75
3/24	Florida	W, 186.35-185.75
4/5	NCAA Regionals (8)	1st
4/18	at NCAA Championships (15)	6th

1987 (13-8)

Head Coach: Judi Avener-Markell

1/16	West Virginia	W, 179.00-175.10
1/23	Ohio State	L, 181.00-181.75
	Nebraska	L, 181.00-182.25
1/28	Pittsburgh	W, 179.70-177.15
1/31	at New Hampshire	W, 178.40-175.85
	Maryland	W, 178.40-174.60
2/13	at Cat Classic (10)	2nd, 184.40
	vs. Arizona	L, 184.40-185.10
	at Missouri	W, 184.40-178.95
	vs. Auburn	W, 184.40-178.05
	vs. Kentucky	W, 184.40-178.65
2/20	LSU	L, 179.75-181.20
2/22	at Ohio State	L, 182.80-186.00
3/3	at Alabama	L, 183.40-188.75
3/6	at Florida	L, 180.60-183.40
	vs. Cal State Fullerton	W, 180.60-150.60
3/8	at Georgia	L, 183.75-191.55
	vs. Maryland	W, 183.75-181.60
	vs. Auburn	W, 183.75-180.25
	vs. North Carolina	W, 183.75-179.00
3/14	Temple	W, 184.05-175.65
3/21	North Carolina	W, 183.50-177.25
3/28	at Atlantic 10 Championships (12)	1st, 182.15
4/11	at NCAA Regionals (16)	2nd, 180.40

1988 (13-10)

Head Coach: Judi Avener-Markell

1/13	at Temple	W, 179.80-170.25
1/17	at West Virginia	W, 176.65-175.00
	vs. Indiana (Pa.)	W, 176.65-172.70
	vs. Maryland	W, 176.65-176.35
1/22	Alabama	L, 180.55-184.35
	New Hampshire	W, 180.55-174.10
1/29	at Ohio State	L, 181.65-182.60
	vs. Michigan	W, 181.65-177.45
1/30	at Pittsburgh	W, 181.20-176.45
	vs. Rhode Island	W, 181.20-171.80
2/5	at Cat Classic (10)	3rd, 182.850
	vs. Arizona	L, 182.85-186.35
	vs. Auburn	L, 182.85-184.60
	vs. Pittsburgh	W, 182.85-175.45
	at Missouri	W, 182.85-182.10
2/8	at Nebraska	L, 182.05-184.30
2/13	Michigan	W, 185.00-182.35
2/20	Florida	L, 185.35-186.70
3/2	at Oklahoma	L, 184.20-185.95
3/4	at LSU	L, 182.45-189.85
	vs. Kentucky	L, 182.45-184.45

2022 PENN STATE WOMEN'S GYMNASTICS



1992 (11-5) Head Coach: Judi Avener-Markell

1/12	Georgia	L, 188.40-192.90
1/19	at Towson	W, 191.05-189.35
1/25	Utah	L, 190.65-195.05
2/7	at Cat Classic (10)	3rd, 188.85
	vs. Arizona	L, 188.85-191.60
	at Missouri	L, 188.85-190.65
	vs. Auburn	W, 188.85-188.25
	vs. Pittsburgh	W, 188.85-183.05
2/15	Ohio State	W, 193.00-189.60
2/22	at Minnesota	W, 191.00-189.60
2/29	Pittsburgh	W, 190.35-183.05
	Indiana (Pa.)	W, 190.35-181.50
3/7	at Stanford	W, 192.15-191.75
3/9	at Utah	L, 191.50-196.75
3/21	West Virginia	W, 194.75-191.40
	Massachusetts	W, 194.75-186.45
	New Hampshire	W, 194.75-188.55
3/27	at Big Ten Championships (24)	2nd, 190.90
	Michigan	L, 190.90-191.70
	Michigan State	W, 190.90-187.55
	Iowa	W, 190.90-187.20
	Ohio State	W, 190.90-186.50
	Illinois	W, 190.90-185.50
	Minnesota	W, 190.90-183.25
4/7	NCAA Regional (8)	1st, 194.525
4/24	at NCAA Championships (25)	4th, 192.775

1993 (13-3) Head Coach: Steve Shephard

1/16	Michigan State*	W, 190.60-188.10
	LSU	W, 190.60-188.10
1/23	at New Hampshire	W, 190.10-189.90
1/30	Towson	W, 192.35-185.60
2/5	at Cat Classic (10)	1st, 191.95
	vs. Arizona	W, 191.95-191.70
	vs. Auburn	W, 191.95-190.10
	at Missouri	W, 191.95-189.65
	vs. New Hampshire	W, 191.95-186.60
2/12	at Pittsburgh	W, 187.70-182.35
2/14	at West Virginia	L, 190.65-191.20
	vs. Indiana (Pa.)	W, 190.65-139.55
2/19	Alabama	L, 191.90-193.95
2/27	at Ohio State*	W, 191.85-190.20
3/6	at Georgia	L, 193.15-197.55
	vs. West Virginia	W, 193.15-188.25
	vs. Massachusetts	W, 193.15-186.55
3/19	at Big Ten Championships (26)	2nd, 192.40
	Michigan	L, 192.40-192.925
	Michigan State	W, 192.40-191.600
	Ohio State	W, 192.40-189.675
	Iowa	W, 192.40-189.650
	Minnesota	W, 192.40-187.450
	Illinois	W, 192.40-184.000
4/3	at NCAA Regionals (16)	1st, 190.525
	Ohio State	W, 190.525-188.125
	New Hampshire	W, 190.525-187.825
	Massachusetts	W, 190.525-186.575
	Rhode Island	W, 190.525-186.350
	Kent State	W, 190.525-184.400
	Pittsburgh	W, 190.525-183.500
4/17	at NCAA Championships (21)	11th, 192.700

1994 (13-8)

Head Coach: Steve Shephard

1/16	Georgia	L, 190.375-192.125
1/22	Minnesota*	W, 187.775-183.850
	New Hampshire	L, 187.775-188.675
	West Virginia	L, 187.775-188.375
2/4	at Cat Classic (10)	2nd, 190.600
	at Missouri	L, 190.600-191.000
	vs. Auburn	W, 190.600-190.525
	vs. Arizona	W, 190.600-187.950
	vs. Kentucky	W, 190.600-187.725
	vs. Vermont	W, 190.600-179.875
2/11	at Alabama	L, 192.275-193.950
2/19	Ohio State*	W, 191.550-188.200
2/27	at Hobie Classic (24)	1st, 190.925
	at Michigan State*	W, 190.925-187.800
	vs. Central Michigan	W, 190.925-186.450
	vs. New Hampshire	W, 190.925-185.675
3/4	at Shanico Invitational (21)	2nd, 191.550
	at Oregon State	L, 191.550-193.725
	vs. Minnesota*	W, 191.550-189.575
	vs. Nebraska	W, 191.550-186.650
	vs. Arizona	W, 191.550-188.250
	vs. Washington	W, 191.550-186.650
3/7	at Utah	L, 190.075-194.375
3/19	Florida	L, 193.000-193.950
3/26	Big Ten Championships (8)	2nd, 194.025
	Michigan	L, 194.025-194.850
	Minnesota	W, 194.025-189.200
	Michigan State	W, 194.025-188.475
	Ohio State	W, 194.025-188.375
	Iowa	W, 194.025-188.250
	Illinois	W, 194.025-185.300
4/3	at NCAA Regionals (12)	2nd, 191.475
	New Hampshire	L, 191.475-191.950
	Ohio State	W, 191.475-189.075
	Kent State	W, 191.475-188.300
	Rhode Island	W, 191.475-187.875
	Massachusetts	W, 191.475-186.925
	Temple	W, 191.475-184.500
4/23	at NCAA Championships (11)	NTS-IQ

1995 (11-10)

Head Coach: Steve Shephard

1/20	Alabama	W, 191.475-187.050
1/28	at Ohio State*	W, 192.875-188.300
2/3	at Cat Classic (10)	1st, 191.275
	vs. Kentucky	W, 191.275-189.425
	vs. Arizona	W, 191.275-191.250
	at Missouri	W, 191.275-189.900
	vs. Auburn	W, 191.275-188.200
	vs. Pittsburgh	W, 191.275-180.625
2/11	Utah	L, 193.825-195.175
2/18	at Minnesota*	L, 192.500-193.675
	vs. Illinois*	W, 192.500-190.275
2/25	Michigan State*	W, 192.525-189.875
3/3	at West Virginia	W, 194.300-193.600
3/6	at Florida	L, 194.225-195.250
3/12	at Georgia	L, 191.550-197.625
	vs. UCLA	L, 191.550-196.550
	vs. Nebraska	L, 191.550-193.250
	vs. Cal	L, 191.550-191.825
	vs. Massachusetts	W, 191.550-190.525
3/18	at Michigan*	L, 151.575-197.225
	vs. North Carolina State	L, 151.575-191.175
	vs. Massachusetts	L, 151.575-188.025
3/25	at Big Ten Championships (27)	3rd, 192.375
	Michigan	L, 192.375-196.500
	Michigan State	L, 192.375-193.025
	Minnesota	W, 192.375-191.675
	Illinois	W, 192.375-190.425
	Iowa	W, 192.375-189.975
	Ohio State	W, 192.375-189.775
4/8	at NCAA Regional (28)	1st, 191.225
	Kent State	W, 191.225-188.950
	New Hampshire	W, 191.225-188.925
	Massachusetts	W, 191.225-187.925
	Ohio State	W, 191.225-183.275
	Pittsburgh	W, 191.225-182.500
	Rhode Island	W, 191.225-180.850
4/22	at NCAA Championships (18)	8th, 194.150

1996 (9-10)

Head Coach: Steve Shephard

1/13	at Michigan State*	L, 191.575-191.900
	vs. Minnesota*	W, 191.575-188.825
	vs. Southeast Missouri State	W, 191.574-185.950
1/19	at Alabama	L, 191.700-195.725
	vs. Nebraska	W, 191.700-189.450
1/27	North Carolina State	W, 192.000-188.775
2/2	at Cat Classic (10)	2nd, 191.325
	vs. Arizona	L, 191.325-194.275
	vs. Auburn	W, 191.325-190.550
	at Missouri	W, 191.325-188.100
2/17	Ohio State*	W, 193.450-191.350
2/25	at New Hampshire	L, 191.000-191.350
3/1	at Shanico Invitational (21)	4th, 191.950
	at Oregon State	L, 191.950-196.350
	vs. Michigan*	L, 191.950-192.225
	vs. Minnesota*	L, 191.950-192.450
	vs. Seattle Pacific	W, 191.950-185.575
3/8	at Utah	L, 193.625-196.250
3/16	West Virginia	W, 192.875-191.775
	Nebraska	L, 192.875-194.150
3/23	Michigan*	L, 194.40



2022 PENN STATE WOMEN'S GYMNASTICS

1998 (10-7) Head Coach: Steve Shephard

1/11	at New Hampshire	W, 193.475-189.025
1/17	Illinois*	W, 194.900-191.925
1/24	North Carolina State	W, 193.675-187.625
1/31	at Alabama	L, 193.125-195.575
2/6	at Cat Classic (10)	1st, 192.659
	vs. Iowa State	W, 192.650-191.050
	at Missouri	W, 192.650-188.675
	vs. Pittsburgh	W, 192.650-190.425
2/14	Ohio State*	L, 192.150-193.075
2/22	UCLA Bruin Classic (14)	3rd, 190.800
	at UCLA	L, 190.800-194.550
	vs. Oregon State	L, 190.800-192.550
	vs. Cal State Fullerton	W, 190.800-189.275
2/28	Arizona	W, 195.725-194.725
	Temple	W, 195.725-186.775
	West Virginia	W, 195.725-192.925
3/6	at LSU	L, 194.175-194.475
	vs. Alabama	L, 194.175-195.975
3/14	Nebraska	L, 194.125-195.550
3/21	at Big Ten Championships (29)	3rd, 194.725
	Minnesota	L, 194.725-195.400
	Michigan	L, 194.725-194.900
	Michigan State	W, 194.725-194.050
	Iowa	W, 194.725-193.575
	Illinois	W, 194.725-192.850
	Ohio State	W, 194.725-192.625
4/4	at NCAA Regionals (5)	1st, 194.600
	Ohio State	W, 194.600-193.525
	Kent State	W, 194.600-191.475
	Massachusetts	W, 194.600-189.650
	New Hampshire	W, 194.600-189.075
	Pittsburgh	W, 194.600-189.075
	Rutgers	W, 194.600-185.550
4/18	at NCAA Championships (14)	10th, 194.625

1999 (10-4) Head Coach: Steve Shephard

1/9	Rutgers	W, 195.075-187.975
1/16	UCLA	W, 193.825-193.525
	New Hampshire	W, 193.825-190.850
1/23	at North Carolina State	W, 191.525-188.925
1/30	Florida	W, 196.750-193.500
2/5	at Stanford	L, 191.650-194.050
	vs. UCLA	L, 191.650-193.900
2/13	at Illinois*	W, 195.175-193.750
2/19	Alabama (30)	W, 197.025-196.025
2/27	at Ohio State*	L, 195.875-195.650
3/6	at Boise State	W, 195.950-195.750
	vs. Southeast Missouri State	W, 195.950-194.125
	vs. San Jose State	W, 195.950-191.500
3/13	at Nebraska	L, 195.800-196.250
3/27	at Big Ten Championships (24)	2nd, 196.300
	Michigan	L, 196.300-196.550
	Ohio State	W, 196.300-194.625
	Minnesota	W, 196.300-194.150
	Illinois	W, 196.300-193.800
	at Michigan State	W, 196.300-191.600
	Iowa	W, 196.300-136.825
4/10	NCAA Regionals (8)	1st, 196.335
	Arizona State	W, 196.335-195.100
	New Hampshire	W, 196.335-192.525
	Pittsburgh	W, 196.335-191.500
	Massachusetts	W, 196.335-190.275
	Rhode Island	W, 196.335-187.750
4/22	at NCAA Championships (11)	8th, 194.775

2000 (8-2)

1/16	at New Hampshire	L, 193.800-194.700
1/22	Illinois*	W, 194.325-190.575
1/28	at Florida	W, 194.925-194.050
	vs. Massachusetts	W, 194.925-188.750
2/12	at Massachusetts	W, 194.825-193.100
2/19	West Virginia (30)	W, 194.850-195.625
	Boise State	W, 195.850-193.375
2/26	Ohio State*	W, 194.800-192.425
3/3	Stanford	W, 196.100-194.700
3/11	at Alabama	L, 195.375-196.550
3/18	Big Ten Championships (8)	2nd, 196.575
	Michigan	L, 196.575-197.850
	Minnesota	W, 196.575-196.150
	Ohio State	W, 196.575-194.875
	Michigan State	W, 196.575-193.825
	Illinois	W, 196.575-193.750
	Iowa	W, 196.575-193.650
4/1	NCAA Regionals (8)	2nd, 195.925
	Michigan	L, 195.925-196.550
	Florida	W, 195.925-195.875
	Rutgers	W, 195.925-192.375
	Pittsburgh	W, 195.925-191.850
	New Hampshire	W, 195.925-191.200
4/13	at NCAA Championships (31)	7th, 195.350

2001 (11-10)

1/6	at Super Six Challenge (23)	6th, 193.275
	at Alabama	L, 193.275-195.350
	vs. Georgia	L, 193.275-195.350
	vs. Stanford	L, 193.275-195.300
	vs. Michigan	L, 193.275-194.475
	vs. Florida	L, 193.275-194.425
1/13	at Illinois*	W, 194.825-194.450
1/20	New Hampshire	W, 194.075-192.150
1/27	at Ohio State*	L, 194.700-195.350
2/3	Pittsburgh	W, 196.875-192.450
2/10	at West Virginia	L, 194.925-196.600
	vs. Nebraska	L, 194.925-197.050
	vs. James Madison	W, 194.925-190.100
2/17	at Rhode Island	W, 196.775-193.150
2/23	Massachusetts	W, 197.450-193.150
3/3	at Maryland	L, 195.350-195.500
3/10	at Denver	W, 195.375-194.650
	vs. Florida	W, 195.375-195.150
	vs. Air Force	W, 195.375-194.075
3/17	Alabama	L, 196.650-197.525
	Rutgers	W, 196.650-189.775
	Cornell	W, 196.600-185.600
3/24	at Big Ten Championships (26)	2nd, 196.425
	Michigan	L, 196.425-197.150
	Minnesota	W, 196.425-195.750
	Ohio State	W, 196.425-195.425
	Iowa	W, 196.425-195.400
	Michigan State	W, 196.425-193.975
	Illinois	W, 196.425-193.375
4/7	at NCAA Regionals (32)	4th, 194.775
	Nebraska	L, 194.775-196.200
	Oklahoma	L, 194.775-194.925
	Arizona	L, 194.775-194.825
	Washington	W, 194.775-194.450
	Illinois State	W, 194.775-191.725

2002 (6-10) Head Coach: Steve Shephard

1/11	at Super Six Challenge (15)	6th, 193.375
	vs. Georgia	L, 193.375-196.525
	vs. Alabama	L, 193.375-195.725
	vs. UCLA	L, 193.375-195.650
	at Florida	L, 193.375-194.600
	vs. LSU	L, 193.375-193.825
1/19	Denver	L, 192.750-193.250
1/27	at Pittsburgh	W, 193.500-191.100
2/2	Illinois*	W, 195.200-191.850
2/9	at New Hampshire	W, 195.525-194.900
2/15	at Florida	L, 195.325-196.900
	vs. Stanford	L, 195.325-195.700
	vs. UIC	W, 195.325-194.175
3/3	at Nebraska	L, 195.475-196.575
3/9	Maryland	W, 195.800-194.075
	Rhode Island	W, 195.800-191.500
3/16	West Virginia	L, 192.750-196.275
3/23	at Big Ten Championships (16)	7th, 192.550
	Michigan	L, 192.550-196.475
	Minnesota	L, 192.550-195.775
	Iowa	L, 192.550-195.550
	Ohio State	L, 192.550-194.725
	Michigan State	L, 192.550-194.625
	Illinois	L, 192.550-192.825
4/6	NCAA Regionals (8)	5th, 192.225
	Nebraska	L, 192.225-195.925
	Michigan	L, 192.225-195.600
	Iowa	L, 192.225-195.475
	George Washington	L, 192.225-192.675
	Pittsburgh	W, 192.225-190.975

2003 (10-8) Head Coach: Steve Shephard

1/11	at Super Six Challenge (18)	5th, 194.375

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2022 PENN STATE WOMEN'S GYMNASTICS



2004 (6-5-2) Head Coach: Steve Shephard

1/16	at Alabama	L, 194.600-197.125
1/24	Central Michigan	W, 195.575-193.125
1/31	West Virginia	W, 195.675-195.251
	Rhode Island	W, 195.675-189.325
	Yale	W, 195.675-189.250
2/6	at Cat Classic (10)	3rd
	at Missouri	L, 195.575-197.350
	vs. BYU	L, 195.575-196.125
	vs. Kentucky	W, 195.575-194.125
2/14	Minnesota*	W, 195.100-195.075
2/21	at Ohio State*	T, 195.950-195.950
2/28	at Pittsburgh	L, 195.800-196.350
3/6	at New Hampshire	T, 196.375-196.375
3/13	Oklahoma	L, 195.775-196.175
3/20	at Big Ten Championships (25)	2nd, 196.625
	Michigan	L, 196.625-197.800
	Iowa	W, 196.625-196.500
	Minnesota	W, 196.625-196.325
	Michigan State	W, 196.625-196.025
	Illinois	W, 196.625-195.400
	Ohio State	W, 196.625-194.450
4/3	NCAA Regionals (8)	4th, 196.075
	Georgia	L, 196.075-197.525
	Michigan	L, 196.075-196.375
	Iowa State	L, 196.075-196.150
	Missouri	W, 196.075-194.400
	New Hampshire	W, 196.075-194.125
4/15	at NCAA Championships (14)	NTS-IQ

2005 (18-5) Head Coach: Steve Shephard

1/7	at Super Six Challenge (15)	5th
	vs. Georgia	L, 194.850-193.000
	at Florida	L, 194.450-193.000
	vs. Alabama	L, 193.875-193.000
	vs. Arizona	L, 193.425-193.000
	vs. Iowa	W, 193.000-190.725
1/15	Illinois*	W, 194.125-193.200
	Pittsburgh	W, 194.125-188.200
1/21	at Michigan*	L, 196.075-194.445
1/29	Maryland	W, 196.300-192.325
2/5	New Hampshire	W, 193.575-192.275
	Missouri	W, 193.575-191.925
	Cornell	W, 193.575-187.100
2/13	at West Virginia	W, 196.650-195.425
	vs. Ball State	W, 196.650-190.975
2/19	George Washington	W, 195.050-190.325
2/26	Ohio State*	W, 193.975-191.475
3/4	at Arizona State	W, 195.550-194.350
3/11	at Boise State	W, 196.025-195.950
	vs. San Jose State	W, 196.025-193.450
	vs. Seattle Pacific	W, 196.025-192.650
3/19	Rutgers	W, 195.550-193.100
	Temple	W, 195.550-190.300
	William & Mary	W, 195.550-189.650
3/26	at Big Ten Championships (29)	2nd, 196.125
	Michigan	L, 196.125-196.250
	Minnesota	W, 196.125-195.375
	Michigan State	W, 196.125-193.775
	Illinois	W, 196.125-193.725
	Iowa	W, 196.125-193.000
	Ohio State	W, 196.125-192.875
4/9	at NCAA Regionals (6)	2nd, 195.375
	UCLA	L, 195.375-197.025
	Washington	W, 195.375-195.000
	Stanford	W, 195.375-194.750
	Boise State	W, 195.375-194.500
	Central Michigan	W, 195.375-194.125
4/21	at NCAA Championships (33)	10th, 194.975

2006 (10-5)

Head Coach: Steve Shephard

1/14	Alabama	L, 194.875-196.125
	Arizona	W, 194.875-194.350
1/21	Michigan*	L, 194.400-194.825
	West Virginia	W, 194.400-190.675
	Cornell	W, 194.400-181.175
1/28	at Minnesota*	L, 193.500-194.175
2/3	at Arkansas	W, 194.650-194.575
2/10	Nebraska	W, 196.025-195.475
	Rutgers	W, 196.025-190.550
	Yale	W, 196.025-190.200
2/25	at Ohio State*	W, 196.625-193.675
3/4	at New Hampshire	W, 195.700-194.075
3/10	at Florida	L, 193.200-196.150
	vs. LSU	L, 193.200-195.275
3/18	at Pittsburgh	W, 196.400-189.750
3/25	at Big Ten Championships (24)	3rd, 194.925
	Minnesota	L, 194.925-195.150
	Michigan State	L, 194.925-194.975
	Michigan	W, 194.925-194.475
	Ohio State	W, 194.925-193.525
	Iowa	W, 194.925-193.425
	Illinois	W, 194.925-192.500
4/7	at NCAA Regionals (9)	3rd, 194.900
	Oklahoma	L, 194.900-196.375
	LSU	L, 194.900-195.825
	Kentucky	W, 194.900-194.075
	Michigan State	W, 194.900-193.575
	Ohio State	W, 194.900-193.000
4/20	at NCAA Championships (21)	NTS-IQ

2007 (19-4)

Head Coach: Steve Shephard

1/5	at Super Six Challenge (34)	3rd
	vs. Florida	L, 194.575-196.550
	vs. Nebraska	L, 194.575-195.200
	vs. LSU	W, 194.575-194.125
	vs. Denver	W, 194.575-192.975
	at Arkansas	W, 194.575-192.800
1/13	Arkansas	L, 193.600-194.850
1/20	Minnesota*	W, 192.900-191.175
1/27	North Carolina State	W, 193.850-192.625
2/3	at West Virginia	W, 195.625-194.625
	vs. Kent State	W, 195.625-192.275
	vs. George Washington	W, 195.625-191.375
	vs. Wilson College	W, 195.625-147.700
2/10	Pittsburgh	W, 195.075-192.825
2/16	at Michigan*	W, 195.900-195.525
2/24	Ohio State*	W, 196.450-194.825
3/2	at Maryland	W, 195.275-191.600
3/9	at LSU	L, 196.275-197.175
3/16	at Arizona	W, 196.825-196.650
	vs. Kentucky	W, 196.825-195.600
	vs. Texas Women's Univ.	W, 196.825-190.525
3/24	Rutgers	W, 196.325-191.550
	New Hampshire	W, 196.325-190.325
	Yale	W, 196.325-187.475
3/31	Big Ten Championships (8)	3rd, 196.475
	Michigan	L, 196.475-196.575
	Illinois	W, 196.475-195.250
	Ohio State	W, 196.475-194.025
	Minnesota	W, 196.475-193.225
	Iowa	W, 196.475-192.750
	Michigan State	W, 196.475-192.650
4/14	at NCAA Regionals (35)	3rd, 195.775
	Georgia	L, 195.775-197.275
	Denver	L, 195.775-195.825
	BYU	W, 195.775-193.300
	Minnesota	W, 195.775-192.900
	Utah State	W, 195.775-192.525
4/26	at NCAA Championships (11)	NTS-IQ

2008 (13-8)

Head Coach: Steve Shephard

1/11	at Pittsburgh	W, 194.050-190.450
	vs. Kent State	W, 194.050-192.175
1/19	Michigan*	L, 195.100-195.275
1/25	at Arkansas	L, 194.625-195.250
2/2	West Virginia	L, 193.375-195.150
2/9	at New Hampshire	W, 195.275-194.225
	vs. Yale	W, 195.275-189.100
	vs. William & Mary	W, 195.275-186.750
2/16	at North Carolina State	L, 194.775-195.150
	vs. Kent State	W, 194.775-194.025
	vs. William & Mary	W, 194.775-189.625
2/24	at Ohio State*	L, 193.650-194.250
3/1	George Washington	W, 195.025-192.575
	Bowling Green	W, 195.025-189.800
	SUNY-Cortland	W, 195.025-183.800
3/7	at Arizona State	W, 195.025-194.550
	vs. Boise State	L, 195.025-196.000
3/14	at Alabama	L, 194.675-197.300
3/21	Nebraska	L, 195.725-196.000
	Maryland	W, 195.725-192.675



2022 PENN STATE WOMEN'S GYMNASTICS

2010 (13-8)	Head Coach: Steve Shephard	2012 (14-3)	Head Coach: Jeff Thompson	2014 (20-3)	Head Coach: Jeff Thompson
1/9 at Michigan State*	L, 193.900-193.925	1/8 at West Virginia	W, 195.775-195.100	1/5 at Iowa State	W, 193.925-193.550
vs. West Virginia	W, 193.900-191.225	vs. Maryland	W, 195.775-194.225	1/10 at No. 21 Kentucky	L, 193.975-195.000
vs. Western Michigan	W, 193.900-189.525	1/15 at New Hampshire	W, 196.125-194.250	West Virginia	W, 193.975-193.700
1/16 at Denver	L, 194.150-194.650	1/21 Alabama	L, 196.100-196.175	Ball State	W, 193.975-190.875
vs. Air Force	W, 194.150-185.850	Michigan State*	W, 196.100-192.875	1/18 Southeast Missouri State	W, 196.025-193.800
1/23 Iowa*	W, 195.325-192.175	Cornell	W, 196.100-188.850	Cornell	W, 196.025-191.000
Yale	W, 195.325-186.125	1/28 at Minnesota*	W, 195.475-195.150	UIC	W, 196.025-189.125
Cornell	W, 195.325-185.750	2/3 at Iowa*	W, 195.800-195.150	1/25 at Michigan State*	W, 194.825-192.750
1/30 Alabama	L, 196.025-196.600	2/11 at North Carolina State	L, 196.650-196.775	2/1 at No. 21 Ohio State*	W, 196.150-195.625
Minnesota*	W, 196.025-192.850	vs. George Washington	W, 196.650-191.750	2/8 vs. No. 8 Nebraska*	L, 196.150-197.225
2/6 Illinois*	W, 196.425-196.275	vs. William & Mary	W, 196.650-191.375	2/15 vs. No. 15 Illinois*	W, 196.675-195.600
2/13 at Pittsburgh	W, 196.450-194.650	2/18 Brockport	W, 195.950-183.200	2/22 at Rutgers	W, 195.825-194.575
2/20 West Virginia	W, 195.950-194.925	2/25 at Ohio State*	L, 195.000-196.025	Temple	W, 195.825-191.950
2/27 at Ohio State*	L, 193.850-195.950	3/2 Michigan*	W, 196.000-195.900	Ursinus	W, 195.825-184.825
3/7 Michigan*	W, 196.725-196.575	North Carolina	W, 196.000-195.750	2/28 Western Michigan	W, 196.600-193.625
Maryland	W, 196.725-195.650	3/11 at Pittsburgh	W, 196.425-195.075	Bridgeport	W, 196.600-193.500
Bridgeport	W, 196.725-193.200	3/17 Maryland	W, 196.500-195.550	Yale	W, 196.600-188.525
3/12 at Utah	L, 195.700-196.975	3/24 at Big Ten Championship (29)	6th, 195.700	3/8 at New Hampshire	W, 197.200-196.675
vs. Oregon State	L, 195.700-196.650	Nebraska	L, 195.700-197.100	George Washington	W, 197.200-195.150
vs. Southern Utah	L, 195.700-196.025	Ohio State	L, 195.700-196.225	Bridgeport	W, 197.200-193.400
3/20 Nebraska	L, 195.575-196.200	Minnesota	L, 195.700-195.950	3/15 No. 13 Minnesota*	L, 196.475-196.700
3/27 at Big Ten Championships (16)	2nd, 196.575	Michigan	L, 195.700-195.875	at No. 8 Michigan*	W, 196.475-196.025
Michigan	L, 196.575-196.900	Illinois	L, 195.700-195.850	Iowa*	W, 196.475-194.750
Iowa	W, 196.575-195.575	Iowa	W, 195.700-195.425	3/22 Big Ten Championships (8)	5th, 196.475
Minnesota	W, 196.575-195.350	Michigan State	W, 195.700-194.675	No. 8 Michigan	L, 196.475-197.550
Michigan State	W, 196.575-195.325	4/7 at NCAA Regionals (36)	4th, 195.650	No. 9 Nebraska	L, 196.475-196.950
Illinois	W, 196.575-195.025	Florida	L, 195.650-197.325	No. 16 Minnesota	L, 196.475-196.675
Ohio State	W, 196.575-194.700	Ohio State	L, 195.650-196.225	No. 13 Illinois	L, 196.475-196.625
4/10 NCAA Regionals (8)	3rd, 196.050	North Carolina State	L, 195.650-195.975	No. 24 Ohio State	W, 196.475-196.400
Oklahoma	L, 196.050-197.250	North Carolina	W, 195.650-194.025	Iowa	W, 196.475-195.400
LSU	L, 196.050-196.400	Kent State	W, 195.650-193.575	Michigan State	W, 196.475-194.500
New Hampshire	W, 196.050-194.800	4/20 at NCAA Championships (41)	NTS-IQ	4/5 NCAA Regional Championships (8)	2nd, 196.725
Ohio State	W, 196.050-193.875			No. 1 Florida	L, 196.725-197.050
Maryland	W, 196.050-193.750			No. 12 Oregon State	W, 196.725-196.525
4/22 at NCAA Championships (15)	NTS-IQ			Kentucky	W, 196.725-195.925
2011 (13-4)	Head Coach: Jeff Thompson	2013 (13-5)	Head Coach: Jeff Thompson	2015 (14-3)	Head Coach: Jeff Thompson
1/7 at Alabama	L, 192.750-195.350	1/5 at No. 20 Denver	L, 193.725-194.700	1/10 New Hampshire	W, 194.675-193.450
1/14 at Michigan*	L, 194.450-194.900	vs. Lindenwood	W, 193.725-185.925	Rutgers	W, 194.675-191.825
vs. Illinois*	L, 194.450-194.475	1/12 at UIC	W, 194.150-191.700	Cornell	W, 194.675-186.725
1/22 New Hampshire	W, 195.275-194.475	1/19 No. 12 Minnesota*	L, 194.300-195.525	1/17 at No. 8 Nebraska*	L, 196.025-197.125
1/28 at Florida	L, 195.300-197.500	Kent State	L, 194.300-195.450	1/24 Maryland*	W, 196.550-194.450
vs. North Carolina State	W, 195.300-194.075	Towson	W, 194.300-192.175	1/31 at No. 14 Illinois*	L, 195.600-196.400
2/6 Pittsburgh	W, 195.550-193.475	1/26 Iowa*	W, 195.500-195.325	2/7 Michigan State*	W, 197.025-193.425
West Virginia	W, 195.550-194.050	No. 22 Pittsburgh	W, 195.500-193.575	2/14 Ohio State*	W, 196.275-195.200
Bridgeport	W, 195.550-192.250	Rutgers	W, 195.500-193.225	2/21 at Pittsburgh	W, 196.175-193.350
2/11 at North Carolina	W, 195.925-192.975	2/2 No. 18 Ohio State*	W, 195.575-194.675	2/28 Iowa State	W, 196.650-195.375
2/18 at Maryland	W, 196.600-195.300	2/10 at No. 9 Nebraska*	L, 195.150-197.175	Penn	W, 196.650-191.925
vs. Rutgers	W, 196.600-192.975	2/16 at No. 3 Michigan*	L, 196.700-197.375	SUNY-Brockport	W, 196.650-190.750
vs. William & Mary	W, 196.600-186.875	2/23 Michigan State*	W, 196.700-196.00	3/8 at West Virginia	W, 196.750-195.900
2/26 Ohio State*	W, 196.325-195.900	3/2 at No. 19 Illinois*	W, 196.300-195.775	3/14 Big Five Qualifier (25)	2nd, 196.650
3/4 North Carolina State	W, 197.075-195.125	New Hampshire	W, 196.975-194.225	No. 8 Michigan*	L, 196.650-197.000
Maryland	W, 197.075-194.625	Penn	W, 196.975-193.000	No. 20 Minnesota*	W, 196.650-196.450
3/12 at West Virginia	W, 195.825-195.025	Kentucky	W, 197.325-196.775	No. 25 Iowa*	W, 196.650-196.425
3/19 at Big Ten Championship (25)	2nd, 196.375	3/16 at Big Ten Championships (24)	6th, 195.825	Rutgers*	W, 196.650-194.150
Michigan	L, 196.375-196.600	No. 9 Nebraska	L, 195.825-197.800	3/21 at Big Ten Championships (26)	4th, 196.725
Illinois	W, 196.375-196.075	No. 4 Michigan	L, 195.825-197.225	No. 8 Michigan	L, 196.725-197.825
Minnesota	W, 196.375-195.325	No. 14 Minnesota	L, 195.825-196.775	No. 15 Illinois	L, 196.725-197.350
Ohio State	W, 196.375-194.900	No. 18 Illinois	L, 195.825-196.475	No. 9 Nebraska	L, 196.725-196.875
Iowa	W, 196.375-194.850	No. 20 Ohio State	L, 195.825-195.950	No. 25 Iowa	W, 196.725-196.500
Michigan State	W, 196.375-194.425	Michigan State	W, 195.825-195.450	No. 20 Minnesota	W, 196.725-196.450
4/2 at NCAA Regional (23)	3rd, 195.850	Iowa	W, 195.825-193.400	Maryland	W, 196.725-196.075
Alabama	L, 195.850-197.275	4/6 at NCAA Regionals (37)	4th, 195.875	Michigan State	W, 196.725-195.650
UIC	L, 195.850-195.925	No. 2 Oklahoma	L, 195.875-197.375	No. 24 Ohio State	W, 196.725-195.250
Auburn	W, 195.850-195.600	No. 11 Stanford	L, 195.875-196.800	Rutgers	W, 196.725-193.125
Kentucky	W, 195.850-195.175	No. 22 Washington	L, 195.875-195.925	4/4 at NCAA Regional (37)	6th, 195.150
Central Michigan	W, 195.850-195.075	Southern Utah	W, 195.875-194.850	No. 1 Oklahoma	L, 195.150-197.625
4/15 at NCAA Championships (40)	NTS-IQ	Iowa	W, 195.875-194.475	No. 12 Oregon State	L, 195.150-196.750
		4/20 at NCAA Championships (14)	NTS-IQ	Southern Utah	L, 195.150-196.275
				Missouri	L, 195.150-196.100
				North Carolina State	L, 195.150-195.775

2022 PENN STATE WOMEN'S GYMNASTICS



2016 (11-7)		Head Coach: Jeff Thompson
1/9	No. 27 NC State (DD)	L, 194.700-194.125
1/16	Nebraska*	L, 196.150-194.575
1/24	at Maryland*	Postponed
1/29	No. 19 Illinois*	L, 195.025-195.725
2/6	at Michigan State*	W, 195.700-195.175
2/14	at No. 23 Ohio State*	W, 195.925-195.675
2/20	No. 4 Alabama	L, 195.100-197.300
	No. 13 Denver	L, 195.100-196.350
	Cornell	W, 195.100-191.050
2/22	at Maryland*	W, 196.350-195.350
2/26	Unite For Her (17)	2nd, 195.675
	No. 24 West Virginia	L, 195.675-196.225
	West Chester	W, 195.675-193.475
	Temple	W, 195.675-191.625
	Southern Conn. State	W, 195.675-188.700
3/4	at Arizona State	W, 195.350-194.625
3/12	Big Five Qualifier (25)	2nd, 197.125
	No. 19 Minnesota*	L, 197.125-197.425
	No. 6 Michigan*	W, 197.125-196.875
	Iowa*	W, 197.125-196.650
	Rutgers*	W, 197.125-194.550
3/19	at Big Ten Championships (26)	4th, 196.150
	No. 7 Michigan	L, 196.150-197.125
	No. 12 Nebraska	L, 196.150-196.900
	No. 16 Minnesota	L, 196.150-196.575
	No. 18 Iowa	W, 196.150-195.875
	Ohio State	W, 196.150-195.875
	Michigan State	W, 196.150-195.475
	No. 24 Illinois	W, 196.150-195.175
	Rutgers	W, 196.150-194.775
	Maryland	W, 196.150-194.025
4/4	at NCAA Regional (37)	5th, 195.125
	No. 6 Auburn	L, 195.125-196.525
	No. 18 Stanford	L, 195.125-196.525
	No. 7 Michigan	L, 195.125-196.475
	No. 24 Eastern Michigan	L, 195.125-196.250
	New Hampshire	W, 195.125-193.900
4/15	at NCAA Championships (44)	NTS-IQ

2017 (11-8)		Head Coach: Jeff Thompson+
1/7	No. 36 BYU	W, 194.625-194.225
	Temple	W, 194.625-191.925
	Bowling Green	W, 194.625-190.725
1/15	at Nebraska*	L, 192.900-195.700
1/21	Maryland*	W, 195.575-194.725
1/29	at No. 21 Illinois*	L, 193.250-195.625
2/4	at Michigan State*	W, 195.925-194.775
2/11	No. 18 Ohio State*	L, 195.850-195.950
2/19	at Texas Woman's University	L, 194.550-196.000
	Sacramento State	L, 194.550-195.550
	West Virginia	L, 194.550-195.375
2/25	Pittsburgh !	W, 195.200-193.525
3/5	Bridgeport	W, 196.200-193.875
	West Chester	W, 196.200-192.950
	Penn	W, 196.200-191.475
3/11	Big Five Qualifier (29)	3rd, 195.450
	No. 11 Michigan*	L, 195.450-197.150
	No. 16 Iowa*	L, 195.450-196.400
	No. 34 Minnesota*	W, 195.450-194.825
	Rutgers*	W, 195.450-192.650
3/18	Big Ten Championships (29)	T6th, 195.200
	No. 9 Michigan	L, 195.200-197.300
	No. 20 Illinois	L, 195.200-196.875
	No. 16 Iowa	L, 195.200-196.725
	No. 13 Nebraska	L, 195.200-196.475
	No. 24 Ohio State	L, 195.200-195.525
	Michigan State	T, 195.200-195.200
	Minnesota	W, 195.200-195.175
	Rutgers	W, 195.200-195.175
	No. 34 Maryland	W, 195.200-193.625
4/1	NCAA Regionals (46)	
	No. 3 Florida	L, 195.325-197.125
	No. 10 Georgia	L, 195.325-196.775
	No. 15 Missouri	L, 195.325-196.100
	No. 35 North Carolina	W, 195.325-194.425
	No. 30 New Hampshire	W, 195.325-194.175
4/14	at NCAA Championships (44)	NTS-IQ

+ Jeff Thompson was relieved of his duties on Feb. 23, 2017.

! Kera Molinaro and Josh Nilson finished the 2017 season as interim co-head coaches.

2018 (11-8)		Head Coach: Sarah Brown
1/6	No. 35 Eastern Michigan	W, 194.275-192.900
1/13	at Nebraska*	L, 195.050-195.550
1/19	at Maryland*	L, 195.025-195.550
1/27	No. 33 Illinois*	L, 195.475-195.750
2/4	at Michigan State*	W, 195.600-195.550
2/9	at No. 26 Ohio State*	L, 196.025-196.200
2/17	Cornell	W, 195.325-192.400
	Penn	W, 195.325-192.200
2/24	No. 18 George Washington	L, 196.150-196.475
3/4	at Pittsburgh	W, 196.650-196.475
	Temple	W, 196.650-194.250
	No. 31 West Virginia	W, 196.650-196.075
3/10	at No. 21 BYU	W, 196.675-196.500
	Texas Woman's University	W, 196.675-194.925
	Utah State	W, 196.675-195.725
3/17	Big Five Qualifier (46)	4th, 194.375
	No. 7 Michigan*	L, 194.375-197.225
	No. 32 Iowa*	L, 194.375-195.275
	No. 22 Minnesota*	L, 194.375-195.150
	Rutgers*	W, 194.375-193.725
3/24	at Big Ten Championships (27)	7th, 195.500
	No. 7 Michigan	L, 195.500-197.200
	No. 14 Nebraska	L, 195.500-196.950
	No. 27 Illinois	L, 195.500-196.625
	No. 36 Iowa	L, 195.500-196.400
	No. 24 Ohio State	L, 195.500-196.325
	No. 23 Minnesota	L, 195.500-196.225
	No. 29 Maryland	W, 195.500-195.250
	Rutgers	W, 195.500-194.400
	Michigan State	W, 195.500-194.275
4/7	at NCAA Regional (8)	5th, 194.900
	No. 5 Florida	L, 194.900-197.725
	No. 8 Washington	L, 194.900-196.275
	No. 17 Arizona State	L, 194.900-195.750
	No. 30 New Hampshire	L, 194.900-194.950
	No. 27 West Virginia	W, 194.900-194.400

2019 (10-9)		Head Coach: Sarah Brown
1/5	at No. 5 Utah	L, 194.450-197.175
1/12	vs. No. 32 Temple (47)	W, 195.150-194.700
	vs. Towson	W, 195.150-190.225
1/19	No. 17 Ohio State*	L, 194.850-196.075
1/26	No. 22 Minnesota*	L, 196.775-196.925
2/2	at No. 34 Illinois*	W, 195.275-193.500
2/9	at Rutgers*	L, 195.825-196.050
2/16	No. 8 Michigan*	L, 194.750-197.075
2/22	Big Five Qualifier (48)	3rd, 195.700
	No. 15 Nebraska*	L, 195.700-195.900
	No. 32 Maryland*	W, 195.700-195.500
	Iowa*	L, 195.700-196.450
	Michigan State*	W, 195.700-194.525
3/2	No. 21 Arizona State	W, 196.375-196.150
	Cornell	W, 196.375-194.575
	Yale	W, 196.375-194.100
3/8	at No. 3 Florida	L, 196.325-198.025
3/17	at No. 28 West Virginia	L, 195.525-196.425
	No. 27 NC State	W, 195.525-195.300
	No. 22 Ohio State	W, 195.525-194.925
3/23	Big Ten Championships (8)	5th, 196.125
	No. 7 Michigan	L, 196.125-197.400
	No. 11 Minnesota	L, 196.125-196.425
	No. 17 Nebraska	L, 196.125-196.550
	No. 22 Ohio State	W, 196.125-195.775
	No. 32 Illinois	L, 196.125-196.650
	No. 27 Maryland	W, 196.125-194.800
	No. 34 Iowa	W, 196.125-196.075
	Michigan State	W, 196.125-195.425
	Rutgers	W, 196.125-194.175
4/5	NCAA Regionals (26)	6th, 195.750
	No. 7 Michigan	L, 195.750-196.950

NOTES: Season records include only regular season meets. Atlantic 10 Championships, Big Ten Championships, NCAA/EAIAW Regionals and NCAA/AIAW Championships not included in season record.

* Big Ten Conference Meet

NTS-IQ - Not Team Score-Individual Qualifier Only

- Not included in all-time record due to no team listings.

Schedule Key: (1) at Cornell University, Ithaca, N.Y.; (2) at Appalachian State, Boone, N.C.; (3) at Towson University, Towson, Md.; (4) at Central Michigan University, Mt. Pleasant, Mich.; (5) at University of Pittsburgh, Pittsburgh, Pa.; (6) at University of Washington, Seattle, Wash.; (7) at University of Maryland, College Park, Md.; (8) at Penn State University, University Park, Pa.; (9) at LSU, Baton Rouge, La.; (10) at University of Missouri, Columbia, Mo.; (11) at University of Utah, Salt Lake City, Utah; (12) at University of Rhode Island, Kingston, R.I.; (13) at West Virginia University, Morgantown, W.Va.; (14) at UCLA, Los Angeles, Calif.; (15) at University of Florida, Gainesville, Fla.; (16) at Ohio State University, Columbus, Ohio; (17) Philadelphia, Pa.; (18) at University of Georgia, Athens, Ga.; (19) at George Washington University, Washington, D.C.; (20) University of Massachusetts, Amherst, Mass.; (21) at Oregon



2022 PENN STATE WOMEN'S GYMNASTICS

ALL-TIME SERIES RECORDS

Opponent	W	L	T	1st Mtg
Air Force	2	0	0	2001
Alabama	3	29	0	1983
Arizona	13	7	0	1982
Arizona State	5	5	0	1982
Arkansas	2	2	0	2006
Auburn	7	3	0	1987
Ball State	2	0	0	2005
Boise State	4	1	0	1990
Bowling Green	2	0	0	2008
Bridgeport	6	0	0	2009
Brockport	4	0	0	1970
BYU	7	2	0	1981
Cal	1	0	0	1995
Cal State Fullerton	5	6	0	1980
Centenary	0	0	1	1967
Central Michigan	2	0	0	1994
Clarion	5	7	1	1971
Cornell	13	0	0	2001
Denver	3	5	0	2001
East Stroudsburg	3	0	0	1970
Eastern Michigan	1	0	0	2018
Farleigh Dickinson	1	0	0	1966
Florida	6	23	0	1981
Franklin & Marshall	1	0	0	1974
George Washington	5	1	0	1983
Georgia	2	13	0	1985
Georgia College	1	0	0	1991
Illinois	11	9	0	1992
Indiana (Pa.)	11	0	0	1983
Indiana State	5	0	0	1975
Iowa	8	4	0	1990
Iowa State	5	1	0	1992
Ithaca	8	1	0	1966
James Madison	3	0	0	1982
Kent State	4	9	0	1965
Kentucky	10	2	0	1983
Lindenwood	1	0	0	2013
Lock Haven	4	0	0	1971
Louisville	2	0	0	1979
LSU	12	8	0	1980
Maryland	21	4	0	1987
Massachusetts	14	6	0	1966
Memphis	1	0	0	1984
Miami (Ohio)	3	1	0	1970
Michigan	7	18	0	1988
Michigan State	23	5	0	1965
Minnesota	11	11	0	1991

Opponent	W	L	T	1st Mtg
Missouri	14	4	0	1981
Montana State	1	0	0	1981
Nebraska	5	28	0	1983
New Hampshire	27	5	1	1983
New Mexico	2	0	0	1986
North Carolina	7	0	0	1982
North Carolina State	10	4	0	1995
Ohio State	34	25	1	1965
Oklahoma	2	3	0	1988
Oklahoma State	3	0	0	1983
Oregon State	0	5	0	1982
Penn	5	0	0	2009
Pittsburgh	49	3	0	1965
Radford	1	0	0	1997
Rhode Island	4	0	0	1983
Rutgers	24	2	0	1979
Sacramento State	0	1	0	2017
Salem State	2	0	0	1970
San Jose State	2	0	0	1999
Seattle Pacific	2	0	0	1996
Slippery Rock	5	4	0	1965
Southeast Missouri State	3	0	0	1996
Southern Connecticut State	3	0	0	1976
Southern Illinois	4	0	0	1977
Southern Utah	0	1	0	2010
Springfield College	6	4	0	1967
Stanford	3	3	0	1990
SUNY-Cortland	4	1	0	1971
Temple	16	0	0	1970
Texas Woman's University	2	1	0	2007
Towson	11	3	0	1969
UCLA	2	7	0	1981
UIC	3	0	0	2002
Ursinus	2	0	0	1997
USC	5	0	0	1980
Utah	1	14	0	1980
Utah State	5	1	0	1980
Vermont	1	0	0	1994
Washington	1	0	0	1994
West Chester	5	8	0	1965
West Virginia	33	8	0	1979
Western Michigan	2	1	0	2010
William & Mary	7	0	0	1991
Wilson College	2	0	0	1997
Yale	9	0	0	2003
Youngstown State	2	0	0	1974
Totals	600	314	4	

NOTES: Opponents records include only regular season meets and invitationals. Atlantic 10 Championships, Big Ten Championships, NCAA/EAIAW Regional and NCAA/AIAW Championships not included in series.

YEAR-BY-YEAR

Year	W	L	T	National Finish	Head Coach
1965	1	5	0	--	Ferriter
1966	5	2	0	--	Ferriter
1967	6	2	1	--	Ferriter
1968	1	0	0	--	Corrigan
1969	1	4	0	--	Hanley
1970	6	6	0	--	Hanley
1971	5	7	0	--	Hanley
1972	9	4	0	--	Hanley
1973	7	6	0	--	Block
1974	8	4	0	--	Block
1975	8	4	0	5th	Avener-Markell
1976	7	1	0	5th	Avener-Markell
1977	8	1	0	3rd	Avener-Markell
1978	7	1	0	1st	Avener-Markell
1979	17	0	0	2nd	Avener-Markell
1980	12	2	0	1st	Avener-Markell
1981	16	0	0	3rd	Avener-Markell
1982	17	3	0	3rd	Avener-Markell
1983	11	7	1	--	Avener-Markell
1984	14	9	0	7th	Avener-Markell
1985	13	6	0	9th	Avener-Markell
1986	15	8	0	6th	Avener-Markell
1987	13	8	0	--	Avener-Markell
1988	13	10	0	11th	Avener-Markell
1989	7	9	0	--	Avener-Markell
1990	12	7	0	--	Avener-Markell
1991	16	3	0	5th	Avener-Markell
1992	11	5	0	4th	Avener-Markell
1993	13	3	0	11th	Shephard
1994	13	8	0	--	Shephard
1995	11	10	0	8th	Shephard
1996	9	10	0	11th	Shephard
1997	12	9	0	11th	Shephard
1998	10	7	0	10th	Shephard
1999	10	4	0	8th	Shephard
2000	8	2	0	7th	Shephard
2001	11	10	0	--	Shephard
2002	6	10	0	--	Shephard
2003	10	8	0	--	Shephard
2004	6	5	2	--	Shephard
2005	18	5	0	10th	Shephard
2006	10	5	0	--	Shephard
2007	19	4	0	--	Shephard
2008	13	8	0	--	Shephard
2009	14	3	0	9th	Shephard
2010	13	8	0	--	Shephard
2011	13	4	0	--	Thompson
2012	14	3	0	--	Thompson
2013	13	5	0	--	Thompson
2014	20	3	0	12th	Thompson
2015	14	3	0	--	Thompson
2016	11	7	0	--	Thompson
2017	11	8	0	--	Thompson*
2018	11	8	0	--	Brown
2019	10	9	0	--	Brown
2020	8	9	0	--	Brown^
2021	3	12	0	--	Brown
Totals	600	314	4		

ALL-TIME COACHING RECORDS

Head Coach	Record	Years

2022 PENN STATE WOMEN'S GYMNASTICS



ALL-TIME ROSTER

A	E	M	S
Agnew, Elizabeth	1994-95	Eliasson, Joy	1971-72
Allen, Cécile	2004-05	Ettl, Natalie	2009-12
Allen, Erynn	2019-2021	F	
Alotta, Taylor	2013-14	Faden, Alex	2013
Alston, Debora	1979-81	Fahey, Heather	1997-98
Anderson, Heidi	1981-82	Feldman, Carol	1968
Andrews, Amy	1973-74	Ferguson, Ruth	1971
Anthony, Janet	1977-80	Fischler, Kim	1986
Arnesen, Carrie	1987-90	Foley, Bridget	1993-96
Astarita, Melissa	2019-present	Ford, E'Tona	1999-01
Autry, Amber	2016-19	Foster, Margie	1979-80
Ayers, Maggie	2021-present	Frietag, Cindy	1974-75
B	G	Mace, Maggie	2021-present
Baker, Carolyn	1965-66	Eliasson, Joy	1971-72
Bair, Leslie	2000-03	Ettl, Natalie	2009-12
Barbato, Sharon	1993-94	F	
Barber, Allison	1990-93	Faden, Alex	2013
Bastardi, Jessie	2019-present	Fahey, Heather	1997-98
Bauer, Amy	1994-95	Feldman, Carol	1968
Beck, Joanne	1977-79	Ferguson, Ruth	1971
Beck, Kristina	2008	Fischler, Kim	1986
Beckwith, Nikki	2022-present	Foley, Bridget	1993-96
Beltz, Joanne	1980-82	Ford, E'Tona	1999-01
Bencsko, Whitney	2009-12	Foster, Margie	1979-80
Bergstrom, Su	1973-76	Frietag, Cindy	1974-75
Bernstein, Judy	1973	G	
Bervinchak, Donna	1986	Gackenbach, Joan	1976-77
Bizal, Collette	1975	Garcia, Sabrina	2016-19
Blades, Kristin	2010-12	Gendron, Mary Jane	1988-91
Bladon, Amy	2020-present	Gilmour, Peggy	1970-71
Bogar, Cassidy	2011	Goldstein, Carol	1965-66
Bongiovanni, Nikki	1999, 2001-03	Goldstein, Judy	1972
Bonsall, Alissa	2018-present	H	
Borkan, Lindsay	2005-08	Hairston, Lynne	1984-86
Braun, Pam	1985-88	Harkleroad, Linda	1965-68
Breese, Candi	1970	Harrell, Grace	2022-present
Bridgens, Lauren	2018-present	Hartman, Chris	1977
Bridwell, Sharon	1974	Haupt, Holly	1984-86
Bright, Paula	1988-91	Healy, Sandy	1970-71
Brock, Stephanie	2010-12	Heckman, Madison	2016
Brockway, Alexandra	2007-10	Higashida, Karen	1975
Brooks, Linda	1969	Hills, Rachel	1994-95
Brown, Jeannette	1965-66	Hiltabrand, Jada	1989-92
Brown, Kiera	2016	Hintz, Ann	1969
Brown, Susan	1987	Hoover, Meredith	2003-06
Bundy, Heather	1994-96	Hosek, Mason	2016-19
Bunker, Renee	1984-86	Hosler, Lynn	1971
C	J	Howell, Donna	2018-present
Campagnolo, Lisa	2000-02	Hoyt, Carey	1995-98
Cantwell, Janet	1976	Hubbard, Sandra	1968
Cappello, Leigh	1994-97	Huch, Christi	1995-98
Carr, Ann	1977-80	I	
Carroll, Lexi	2012-15	Ilg, Michelle	2003-06
Casey, Ellen	1996-99	Ingebretsen, Lisa	1979-81
Cataldo, Sue	1972	K	
Cathrall, Linda	1965	Kerner, Tracy	1992-95
Chapin, Ruby	1965	Kesler, Margie	1972-73
Chinnery, Kourtney	2018-present	Klein, Melissa	2008-10
Chung, Cissy	1982-85	Kobman, Hannah	2013-14
Cimochowski, Karen	1992-95	Knox, Joanna	1995-98
Clark, Lisa	2004-06	Konsevick, Daryl	2009-12
Clayton, Erin	2003-04	Kurtz, Barbara	1965-66
Coccagna, Ellen	1974-77	L	
Cohn, Amy	1987	LaGuardia, Gianna	2016-19
Coldren, Claudia	1977-79	Lehman, Patti	1968-69
Cox, Dymiana	2019-present	Leopoldus, Missy	1996-99
Crane, Lynn	1988-91	Leslie, Karen	1975
Cross, Natalie	2021-present	Levine, Marcia	1979-82
Cuff, Gemma	1998-2001	Li, Lauren	2015
Cuomo, Dana	2000-03	Loree, Pam	1984-86
Cutshaw, Lauren	1994-96	Ludwick, Diane	1972-73
D	L	Lyst, Rene	1990-93
CaDas, Lipika	1976	M	
Deleo, Nadine	1984-85	Mace, Maggie	2021-present
DeLuca, Dorthea	1972-75	MacQueen, Nancy	1970
DiPasquale, Sarah	1999-2000	Malinak, Nicole	1994-97
Docherty, Susan	1989-90	Mallios, Lisa	1988-90
Drilling, Jennifer	1998-01	Magner, Ann	1970
Drum, Diane	1983-85	Manzolillo, Michelle	1993-96
Duhe, Sarah	2022-present	McAvoy, Katie	2000-03
Duggan, Heather	1997-99	McCardle, Cathy	1970-71
Duval, Susan	1969	McCracken, Tess	2017-20
E	F	McElwee, Heather	2008-11
Elliason, Joy	1971-72	McGeachy, Anne	1980
Ettl, Natalie	2009-12	Medvitz, Nicole	2014-17
G	H	Mehrer, Ashley	2004-07
Gackenbach, Joan	1976-77	Merriam, Madison	2010-13
Garcia, Sabrina	2016-19	Minor, Kristen	1986
Gendron, Mary Jane	1988-91	Minor, Tee	1984-85
Gilmour, Peggy	1970-71	Montevideo, Diane	1971-72
Goldstein, Carol	1965-66	Montross, Lindsey	2007-09
Goldstein, Judy	1972	Muno, Debbie	1986-87
H	I	Musgrove, Lindsay	2011-14
Hairston, Lynne	1984-86	Musser, Sharaya	2010-13
Harkleroad, Linda	1965-68	Musto, Samantha	2013-14
Harrell, Grace	J	N	1984
Hartman, Chris	1977	Noll, Betsy	1984
Haupt, Holly	1984-86	O	
Healy, Sandy	1970-71	Oaks, Sharon	1967
Heckman, Madison	2016	O'Brien, Debbie	1986-88
Higashida, Karen	1975	Olaes, Amie	2004-07
Hills, Rachel	1994-95	Omohundro, Jeanne	1982
Hiltabrand, Jada	1989-92	Orlando, Jennifer	2003-06
Hintz, Ann	1969	P	
Hoover, Meredith	2003-06	Park, Nancy	1974-76
Hosek, Mason	2016-19	Parody, Kathy	1986-88
Hosler, Lynn	1971	Perret, Katie	2006-07
Hover, Danielle	2008-11	Personett, Brandi	2007-10
Howell, Donna	K	Petrick, Sue	1965-66
Hoyt, Carey	1995-98	Piras, Michele	192-73
Hubbard, Sandra	1968	Pirkl, Corissa	2004-07
Huch, Christi	1995-98	Pokorny, Kathy	1982
I	L	Polak, Karen	1981-82
Ilg, Michelle	2003-06	Polito, April	1991-94
Ingebretsen, Lisa	1979-81	Politz, Kristen	2017-20
J	M	Pollack, Kris	1983
Jensen, Karen	1969	Polusny, Eileen	1973-74
Johanson, Jessica	K	Pomper, Kathy	1984-87
Johnson, Debbie	2022-present	Portman, Peg	1972
Johnson, Karen	1972	Postiglione, Christina	2014-17
Johnson, Karen	1973-75	R	
Johnson, Nicole	1999-2000	Raines, Jamie	1991-92
Johnson, Nora	1970, 1973	Raygoza, Chanen	2015-17
Johnston, Maddie	L	Reger, Michelle	1987-88
Jones, Jessica	2016-19	Renton, Debbie	1970-73
K	J	Reppmann, Susan	1986-88
Kerner, Tracy	1992-95	Ribblett, Donna	1971
Kesler, Margie	1972-73	Robertson, Bernadette	1984-87
Klein, Melissa	2008-10	Rogers, Janice	1989-92
Kobman, Hannah	2013-14	Rohm, Kira	1988-90
Knox, Joanna	1995-98	Rohrbaugh, Casey	2007-10
Konsevick, Daryl	2009-12	Romagnano, Bella	2020-present
Kurtz, Barbara	1965-66	Rose, Barbara	1969
L	K	Rosenheck, Nancy	1992-93
LaGuardia, Gianna	2016-19	Rowland, Katie	2000-03
Lehman, Patti	1968-69	Rowland, Terry	1974
Leopoldus, Missy	1996-99	Rushlow, Cassidy	2020-present
Leslie, Karen	1975	Russo, Lauren	1989-92
Levine, Marcia	1979-82	Y	
Li, Lauren	2015	Yarussi, Olivia	2022-present
Loree, Pam	1984-86	Yeagley, Bcky	1968
Ludwick, Diane	1972-73	York, Joan	1967-68
Lyst, Rene	1990-93	Z	
		Zimmerman, Marla	1970